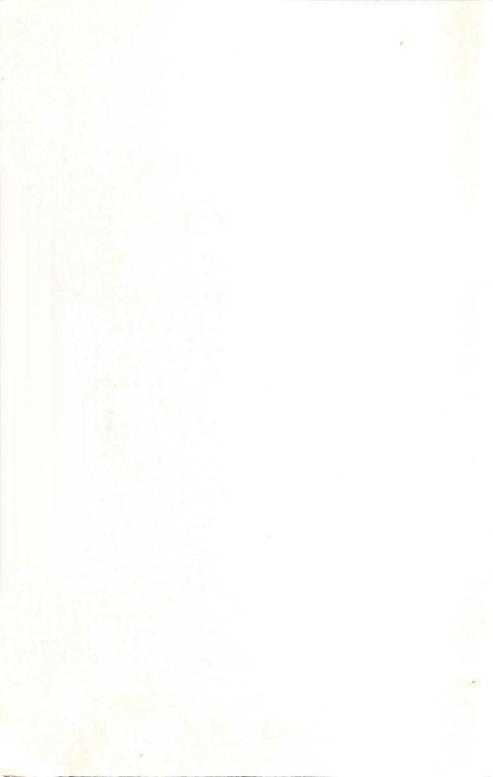


For Mani and Mehera
written for Love of
MEHER BABA
our Lord
with love form
ALVD Kennedy
1971



Silent Centre

You have made us into devotees of yourself, Beloved!

You have made yourself the Father and Mother of unruly children, children who are longing to grow, who never rest or relax or go slow, nor lie in the dust or gaze at the stars, or contemplate the moon stealthily, but race on, blinded by noise, along windswept roads - chased by grinding wheels relentlessly.

Then you came
you laid a calming hand on our brow
and taught us an effortless quiet.
You taught us how to switch off the engine
and how to remember God
and live in the NOW.
We have learnt to look and to listen.
To remain steadfast - withdrawn
and round the room flows a silent Love.
You have made us into devotees of yourself,
Beloved!

In this place the water is calm, is level—the blood flows back to the heart, down, down, we float below the surface, and cease the swaying motion of this and that — of right and wrong. Empty opinions bleach the air, Here is rest at last; We are content to be Your devotees Beloved!

You have brought us here where we belong,
where we can be one - yours is the song.
Where no-one is striving to excel.
There is no sound.
Here you have come to bless us,
"Take off your shoes, for this is
holy ground."
You have made us into devotees of yourself,
Beloved!

Feb./March 1971.

The Caged Bird

Baba's Love is as a sea of bliss
Eternal joy of peace we taste
by dipping into this.
He is the perfume in the air we breathe,
and having found this PURITY
we sigh with wonder and with awe;
Our hearts are melting inwardly,
and something stirs, bursting to be free.
Like a caged bird we flutter and cry
"Oh, what have I missed by being 'me'?
Now I know the Truth HE IS GOD
and I am only nothing, nothing.
Nothing is REAL BUT GOD."
And BABA is our LORD,
our sweet loving Lord who sets us free.

April 1st, 1971.

A Smiling Baba

He is here! A perfume in the air.
We feel Him, we become aware of Him.
Then we see our small self
blocking the way.
We know that He is God —
then we see our self.
We cannot hope to be like
Him, to reach to His power
of compassion, Love and
detachment.
We feel dejected like a small
child, chided by its Father.

Then He stoops. He is smiling. We suddenly feel His arm around us. He lifts us off the ground onto our feet. He says silently: "Look, that is the WAY forward. Do not look back!" We forget self again, looking far away. see a shining BABA smiling joyfully and we look in another direction and another. We see BABA is each person. He says "Come, let us dance, the Music is PLAYING."

Past Errors

In the most beautiful way Baba forgives us. All our faults and weaknesses He overlooks. Out of the tangled skein of our sanskaras He pulls one or two good : threads and somehow He makes us follow these threads and strengthen them and He alone knows how it is done so that gradually we overcome the tangled mass of bungling errors which was our previous life. We would be in despair if we thought only of past mistakes but He came and He changed all our life's pattern. This is the true alchemy of changing base metal into gold.

June, 1970.

Gold

Once we have come to BABA and found Him in our hearts, then our lives begin to show a real purpose, like a golden thread running thru! it all. Instead of confused selfish pursuits with countless setbacks and mistakes, come golden opportunities, contacts with beautiful people and revelations of divine Truth. We have chance meetings and unusual happenings in illusion, which form an exciting pattern because we are living in the moment and making no plans for the future. So this is the way God wants us to live a life of adventure, each day unfolding and showing us that anything is possible. Beloved BABA is like an inexhaustible gold-mine you dig and dig and there is always more gold.

