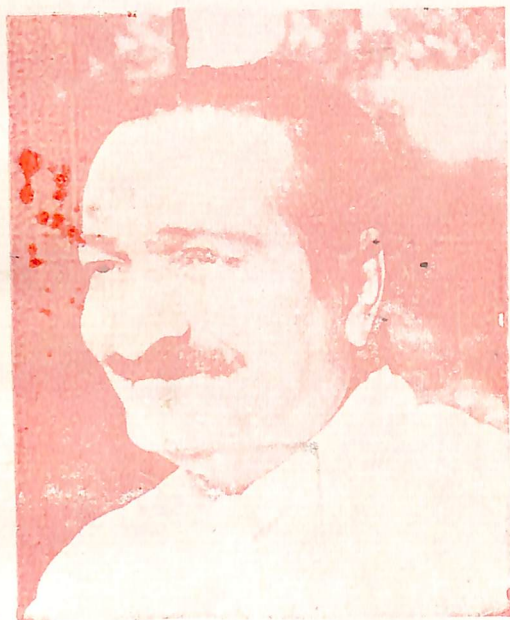


AVATAR MEHER BABA



THEY / ONLY ONE WORTHY OF WORSHIP.

On Baba's 92nd Birthday

February 25, 1986.

Published by :

Avatar Meher Baba Bilaspur Centre.

Printed by :

L. S. N. Murty B. COM. LL. B.

PROPRIETOR :

The Paper Converting Industries & Printers

Near RTO's Office, Post Box No. 12,

BILASPUR (M P.) 495001

Phone : 3224

All quites of Meher Baba Kind Courtesy

© Avatar Meher Baba

Perpetual Public Charitable Trust

Kings Road, Ahmednagar M S. - 414001.

INDIA.

1-707520

INTRODUCTION

This Booklet is a collection of a few important messages & Sayings of Avatar Meher Baba, some stories of His near and dear ones, the spiritual question of the great Poet Rumi and the answer thereto as found out from the Baba literature by V. Ramarao, Bilaspur, dear Ramam of Beloved Baba.

The idea for printing this booklet germinated from a dream of Ramam, where in he had a vision of the line. "The Only One Worthy of Worship." Ramam therefore thought it worthy to publish this booklet on the auspicious occasion of the 92nd Birthday of Avatar Meher Baba, the Birthless and Deathless one.

May this booklet inspire hope in the hearts of the seekers who want to understand the meaning of life and face it courageously till they attain the goal of life and unwavering faith in Avatar Meher Baba, the perfect guide.

Jabalpur }
Jan. 2, 1986. }

P. G. Nandi

1-707320



Baba is the Soul of souls,
The Beloved of Gods,
The Life of His lovers
And He is the Slave of His dear ones.



Thank you

Thank you - Beloved Baba, You have inspired me to compile some of your love stories and print them. I am ever grateful to You.

Thank you, Dear sister Mani S. Irani, Chairman, Avatar Meher Baba Perpetual Public Charitable Trust Ahmednagar - for all quotations & the Sayings of Baba and for one stanza of your Poem printed in this Booklet.

Thanks to Balnatu, for "Avatar Meher Baba - A short Biographical Sketch" : Thanks to Steve Klien - for the Poem "Happy Birthday".

Thanks to P. K. Nandi of Jabalpur for his kind introduction : to Ulfat Rai Suri of New Delhi & Santosh Kumar Ghosh, Hijli Kharagpur (West Bengal) for assistance in compilation of the stories and proof reading. Thanks to L. S. N. Murty and his Staff for all assistance in Printing this Booklet.

Feb. 25, 1986

P. B. 12, Bilaspur (M. P.,)

INDIA.

V. Rama Rao



God is everywhere and does everything.

God is within us and knows everything,

God is without us and sees everything.

God is beyond us and Is everything.

MEHER BABA.

Happy Birth Day

Marvelous is the mystery
of the Avatar's incarnation.

Everywhere on earth
in everything, in all creation

He is born. And at every moment
we have the chance to

Experience His life of continual,
re-birth simply through

Renouncing ourselves – this “death”
is His birth celebration !

Because God exists, we exist.

He is our only true life
And yet, enslaved to form we “live”;
knowing only strife

Bondage and despair, until His love
illuminates our morn

And our heart's radiance proclaims
once more—“He is born !”

