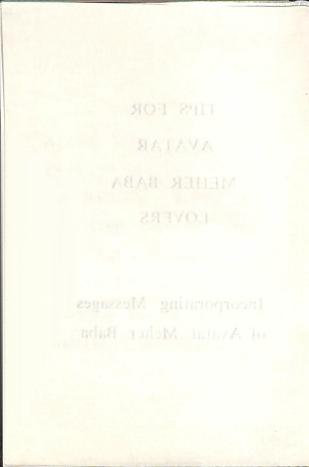


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# TIPS FOR AVATAR MEHER BABA LOVERS

# Incorporating Messages of Avatar Meher Baba



### TIPS FOR AVATAR MEHER BABA LOVERS

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# INTRODUCTION

Swami Vivekananda during his speech on 19.9.1883, at the world Parliament of religions at Chicago said "The Star arose in the East; it travelled steadily towards the West, sometimes dimmed, and some times effulgent, till it made circuit of the world and now it is again rising on the very horizon of the East, the borders of the Sanpo, a thousandfold more effulgent than it ever was before". The rising of the Star indicates the impending birth of God in human form.

True to the prophecy of Swami Vivekananda the God-head has descended on this Earth, with all

its glory, on 25.2.1894 in the form of Avatar Meher Baba. During His Avataric Mission on this Earth, Avatar Meher Baba proved himself to be the Greatest Avatar beyond doutt He gave us His everlasting Divine Treasure, which increases when shared with others. He showed us the way to liberate ourselves from this endless cycle of births and deaths. Let each Baba lover love him, obey Him, surrender to Him, and hold fast to His Daaman till the very end as Jesus Christ said "And thou shalt love the Lord the God with all thy heart, and with all thy mind, and with all thy strength". Let us keep our connection always with the Power-House of Avatar

Meher Baba, so that when the Power-House is switched on, all connected with it will be enlightened.

Parel Centre is grateful to the Avatar Meher Baba perpetual Public charitable Trust for permitting us to print this booklet. We are also greateful to Dr. H. P. Bharucha for his encouragement in our efforts in the cause of Avatar Meher Baba. —V. S. R.

# TIPS FOR AVATAR MEHER BABA LOVERS

- 1. Accept Avatar Meher Baba as the Highest of the High, the Avatar of the Age.
- 2. Read about Baba's life and work to have a clear understanding of Baba's Divinity and to grasp the inner meaning of the various universal activities carried out by him to awaken the humanity.
- Try to remain in internal communion with his Divine Love by periodically visiting the Holy Tomb Shrine of Avatar

Meher Baba at Meherabad, which is like Macca of Prophet Mohammed, Bethelham of Jesus Christ, or the Brindavan of Shri Krishna. Receiving His inspiration and inner guidance, try to harness this Divine force in different ways to spread His name.

4. Visit various Baba's Centres and meet Baba lovers whenever you happen to travel to other places, to have a better knowledge of various Baba activities being undertaken there and to imbibe any good points from them. Visit all Important places connected with Baba's activities.

- Distribute Baba's photoes, pamphlets, Books etc. free of cost if you can afford. On new year and on festive occasions like Diwali etc., you can present Baba books and greeting cards containing Baba's messages.
- 6. Whenever you are travelling, carry Baba books with you and keep reading them during the journey. If anybody is interested, he may read the books and then you can take this opportunity to tell him about Baba.

7. As for as possible, avoid wasteful gossip, slander and backbiting. Always try to introduce the subject of Baba during conversation. Avoid reading trash books. Develop the Divine qualities of determination, sincerity, punctuality and dedication to your duty of spreading Avatar Meher Baba's messages.

 Remember Baba when you wake up from bed and when you go to bed, and thank Him both times. Repeat Baba's prayers when you wake up and when you go to bed. Always

repeat Baba's name when you are awake. Let your thoughts and actions be about Him. Always sing in His praise.

9. As far as possible avoid alcohol and non-veg. foods.

ane Unvince qualifies of determ

 Have a helpful attitude towards others. Never point out other's mistakes. Be maganimous and pardon any of their short comings. Cultivate brotherly and sisterly feelings towards others.

you go to bed, and thank,

11. Try to attend regularly Baba programmes conducted by various Baba centres and Baba Lovers. Whenever you have time and money to spare, you can spend it for Baba's work.

- 12. Pray to Baba to help you to remember Him always, to help you to help others, and to hold fast to His Daaman, till the very end.
- 13. Avoid selfish thoughts and motives in your daily activities. Be content with your lot leaving everything to Baba's will. Always remain happy under all circumstances knowing that everything is being done by Baba for our ultimate good.

14. Some people celebrate their birthdays or marriage anniversaries etc., and spend a lot of money. Instead this money can be utilised to arrange programmes of Baba or to donate this amount to Baba centres.

15. Before preaching others, you live the life of love, sacrifice and selfless service and let others learn about it from your behaviour. Be simple and never se showy.

-ve content with your not leav-

16. Live a life of love, obedience and Surrender to Baba. /Try for His grace by your unflinching faith in Him, and by selfless activities in His cause.

- 17. Accept any of your mistakes and shortcomings and pray to Baba to Pardon you. Resolve not to repeat such mistakes again. Attend to your duties and responsibilities, taking them to be Baba's work.
- 18. Keep your mind and heart clean. Always direct your mind and heart towards Baba, so that He can work through your heart and mind, to awaken you. Make all the neccesary preparations to enable you to receive His grace.
- Talk less and work more. Be friendly to all and hate none. Keep yourself busy so as to rorget yourself. Keep yourself

detached amidst intense acivity. Have attachment only to Meher Baba,

- 20. Every night when you go to bed, offer to Baba, the fruits of all the actions that you have undertaken during the day and thank Him profusely for the kindness bestowed on you.
- 21. Work silently without any pomp to spread the messages of Baba. Think that all this work is being done by Baba and we are only instruments in his Divine Hands. Maintain equipoise under all circumstances of stress and strain while attending to Baba's work.

