

האהוב אבאטר מהר באבא קי ג'י  
BELOVED AVATAR MEHER BABA KI JAI

written: March 1992

appeared: "New Age - Age of Light": Light and Color issue. June 92

↳ COLOR IS LIGHT

by Michal Sivan

1. FORWARD

The main thing happening in my life today except my relationship to and with Avatar Meher Baba is the feeling, among other things, as if the 'color box' inside me, that was closed all these years, has opened, and all the colors started flowing in and around me.

I am going through a very new and special adventure in my attitude toward, and experience with, color in all areas starting from clothing - mine and others, arrangement of living quarters, attention to the effects colors have on others, to color in food, it's cooking and serving, attention to the use of color in advertising, in commercial display (window show cases) and colors in fashion etc.

It would be only natural that in the Sewing Course the above would be expressed. And indeed in the Sewing Course i enjoyed the practical creativity that the profession allows - creativity that puts together color and texture in a way that can be used in daily life and not only looked at. But the surprise and new experience, in color, came mainly in the design and textile class.

Back in elementary school i remember how the teachers used to be strict about us being very careful to paint within the lines of the drawing, less the color, God forbid, get out of bounds. But as many times the color used to overflow in spite of my efforts to bind it in the boundaries of the drawing, painting was almost always a failure and frustration. But here, in this course, because of the openness and encouragement of the teacher, for the first time i started to use colors with the drawing in a freer way no longer restrained and within bounds. And lo and behold, the colors overflowed and mixed in one another and created a new world of compisition and interest in color on the sheet of paper, giving life to the models we drew.

No wonder that i chose this subject for the final paper of this subject, and i thank the teacher for allowing me to do so.

Many thanks also for the openness, sympathy, encouragemnt and support - never is a person too old to be influenced favorably by a sympathetic and encouraging attitude that can bring to the opening of his 'color box'.

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### 3. COLOR IS...

#### **Dance of light**

So we see that colors are like the dance of light in our world. Like a dance ensemble, every one dances his frequency as one 'dance motion'. A combination of colors is like a combination of different dance movements of different dancers upon a stage. In the same way the different shades of color in the world join and separate as do dancers on a stage.

#### **Light wardrobe**

And if we continue the simile, when we wear a certain color, we actually wear light in a certain motion. If we wear a combination of colors, we are actually wearing light in a dance composition.

We should think that this dance of light has an effect not only on the person wearing this combination of colors, but also radiating and dancing toward other people and the surroundings.

#### **See of light**

This motion of light is described in science as a frequency or wave length. If we consider this image of wave we can see that a person that draws near him, or covers his body, or puts about him certain colors, is like he is dipping himself in different color waves. In this way we may think that it is possible to draw to you and surround yourself with high exciting waves, or delicate and cuddly waves, all this by bringing close to you or surrounding yourself with a color or a combination of colors.

#### **Eating color**

Up to now we saw what happens when we draw to us a color or a combination of colors, but in the case of eating we actually fill our bodies inside with dancing light in motion.

Think what 'light motion' does an orange have. And what 'light motion' does a salad of red peper with green onion and corn has. And Bon Appetit to you.

#### 4. EPILOGUE

As stated in the introduction, i feel my realationship with Avatar Meher Baba, amongst other things, has served as a magic key to the color box in me, and the experience is exciting and rich.

In the fashion course i felt that the encouragement and stimulus helped me to open up to this ability to flow with the colors out onto a sheet of paper.

After this paper i understand better the inseperable tie between light and color in the scientific aspect on one hand, together with the great pleasure i derived from the thoughts of how it feels to dress, move in an environment and eat 'dancing light'.

... "I saw a city  
wrapped in light  
soaked in the dazzeling colors of the rainbow  
Her sound in me like the Harp of David  
I saw a city  
wrapped in light..."\*

With greetings of dancing light.

BELOVED AVATAR MEHER BABA KI JAI

Supplements:

1. "Chemestry - A Challenge"
2. "Color Therapy"
3. "Business" - Maariv news paper

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\* From a popular song by Yosef Sarig, about Jerusalem

1. INTRODUCTION

As we go on in the introduction, I feel my relationship with Avatar  
has become more than just a relationship. It has become a magic key to the  
world of the mind, and the experience is exciting and rich.

In the fashion course I felt that the encouragement and stimulus  
helped me to open up to this ability to flow with the colors and  
find a sheet of paper.

At this stage I understand better the inseparable tie between  
light and color in the scientific aspect on one hand, together  
with the great pleasure I derived from the thoughts of how it  
leads to dress, move in an environment and see dancing light.

I saw a city  
wrapped in light  
soaked in the dazzling colors of the rainbow  
Her sound in me like the hair of David  
I saw a city  
wrapped in light

With the practice of dancing light

BELOVED AVATAR MEMBER BABA KI JAI

- 1. "Business" - that's how you
- 2. "Color" - that's how you
- 3. "Energy" - A Challenge
- 4. "Mentality" - A Challenge

\* from a poster now by Yash Jari and Jatin