Steve Klein



SILENCE

For ages I have giving in silence My silent Message of love. You ask me for a message from my silence. But silent are the words of My silence. Silent is love, and the Lover loves My silence, and silently adores Me in My silence.

God has been everlastingly working in silence unobserved, unheard, except by those who experience His Infinite Silence. If My silence cannot speak, of what avail would be speeches made by the tongue ?

QUESTION ?

Do you think what I am doing ?
That for one breath
or half breath
I belong to my self.
As much as a pen knows
What it is writing, or
The ball can guess
Where it goes next.

—Rumi



† **LIVE IN THE WORLD
& PLAY YOUR PART**

Live in the world and play your part;
Renounce the world within your heart.
And in the life that comes and ends,
Strive for the end that has no start.

Beloved Baba's Dear Sister Mani.

† *Meher Baba Journal—Sept. 42, Vol. IV, No. 11.*

THE SEVEN REALTIES

Meher Baba gives no importance to creed, dogma, caste systems, and the performance of religious ceremonies and rites, but to the **Understanding** of the following Seven Realities -

1. The only **Real Existance** is that of the One and only God, who is the Self in every (finite) self.
2. The only **Real Love** is the Love for this Infinity (God), which arouses an intense longing to see, know, and become one with its Truth (God).
3. The only **Real Sacrifice** is that in which, in pursuance of this Love, all things body, mind, position, welfare, and even life itself are sacrificed.
4. The only **Real Renunciation** is that which abandons, even in the midst of worldly duties all selfish thoughts and desires
5. The only **Real Knowledge**, is the knowledge that God is the inner dweller in good

people and so-called bad, in saint and so-called sinner. This knowledge requires you to help all equally as circumstances demand, without expectation of reward and when compelled to take part in a dispute, to act without the slightest trace of enmity or hatred; to try to make others happy with brotherly or sisterly feeling for each one; to harm no one in thought, word or deed, not even those who harm you.

6. The only **Real Control** is the discipline of the senses from indulgence in low desires, which alone ensures absolute purity of character.
7. The only **Real Surrender** is that in which the mind is undisturbed by any adverse circumstance, and the individual, amidst every kind of hardship, is resigned with perfect calm to the will of God.



Beloved Baba-

Breath of Life

In early seventies, Anjaneyulu fell ill and was hospitalised. His condition was serious. Main ailment breathing trouble. At the railway hospital doctors attending on him wanted to shift him to Calcutta. Alas ! it was too late : he was a my dear person & so many friends used to call on him at hospital. S. K. Ghosh a Baba lover was one of them. Ghosh consoling the patient silently prayed Meher Baba and while leaving the patient kept a Baba Photo under the pillow of the patient. The patient's condition was worse and breathing trouble become excruciating. At that particular moment neither any relative nor a doctor or even the nurse was close by - Anjaneyulu saw death face to face. Just then a Divine personality in white sadra, effulgence around Him appeared

before the patient, pressed his mouth with His hand and brought immediate relief to Anjaneyulu - who knew instantly that this Divine person as Meher Baba. Anjaneyulu is cured of all ailments living peaceful healthy retired life, loving Beloved silently.

Priyatam Meher Prabhu Ki Jai.

“Begin to love God by loving your fellow-beings. Begin to see God by seeing Him in all beings and things. Give without thought of return, serve without thought of reward. God is everywhere, in everything. Most of all He is right within yourself. You do not exit for the world-the world exists for you.

O PARVARDIGAR , THE PRESERVER & PROTECTOR OF ALL

Raghavulu and Rama Rao were good friends and neighbours staying in Santragachi (Calcutta Suburbs) in early fifties. They were working in Railways. Their offices were at Garden Reach. They used to travel together by local train to Shalimar, cross river by steam boat, reach their workspot-daily-(on all office working days). Rama Rao was transferred to Bilaspur in Sept./Oct. 1952. As Raghavulu and Rama Rao, were good friends there were mutual letters dealing in general about welfare and topics of common interest. There was no talk at all on any spiritual matters or at any time mention about Meher Baba. One fine morning Rama Rao received a letter in Jan. 1953 from Raghavulu. This letter carried the news of Meher Baba's visit to Andhra in the last week of Jan. 53. Raghavulu asked Rama Rao to visit Eluru (Andhra) which was also the native place of Raghavulu- with friends and families. As at that time Rama Rao was sincerely in quest of

truth, (seeker of spiritual values of life) – Rama Rao responded to the friend's invitation; with a group of his friends from Bilaspur Rama Rao planned this as a pleasure trip to see places.

