

What
The New Life
Is



Meher Baba in the New Life
Hidden in your penniless hand,
is treasure untold,
Your beggarly life will be the
envy of kings (of the world).

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THE NEW LIFE OF MEHER BABA

The Avatar is the Descent of Divinity on earth in human form. As willed by God this occurrence is precipitated by the five Perfect Masters at the turn of every age between 700 to 1400 years. However when God takes the form of Man on earth, as the Avatar, humanity at large fails to recognize Him. The Sadgurus (the Perfect Masters of the Age) however reveal His status to the world.

The perfect Masters — Sai Baba, Babajan and Upasani Maharaj who were and are one with God and whose shrines millions worship today, witnessed, recognized and declared Meher Baba as the Parvardigar - Avatar of the Age-Adishakti.

Meher Baba is the Divine Beloved and Lover in one. The New Life of Meher Baba that began on 16th October 1949 has no parallel in known spiritual history. Meher Baba did not disclose the significance of this Phase through words. However through the following message, He has given the guidelines to those who earnestly wish to know more about this phase, and are ready to get into it boldly. For them He becomes their Eternal Beloved.

“The New Life is endless and even after my physical death will be kept alive by those who live the life of complete renunciation of falsehood, lies, hatred, anger, greed and lust; -who do not let go the hand of Truth and who without being upset by calamities, bravely and wholeheartedly face all hardships with 100% cheerfulness, and give no importance to caste, creed and religious ceremonies.

This New Life will live by itself eternally even if there is no one to live it.”

May we all resolve to begin to live the spirit of the New Life and rise above all hope and helplessness, and beg, and implore Beloved Lord Avatar Meher Baba the ‘bhiksha’ of His Love that will eventually annihilate the mind and make us live the life in the spirit of perfection the cause of Beloved Avatar Meher Baba.

—Avatar Meher Baba Bombay Centre

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When Meher Baba stepped down to the Old Life for a few hours on 16th October 1950 He gave the following Sermon :

BABA’S SERMON

Being just now in “Old Life” for these few hours, I will tell you what I feel to be the established Divine facts :

Essentially we are all One. The feeling of our being otherwise is due to ignorance. Soul desires consciousness to know itself, but in its progress towards this Goal which it cannot realize independently of creation, it must undergo the experience which it gathers as the individualized ego and which is all imagination. Thus it is faced at the outset with ignorance instead of Knowledge.

Dual forms and illusionary creations are the outcome of ignorance : birth and death, happiness and misery, virtue and sin, good and bad — all are equally the manifestation of this same ignorance. You were never born and will never die; you never suffered and will never suffer; you ever were and ever will be, as separateness exists only in imagination.

Soul undergoes experience through innumerable forms such as being king and beggar, rich and poor, tall and short, strong and weak, beautiful and ugly, of killing and being killed. All these experiences must transpire as long as the soul, though it is one in reality and undivided, imagines separateness in itself. When soul is bereft of the impressions of these illusionary experiences it becomes naked as in its origin, to become now fully conscious of its unity with the Oversoul which is One, Indivisible, Real and Infinite.

The soul becomes free of the binding of impressions through various paths. And Love is the most important of these paths leading to the realization of God. Through this love, the soul becomes entirely absorbed in God, ultimately forgetting itself completely. It is then that all of a sudden Knowledge comes as swiftly as the lightning bolt which burns to ashes all that it falls upon.

This Knowledge uproots illusions, doubts and worries, and apparent sufferings are instantaneously replaced by everlasting peace and eternal bliss which is the Goal of all existence. Soul now free from its illusions, realises its Original Unity of Being.

Let us not hope, because this Knowledge is beyond hoping and wanting. Let us not reason, because this Knowledge cannot be comprehended or thought of. Let us not doubt, because this Knowledge is the certainty of certainties. Let us not live the life of the senses, because the lusty (lustful), greedy, false and impure mind cannot reach this Knowledge. Let us love God as the Soul of our souls, and in the height of this Love lies this Knowledge.

The divinely Perfect Ones can bestow this Knowledge on any one they like and whenever they like. May we all gain this Knowledge soon.



Meher Baba dictated the first two lines and some points to Dr. Abdul Ghani Munshiff who composed the Ghazal as suggested by Baba. This Ghazal is known as the Song of the New Life which was first published in November 1949, along with its translation in English by Meher Publications, Ahmednagar.

नई जिन्दगी का तराना

SONG OF THE NEW LIFE

O F

MEHER BABA &
HIS COMPANIONS

सुनो मेहेरबाबा की खामोश बानी,
इसी मे है सब आशिकों की कहानी
है जीना तुम्हें गर नई जिन्दगानी,
करो तर्क दिल से ये दुनिया है फानी ॥१॥

Listen to the silent words of Meher
Baba :

The life-story of all lovers (of God) is
based on the practice of these words.

If you are serious about living this
New life,

Then whole - heartedly renounce
this ephemeral existence.

खुदा के भरोसेपे हम जा रहे है,
कसमसे इरादोंको गरमा रहे है
गजल नामुरादी की हम गा रहे है,
बला और मुसीबत को बुलवा रहे है ॥२॥

We have taken to this life, in which
we **rely only on God**;

In this, our **Will** (to do or die) is
strengthened by the oath taken;

We are merrily singing the song of
hopelessness;

We are inviting all **calamities** and
difficulties.

उम्मीदों का रोना न वादों का शिक्वा,
न इज्जत से मतलब न झिल्लत की परवाह
न गीबत किसी की न खतरा किसी का,
यही रंग है अपनी अब जिन्दगी का ॥३॥

We neither wail over lost hopes, nor
complain about (broken) promises;

We neither covet **honour** nor shun
disgrace;

Back-biting we know not, nor do we
fear anyone;

This is now the colour of our New Life.