- 22. Do not strive to earn name or fame or money, but work tirelessly, relentlessly, with a clarity of purpose, unflinching faith, rock like determination and with an unending reserve of bountiful energy obtained by inner communion with Him.
- 23. Tackle all your problems personal or otherwise with clear understanding of Love. Leave all your worries to Baba and be happy in his Love. He will take care of all your problems.
- 24. Understand that you will come into Baba's fold only if He wishes and when you have come, you should try to increase your grip on Him.

- 25. Let each Baba Lover think as to what contribution one has given in the task of spreading Bada's messages.
- 26. If you have discharged your family responsibilities and your attention is no longer required to your family you can join any Baba Centre and devote your time to work for Baba.
- 27. Try to forget your status in the material life. Think only about your position in the spiritual path and to upgrade it.
- 28. The day when you enter the lane of Divine Love, it is a RED LETTER DAY. It is a a turning point in your life, for

your life will change beyond recognition thereafter.

- 29. If you have tasted a millionth fraction of His Love, seal your lips so that it does not leak out and get wasted.
  - 30. Always remember the COMM-ANDMENTS given by Baba. He will take you from where you are to where you should be, without having yourself to cross any intermediate stages.
  - 31. Baba Lovers shall exhibit love and understanding towards each other, and always conduct themselves in a peaceful and serene atmosphere, acting themselves as the children of

the same DIVINE FATHER Avatar Meher Baba, who will help us, guide us, protect us, and finally take us all into the ocean of His Divine Love, when our Mission is completed. Act as Martyrs in spreading His Love and get drowned in His fathomless ocean of Love, to taste the infinite Power knowledge and Bliss.

32. Let the FIRE of BABA'S LOVE burn in your hearts, and let this Love lead you to SELF RELAISATION and put an end to the endless cycle of births and deaths, and live as God forever. May Avatar Meher Baba help you to achieve this objective during this very Life Time.

V. SITA RAMAYYA.

1. The Real Baba-Centre

Those who truly love Me are my 'Centres' in the world. Let each Baba-lovers wherever he or she may be a Baba's 'Centre' personified, radiating the eternal message of Love Divine, living a life of Love, sacrifice and honesty. —Meher Baba.

2. The True Baba-Lover

One who does not seek my blessings, and desires nothing from me but to be able to obey me, and serve me is my true lover. —Meher Baba.

## 3. The Grace of God-Man

The grace of the God-Man is like a rain, which equally falls on all lands, irrespective of whether they are barren or fertile, but it fructifies only in the lands which have been rendered fertile through ardous and patient toiling.

Mensio odl — Meher Baba.

4. Beloved Avatar Meher Baba's Final Instructions Given On The Last day of His sojourn on this Earth.

Befitting a fortunate slave carry out every Command of the Master without any question of why and what.

About what you hear from the Master never say it wrong because my dear the fault lies in your own incapacity to understand Him.

I am slave of my Master who has released me from Ignorance; whatever my Master does is for the highest benifit to all concerned.

-Hafiz.

# 4. How To Experience The Bliss

If those who love Me will just for one minute be silent in their minds just before they go to bed and think of Me and picture Me, in the sile-

nce of their minds, and do that regularly, this veil of ignorance will disappear and this Bliss that I speak of and which all long for, will be experienced. mced. —Meher Baba.

4. How To Experience Th Given On the Leville St

# 5. SURRENDER

Take my life and let it be consecrated Lord to thee. Take my hands and let them move At the impulse of the love. Take my moments and my days Let them flow in ceaseless praise. Take my feet and let them be Swift and beautiful for Thee. Take my voice and let it sing Always only for my King. Take my lips and let them be Filled with messages from Thee. Take my silver and gold Not a mite would I withhold. Take my intellect and use All its powers as Thou shalt choose. Take my will for it is Thine

It shall be no longer mine. Take my heart it is thine own It shall be Thy royal throne. Take my love, my Lord and pour At Thy feet its endless store. Take my self and it shall be Ever, only, all for thee.

A Christian Hymn.

"Nothing that I have belongs to me All that I have belongs to you What will I loose if I surrender to you. what belong to you"?

-Second Hadrand L. -Kabir.

## 6. INVOCATION

Mandirs and Majids, temples and mosques. And churches in the East and West Conceal Thy Face, O First and only Fair. For Thou art Love incarnate And Thou dwellest in the heart ! To Thee I turn my heart And pray : lead me to Thyself ! Thou art my Buddhi, mind. Thou art my heart and will, My light and Joy My Divine Destiny, And Thou art my bhakti,

My devotion supreme ! Teach me to cast aside All pride of action And in Thy pure service Pure nothing be! Teach me how I may receive In silence the gift from Thee O Silent One ! And as I gaze in silence at the Evening Star, And in silence walk through the night, Teach my heart in silence still to sing at Thy Lotus feet; To sing and like the candle which burns at night But goeth out at dawn, In silence at ThyFeet Expire !

Dada T. L. Vaswani.

# AVAILABLE FOR SALE

- 1. Tricolor photoes of Baba in different Sizes. Price ranging from 10 P. to Rs. 1.25 P.
- 2. Baba's Multi Color Photo on Anodised Aluminium Plate 3.8" x 5.5" with stand Rs. 25.00

For details of Photoes write to:

Avatar Meher Baba Parel Centre 20 D Parel Village Bombay-400 012.