None of them ever heard of Meher Baba or about His Divine Mission. That is how people are drawn to Him in His own way, at His own time by Meher Baba.

At Eluru Raghavulu, Rama Rao and friends and their families had an unique Darshan in Baba's room at Kattavari Gardens.


Baba gave His love in abundance to all & when introduced spoke on the board in personal terms suited to each individual. The turn of Rama Rao, who was introduced to Baba, "Baba, he is Rama Rao of Bilaspur." Beloved Baba, the alphabet board in His hand, which He was skillfully handling & at times twisting it round holding it between the fingers of His both hands. He stopped the board — spelled out on board "Ramam, I know you". Incidentally this nickname of the household was known only to the parents, elders of Rama Rao in the family circles alone —

non outside the close family knew. Rama Rao lost his father in 1939 and Baba calling him by that pet name was, as if he (Rama Rao) is being called by his father. Instantly, somehow Rama Rao knew Beloved Baba to be his (long lost) father. Later Rama Rao has enjoyed, is enjoying the paternal protective care from Baba. Baba told Rama Rao & Raghavulu in particular & in general to others, Love Me, I am God in human form, — work for Me, spread My message, tell all people that I am God — on return to your places.

Thereafter for Rama Rao & Raghavulu the spreading of His name and message of love is the main object of life; they came closer in His work. Now it was a bond of spiritual Brotherhood for both. In the last months of 1958, (probably Sept. 58) Ramarao visited Calcutta with a friend Hiralal D. Patel. Salesman in a business house of Bilaspur. Rama Rao & Hiralal stayed with Raghavulu for four days & three nights. Slept at Santragachi. For Rama Rao & Raghavulu it was an opportunity to talk endlessly late hours in the night; one night till early hours of the dawn, converse only on Baba & His love.

Next morning this trio was on way to Calcutta. To reach the railway station as was their habit Raghavulu, Rama Rao along with Patel took the short route by walking in between the railway track to reach the station. Morning hours are peak hours of local trains' traffic on this busy suburb of Calcutta. While walking in between the rail track, they were attentive to observe the movement of trains running on that particular track, step aside when a train is visible on rail lines. On this particular day these three men were on a wrong track, and one of the local train was coming from the backside. They were blissfully unaware of this fact; noticed by the signals cabinman, these three men getting runover and crushed down to death, shouted in agony and anger "More Galo, Teen Jon, More Galo" "Being killed, three are going to die".

At that fateful moment the three were thrown out of the track by some invisible hands forcefully to safety and local train passed. Huge crowd gathered there, in one voice cried in joy.

"It is the God Protector who saved these three persons from jaws of death." (Bhagwan Bacheyae Diyache) Glory be to Baba. 

MEHER BABA'S LOVE THAT SUSTAINS & COMFORTS

Meher Baba is Love - divine enduring, unfailing. His lovers are infolded in His love. find security in His love. Baba inspires them to live a carefree life. One such soul - A. Muddukrishna and his family members are devoted to Beloved. T. S. Naidu was instrumental in bringing Muddukrishna to Baba's fold, had Baba darshan in 1964. Also Muddukrishna had darshan of Baba in Poona—1969 : A good man he lived peacefully after retirement from railway services in a small house "Meher Sadan", with big family. In 1983 suffered heart attack; slowly recovered from illness He knew intuitively the time has come he has to quit this world; went to Meherabad in February 1984, spent a day with Beloved Baba : Returned to Bilaspur. Peacefully breathed his last on June 20, 1984. In response to this news when conveyed to Mandali Brother Eruch consoling Mrs. Muddukrishna replied (letter 27-6-84 Meherazad) "We know you will take comfort

from the fact that dear Muddukrishna's life was its own reward and death only brings fulfilment of its goal — to be closer to the Lord... Dear A. M. Krishna played his part of Lord's lover well and now it is for his family to uphold his honour and cherish his memory by continuing their steadfast devotion and love for Avatar Meher Baba. Dear sister, your faith in Beloved Baba will sustain you in this difficult time. Rely on Him turn to Him more and more & you will find that Baba will fill your heart with a sweet resignation to His will which leaves no room for sadness."

