

THE UNIVERSAL PRAYER
DICTATED BY
AVATAR MEHER BABA

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INTRODUCTION

The truth of all religions
is LOVE for GOD, the
One and the only God
Who resides equally in us
all and is approachable by
one and all, high and low,
rich and poor, any caste,
creed, race, religion or
nationality.

Prayer is the eye through
which we see God and
prayer is the inner ap-
proach to God.

- Avatar Meher Baba
Poona Centre



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The Essence of Prayer

The ideal prayer to the Lord is nothing more than spontaneous praise of His being. You praise Him, not in the spirit of bargain, but in the spirit of self-forgetful appreciation of what He really is. You praise Him because He is praiseworthy. Your praise is a spontaneous appreciative response to His true being, as infinite light, infinite power and infinite bliss.....

All hymns and prayers reach out towards the eternal Truth of Godhead only to merge those who utter them in silent and unending adoration.

.....nothing is more sublime than a spontaneous prayer. It gushes out of the human heart, filled with appreciative joy. It is self expression of the freed spirit.....

In its highest form, prayer leaves no room for the illusory diarchy of the lover and the Beloved. It is a return to one's own being.

— Meher Baba

THE UNIVERSAL PRAYER

(This PRAYER was dictated by MEHER BABA)

*O PARVARDIGAR, the Preserver and Protector
of all,*

*You are without Beginning, and without End;
Non-dual, beyond Comparison; and none can
measure You.*

*You are without color, without expression,
without form, and without attributes.*

*You are unlimited and unfathomable, beyond
imagination and conception; eternal and
imperishable.*

*You are indivisible; and none can see You, but
with eyes Divine.*

*You always were, You always are, and You always
will be;*

*You are everywhere, You are in everything, and
You are also beyond everywhere and beyond
everything.*

*You are in the firmament and in the depths,
You are manifest and unmanifest; on all planes,
and beyond all planes.*

*You are in the three worlds, and also beyond
the three worlds;*

You are imperceptible and independent.

*You are the Creator, the Lord of Lords,
the Knower of all minds and hearts;*

You are Omnipotent and Omnipresent.

*You are Knowledge Infinite, Power Infinite,
and Bliss Infinite.*

*You are the Ocean of Knowledge, All-Knowing,
Infinitely-Knowing; the Knower of the past,
the present and the future, and You are
Knowledge itself.*

You are All-merciful and eternally benevolent;

*You are the soul of souls, the One with
infinite attributes;*

*You are the Trinity of Truth, Knowledge,
and Bliss;*

You are the Source of Truth, the Ocean of Love;

You are the Ancient One, the Highest of the High;

You are Prabhu and Parameshwar;

*You are the Beyond-God, and the Beyond-
Beyond-God also; You are Parabrahma;
Allah; Elahi; Yezdan; Ahuramazda; and God
the Beloved.*

*You are named Ezad : the only one worthy
of worship.*

THE PRAYER OF REPENTENCE

(This Prayer was dictated By MEHER BABA)

*OM Parabrahma Paramatma,
Ya-Yazdan, La ilaha Illallah,
O God, the Beloved !*

We repent, O GOD Most Merciful; for all our sins; for every thought that was false or unjust or unclean; for every word spoken that ought not to have been spoken; for every deed done that ought not to have been done.

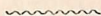
We repent for every deed and word and thought inspired by selfishness, and for every deed and word and thought inspired by hatred.

We repent most specially for every lustful thought and every lustful action; for every lie; for all hypocrisy; for every promise given but not fulfilled, and for all slander and backbiting.

Most specially also, we repent for every action that has brought ruin to others; for every word and deed that has given others pain;

and for every wish that pain should befall others.

In your Unbounded Mercy ! We ask you to forgive us, O God ! for all these sins committed by us, and to forgive us for our constant failures to think and speak and act according to Your will.



Prayer For Baba's Lovers & Mandali

(dictated by MEHER BABA)

Beloved God, help us all to love you more and more,

and more and more and still yet more,
till we become worthy of Union with you;
and help us all to hold fast to Baba's *daaman*
till the very end.

NOTICE



Weekly meetings are held at 399 Somwar Peth, Poona 2 (Saraswat Colony) every Monday, between 7 & 8-30 p. m. under the auspices of Avatar Meher Baba Poona Centre. Our Centre is open to all seekers of Truth and lovers of God irrespective of caste or creed, color or community, race or religion or nationality.

“ We are all ONE in God’s Love ”

Books and literatures on and by Meher Baba in English, Hindi, Marathi, Gujarati, Sindhi, Urdu and Persian are available for sale in our Centre.

The Centre has a Library Section that gives books for free reading to those who cannot afford to buy books.

Secretary

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