खयालों में उलझन है बाकी न बंधन,
 निखत न गुस्सा न कुछ काम कंचन
 है मजहब से रिश्ता न कुछ फिकरे तन मन,
 सवार एक कस्ती में शेखो बिरहेमन ॥४॥

No **confusion** in the mind, now, nor
 any **ties** left.

Pride, anger, lust and greed we know
 not.

We have no **religion** nor care for
 physical or mental **fads**.

The **Sheikh and the Brahmin**—typifying
 all castes and creeds—are now
sailing in the same boat.

न अपने लिए कोई छोटा बड़ा, है
 मुरीद और मुरशद न मौला रहा है
 उखुवतका बाहम जो रिश्ता जुडा है,
 हमें दर्दों गममें मजा आ रहा है ॥५॥

There is no **small** or **great** now, for
 us all;

The questions of **disciple, Master** or
God-hood, no longer arise;

Brotherliness or fellow-feeling is the
 link that exists.

And this contributes to our present
enjoyment of suffering.

न दुनिया न उकबाँ न दोजख न जन्नत,
 न सिद्धी न शक्ती न करफो करामत
 ये सब नक्शे बातिल हुवे दिलसे रुखसत,
 जो कुछ है वो है हालकी कदरो कीमत ॥६॥

This world or the next, hell or heaven,
 we no longer bother about.

Shakties and Siddhis, occultism
 and **miracles**, we no longer think of;
 All these false impressions(thoughts)for
 us have been purged from the mind.
 What has value and importance for us
 now, is to live in the **active present**.

ये अल्फाज बाबाके सुन दिलसे प्यारे,
 शुमार अब मेरा है बराबर तुम्हारे
 मगर हुक्म अच्छे बुरे दूँ के न्यारे,
 बजा लाओ फौरन खुदा के सहारे ॥७॥

Dear ones, take seriously the words
 of Baba when he says,
 Although now, I am on the **same**
level with you all,
 Yet all **orders** from me, **good, bad,**
extraordinary,
 You should all carry out immediately,
 leaving the result to God.

अगर आसमाने मुसीबत भी टूटे,
 सदाकत का हाथों से दामन न छूटे
 चमन या सो हिरमांने हरचंद छूटे,
 तवक्कलसे इनमे लगे बेलबूटे ॥८॥

Even if the heavens fall,
 Do not let go the hand of **Truth**.

Let **despair** and **disappointment** ravage
 and destroy the garden (of your life).

You beautify it once again, by the
 seedlings of **contentment** and **self-**
sufficiency.

चले दिलपे छुरियाँ मगर लब हो खन्दां,
 ये एक रमज है जिसको करता हूँ उरियाँ
 तेरी तंग दस्तीमें दौलत है पिनहा,
 गदाईपे तेरे करें रश्क शाहां ॥९॥

Even if your heart is cut to bits, let
 there be a **smile on your lips**.

Here I divulge to you a point worth
 noting.

Hidden in your penniless hands, is
 treasure untold,

Your beggarly life will be the envy
 of **Kings** (of the world).

है बेशक खुदा और बरहक नबी है,
बहरदौर अवतार हरदम वली है
हमें तो फक्त बेबसी बेकसी है,
कहूं क्या तुम्हें क्या नई जिंदगी है ॥१०॥

God exists indeed and true are the
Prophets;

Every Cycle has an **Avatar** and every
moment has a **Wali**.

For us however, it is only hopelessness
and helplessness.

How else should I tell you what our
New Life is !



The Seven Realities

Meher Baba gives no importance to creed, dogma, caste systems, and the performance of religious ceremonies and rites, but to the UNDERSTANDING of the following seven Realities :—

1. The only REAL EXISTENCE is that of the One and only God, who is the Self in every (finite) self.
2. The only REAL LOVE is the Love for this Infinity (God), which arouses an intense longing to see, know, and become one with its Truth (God).
3. The only REAL SACRIFICE is that in which, in pursuance of this Love, all things, body, mind, position, welfare, and even life itself are sacrificed.
4. The only REAL RENUNCIATION is that which abandons, even in the midst of worldly duties, all selfish thoughts and desires.

5. The only REAL KNOWLEDGE, is the Knowledge that God is the inner dweller in good people and so-called bad, in saint and so-called sinner. This Knowledge requires you to help all equally as circumstances demand, without expectation of reward, and when compelled to take part in a dispute, to act without the slightest trace of enmity or hatred; to try to make others happy with brotherly or sisterly feeling for each one; to harm no one in thought, word or deed, not even those who harm you.

6. The only REAL CONTROL is the discipline of the senses from indulgence in low desires, which alone ensures absolute purity of character.

7. The only REAL SURRENDER is that in which the poise is undisturbed by any adverse circumstance, and the individual, amidst every kind of hardship, is resigned with perfect calm to the will of God.



BABA IS FIRE

When you feel Cold
And sit near the fire,
It drives out your cold
And makes you perspire.

When you feel hungry
And cook on the fire,
It gives you your food
For which you aspire.

But if you, like a fool,
Try to play with the fire,
It may burn you so badly
That would make hell admire.

—Composed by Meher Baba
at Mahableshwar
on 22nd May, 1947.

- Avatar Meher Baba Bombay centre is open to all true seekers of Truth and honest lovers of God.
- To help men know the true spiritual values of life unfolded to mankind by Avatar Meher Baba, weekly meeting is held every Sunday from 6 P. M. to 7-30 P. M.
- The Centre is open every day from 5 P. M. to 7 P. M.
- Books and literature on and by Meher Baba in various languages are available for sale as well as in the library, and are given for reading at home.