Mrs. A. M. Krishna, a worthy life partner of dear departed Muddu Krishna, Baba's love guiding, performed two marriages of grown up daughters in one year.

Jai Baba.

Those Who Lose Their All In Me.
Find Their All In Me Everafter.

Meher Baba.

FROM BABA'S SILENCE

SEVEN SELECTED SAYINGS

1. True faith is grounded in the deeper experience of the spirit and purified intuition.
2. Living faith in the Master becomes a supreme source of inspiration.
3. Living faith is an active attitude of confidence in the Master, expressing itself not only through trustful expectation of help, but through the spirit of self-surrender and dedication.
4. Only in complete internal silence is Truth found. When the surface of the lake is still, it reflects the stars; so when the mind is tranquil, it reflects the nature of the Self.
5. All energy is an expression of the mind, therefore the transition from the energy-state to mind state constitutes an

advance towards the God-state of Sahaj Samadhi.

6. The ego attempts to solve its inner conflicts through false valuation and wrong choice.
7. So that a car should move towards its destination, a driver is necessary; but the driver may cultivate strong attachments for the things he encounters on the way, and may not only halt at intervening places but get lost in the side ways in pursuit of things that appeal to him. He may keep the car moving without coming nearer the goal; he may even get further away from it. Some thing like this happens when the ego assumes the control and direction of consciousness.





† LIFE AT IT BEST

If understood, life is simply a jest;
If misunderstood; life becomes a pest.
Once overcome, life is ever at rest.
For pilgrims of the Path, life is a test.
When relinquished through love,
LIFE IS AT ITS BEST.

—Meher Baba

† *Life at its best, Sufism Reoriented INC USA.*



ANSWER

I am the Ancient One
not a leaf has the
power to quiver
without My wish
I am the One
Who knows
Everything about
Everyone.

—Meher Baba

"AVATAR MEHER BABA"

A Short Biographical Sketch

Merwan Sheriar Irani was born of Zoroastrian parents on February 26, 1894 in Poona, India. One day in 1913, while on his way to College, Merwan was beckoned by a very old woman sitting under a Neem tree. This was Hazrat Babajan, one of the five perfect Masters of that time. After this first meeting, Merwan used to sit with her regularly and some time in 1914 she blessed him with the experience of the infinite bliss of God realization. Another Perfect Master Upasni Maharaj, in 1921 unveiled to Merwan His role and status as the Avatar of the Age.

Merwan, now endearingly called Meher Baba by his followers, began a life of intense activity. As part of His Avataric work, He began observing silence on July 10, 1925. Just before this, one of His disciples said, "But if you keep silent, how will you teach us?" and Meher Baba answered, "I have come not to teach, but to awaken."

In spite of His silence, Meher Baba continued to serve the needs of humanity on a material as well as spiritual level. He established schools, hospitals and personally cared for lepers, the mad, and the masts [those whose minds have become overpowered by the love of God].

Meher Baba traveled extensively throughout India and Pakistan, made thirteen visits to the West, and gave his personal touch to the hundreds of thousands who flocked to Him during public darshan programs.

Meher Baba explained that He is the Avatar, the same Ancient One, who comes time and again to spread God's message of love and truth. The Avatar has been known as Zoroaster, Rama, Krishna, Buddha, Jesus, Muhammad, and now as Meher baba.

Meher Baba's silence was still unbroken [except in the hearts of those responsive to His inner call] when He had laid aside His physical body at Meherazad on January 31, 1969. Yet His silent awakening of Hearts to God's love continues to this day.

Bal Natu



BELOVED BABA— HER LAST REFUGE—

Benodini Ghosh the mother of Santosh Kumar Ghosh (Santagachi-Calcutta) was eager to take Diksha (Initiation) from a Guru and was in search of real one. However the opportunity did not arise till she attained the age of sixty-five years. She used to repent times without number that her life would go in vain. Santosh would console her by saying that the preordained moment by God for Diksha should arise.

Just around this time Santosh had the good fortune of hearing about Avatar Meher Baba at Santragachi where he was working in railways. It so happened that one day Santosh read in news paper that one Mr. Alexander Markey (a westerner) would speak about Meher Baba in Bengal Theosophical Society, Calcutta; to which place he (Santosh) used to pay frequent visits to attend Mythological and spiritual congregations. The lecture delivered that day by Alexander did not touch Santosh's heart.