Prayer

Beloved BABA! Thank you for all that You have done for us, Your children, in the time of Life on Earth. Thank You for all You allowed Your body to do and to suffer for us. While Your Holy Spirit now pervades this world - all life has benefited by Your divine Presence, and we feel the LIVE-LOVE force which You are giving us as a gift. It is flowing in our veins. Can we be worthy of it? O make us worthy of it. Thank you Father.

Because of the Love, patience, and understanding guidance of Beloved BABA we have become Truer to our SELF, or are becoming so. The false self is gradually discarded. Speed the day when Beloved BABA will say the WORD and give us the divine touch of His Grace that will raise our consciousness and open our hearts to more Love. Thank you Father for this fair promise.

Sacred Fire

BABA is the Purifying
FIRE. Approach Him and
you will feel the great
warmth. The false self
(ego) will begin to singe
and a little will be destroyed.

It is a bright FIRE, a beautiful Fire and like moths we are attracted. We fly away but we return.

The ashes fall from us at His feet. Our hearts are warmed, we are glad to burn and feel the need to lose much that is unwanted in ourselves. To lose all would be better. How hard it is to burn up all in the Purifying Fire of Love.

* * * * *

In the ever living moment keep BABA in heart.

Beloved!
By your selfless LOVE
You are right with us.
You have become part of us,
I can never be worthy of You,
the supreme Love of all loves.

To meet with you BABA is the bliss of all bliss.

The greatest privilege on Earth is to know the Lord while He is here with us. To know Him is to love Him.

* * * * *

Thank you for each moment of bliss, when we forget ourselves and remember you.

* * * * *

Dear BABA, I open myself to You Please guide me in everything I do.

Suffering comes and suffering goes True Love comes and never goes, it grows!

Empty me of myself 0 Lord that I may be filled with Thy Love.

* * * *

O Lord please enter my heart and live there as my eternal SELF.

* * * * *

Thy Love is paramount in my heart And Thy perfection is my gauge.

* * * * *

I am a shadow and my Lord is the SUN.

* * * *

Finding Him is to find the perfect company.

* * * * *

If we concentrate our minds on Him, we live in the peace of His sweet presence.

By the power of His Name, He has gathered us all together. How else could we meet? The Lord in His mercy came.

* * * *

Who is He?
He is our inspiration.
Who is He?
He is the interpretation of God on Earth.

* * * * *

Awake from sleep God is there Deep within say a prayer.

Keep the silence Find the peace He is here Pain will cease.

* * * *

God is everywhere in every blessed atom!

Looking at BABA brings peace Feeling BABA brings bliss, Harmony flows around you And wings you away from care. It is the bliss of the soul Rising up to the surface Turbid water becomes clear.

* * * * *

All our wants are consumed in Thy Love BABA, for you satisfy our deepest need.

* * * * *

O Beloved!
The darkness is beautiful
with Thy presence.
In the darkness I feel You approach
And Your Love-Blessing
comes then to me.
No loneliness ever is there
only the hand of God
touches my head.

How can we know Him, we human kind?
How can we know Him?
We can never know Him
We can only trust,
we can only feel
His great loving heart.

Light

Even the seventh shadow of Your shadow is brightness to us. Without You we have no Light.

Rose Glory

Tell me, why are we so proud? Just look slowly at this rose, How impossible to describe! Bring it in out of The rain and watch how it will Thrive because we love it. It has so many petals Cream- enimpled in glory and laughter-loving glee. yet it hurts to see Such a sweet moment's story, The curly shells are singing in the pride of creation Surrounded by darkest leaves each bird-like, wing-taking. Beside BABA's face so many petals so many faces Each shining, perfectly blissful

Tell me, can we do the same?

Each speaking and GIVING!

Flowers

When you begin to forget yourself, when you are preoccupied with thinking about the Divine Beloved then you begin to feel Him within you. Why did Buddha hold up a single flower in front of His disciples and sit in silence looking at it? Because to Him it expressed everything. God in creation. Why do we love flowers so much? Surely because we see them as symbols of perfection. We see in them God's Love and divine game of creating Himself in myriad forms of beauty and charm. We are left gasping at the infinite variety of beautiful forms, colours and perfumes. All created for pure joy. We know the same divine essence which created us is at the heart of the flowers so we are not strangers - they are ourselves in another form.

Live for joy Live with Him Live for Meher BABA.

Let Thy will be my will.

The peace of BABA be with us. Above, below, around and within us.

Thou art the All in ONE The ONE in all.

Sound less

The sound of silence is your voice
It is a soundless soundO beloved VOICE

You sing to us each day, Please hear us when we pray!

> O God Within Keep welling up O pain and sin depart from us.

Each pure intent, each gentle thought of loving friend, each generous act Brings Light and peace;
Unite in LOVE to-day-