But as he stepped out from the meeting hall he met Raghavulu a staunch Baba Lover & worker at the gate. He caught Santosh leech-like, (never to leave) and gave him few Baba pamphlets to read. After few days Raghavulu lent him the book on Baba "The Perfect Master" by C. B. Purdom for reading. This book too could not draw Santosh closer to Baba. However Santosh attended a few Baba lovers' meetings reluctantly at the request of Raghavulu in the year 1958. In the begining of 1959, one day Raghavulu told Santosh to get ready to go to Poona for Baba's Darshan, which created an interest in him, for he thought of visualising Viswaroopa in Baba, like Arjuna saw in Lord Krishna, as Baba is said to be the Avatar of the Age.....

Accordingly Santosh accompanied by his mother and several other Baba lovers left Calcutta by 2 up Bombay Mail on that blessed day 21st March 1959 and had the Darshan of Avatar Meher Baba on the Most Memorable Day in his life 24th March 1959, along with his mother. They had Baba's Darshan for three days. Santosh was charmed by Baba's love and embrace without Viswaroopa Darshan.

After returning from Poona Santosh started participating in Baba's work, spreading of His Message.

Though he didn't have full conviction yet, keeping that suppressed Santosh would tell his mother—forget everything and remember Baba as you had the great good fortune of seeing God in human form, nothing else in this world is comparable to this Darshan of Baba.

After three months opportunity again arose for Baba's Darshan. This time Santosh went alone as the mother had cataract in both the eyes. The mother started weeping, while Santosh was leaving home for Baba's Darshan in Poona. She said I am unfortunate.

Lo ! there descends the Grace of Compassionate Father. It so happened that just after her son left for Poona, the lone mother was weeping, having failed to go for the Darshan, due to physical incapacities, suddenly she saw a glow around the window and then Baba appeared in physical form in the centre of the glow, time 5.30 p.m. (after an hour or so her son left for station). All her sorrow

vanished; her joy knew no bounds. God hears our inner voice, cry and call from the heart. Baba said "I am the slave of My lovers. The mother narrated the incident to Santosh on his return, after Beloved Baba's Darshan. What mother had imbibed after this Darshan of the Avatar of the Age, none knew and the son had wrong impression that even after having Darshan of Baba she still aspired for Diksha. But little did the ignorant son knew about the blessed mother till he got a message from Beloved Baba, after her demise. She died a natural death on 30th Dec. 1964 at the age of 71 years. In the railway colony and neighbourhood as she has motherly affection for all, just before the end approached, people flocked at her bedside started repeating "Ram Nam" & singing Kirtan in a traditional way. As Santosh was a lone Baba lover in that locality, he sat quietly by his mother's side, touching her body with hands, started repeating Baba's name without disturbing others-Kirtan Party, frequently calling his mother reminding her to repeat Baba's name. Every-time Santosh would call "Maa" the mother would respond in articulate voice; She breathed her last with Avatar's name in the heart—rare fortunate soul.

Santosh received from Baba in reply to his letter conveying his mother's death, as follows :
"Those who breathe their last with Baba's name in their heart Never die, but live forever in the Beloved Your mother is blessed to have come to Baba."

In the words of Viswa Kavi Tagore "I stand under the golden canopy of the evening sky and I lift my eager eyes to Thy face; I have come to the brink of Eternity from which nothing can vanish- no hope, no happiness, no vision of a face seen through tears."

—JAI BABA—





MEHER BABA ASSURES

I tell with My Divine Authority that whoever (anyone and every one) takes My name on his or her lips at the time he or she breathes his or her last (drops the physical body) comes to Me. Therefore do not forget to remember Me at the time when you would be breathing your last, unless you take My name on your lips, remember Me from now on constantly and keep it continuously, you can not remember Me and keep My name on your lips at the time you drop your body (breath your last). Even if you take My name once a day with all your heart and soul it is sufficient, you will thus ultimately come to Me.

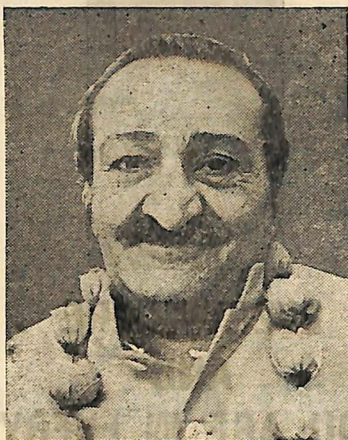


YOU ARE EVERYWHERE AND YOU ARE IN EVERYTHING....

July 11-1984-Baba's Tomb Shrine- Meherabad

Early hours of the morning. His lovers gathered to offer Prayers, Arati and Sing His praises. At 7-09 A.M. L. B. an American women from Myrtle Beach sat silently inside the Tomb. There were tears of joy and happiness in her eyes Why ? — Blessed person ! She saw clearly the face of Beloved Baba, on one of the big marigold flowers on the tomb. L. B, whispered others to witness the same; many had a close look of this flower and saw the face of Beloved Meher Baba clearly on it-

Avatar Meher Baba ki Jai-



YOU ARE NAMED EZAD THE ONLY ONE WORTHY OF WORSHIP

Walk worthy of the Lord..... fruitful in every good work and increasing in the knowledge of God—Colossians 1 : 10.

Meher Baba is God, the Creator, Sustainer, and Dissolver. He was Rama, Krishna, Buddha, Christ, Zoroaster, Mohammed... Beloved is contemporary of us all humanity of this 20th Century. He will be Guide, God and Friend to the New Humanity of 21st Century (Posterity). The day will dawn soon- All will worship Him -- as He is the Only One Worthy Of Worship.

Meher Baba

The Light of Life

P. K. Rao hearing about Baba from his childhood friend Hem Singh in late sixties had sincere ++ 'Longing for the Beloved ' He was eagerly looking forward to have Baba's Darshan at Poona in 1969 Then all in a sudden he came to know from Rama Rao on 1st. Feb. 1969 about " Baba Dropping His Physical Body to Live Eternally In The Heart of His Lovers "

Along with some other Baba Lovers of Bilaspur he reached Ahmednagar on 8th Feb. 1969. He paid homage at Baba's final resting place in the afternoon that day. Again in the evening along with others at about 7.30 P.M. he was walking up the hill to be at Baba's Tomb Shrine due to old age and defective eye sight he was not able to see clearly the pathway though assisted either side by Rama Rao and Mrs. P. K. Rao. As he was expressing his helplessness, a big

beautiful beam of light was coming focused from behind, illuminating the way in front right upto to Baba's threshold : all of them turned round to see who was projecting the light or from where it originated —none could find a clue ! Rama Rao in a happy, blissful mood uttered Baba is The Light of Our Life.

"I am the light of the world; whoever follows me will have the light of life and will never walk in Darkness."

John 8 : 12

—JAI BABA

++ Speech delivered at a meeting of Baba Lovers at Koni, Bilaspur M. P. on 3-1-1969—
(Printed in Divya Vani-May, 69.)





My message always has been and
always will be Love Divine.
When one whole-heartedly loves
God, one eventually loses oneself
in the Divine Beloved and enters
the Eternal Life of God.



A FEW WORDS ABOUT THIS BOOKLET TO ALL BABA LOVERS

Dear Baba Family,

Jai Baba

For all of us today the 25th Feb is a festive day, the Birthday of our Beloved Baba- The Avatar of the Age. For All Baba Lovers Everywhere (& to all creation too) He is the Father, Mother, Brother, Friend, Guide and God.

In this small booklet few of His sayings and messages are given. In addition some select Stories of His Divine Leela are incorporated.

These incidents narrated are not to be rated as Miracles ! If we attribute in like manner, we are belittling the DIVINE DIGNITY of Beloved BABA. Who is the HIGHEST OF HIGH & IS THE EMPEROR OF OUR HEARTS.

Hari Anant Hari Katha Anant

हरि अनन्त हरि कथा अनन्त

Sweet fragrance is there, in these acts of His Love and Grace. Let us share it, pray Baba bless us all to LOVE HIM MORE & MORE.

Always Meher Baba's

25-2-86

V. Rama Rao



Real living is dying for God.

Live less for yourself and more for others

One must die to one's own self to be
able to live in all otherselves.

One who dies for God lives forever.

—Meher Baba.

When the tongue is silent, the
mind speaks;

When the mind is silent, the
heart sings;

When the heart stops singing,
Soul begins to experience its
original Self.

In deep sleep, tongue, mind and
heart are silent.

And one is unconscious.

If one can go into deep sleep and
remain awake

One has it; one becomes what
one originally was and eternally
is God.

Meher Baba