

# AVATAR MEHER BABA



*"I have not come to establish any cult, society or organisation; nor even to establish a new religion. The religion that I shall give teaches the Knowledge of the One behind the many. The book that I shall make people read is the book of the heart which holds the key to the mystery of life. I shall bring about a happy blending of the head and the heart. I shall revitalize all religions and cults, and bring them together like beads on one string."*

—MEHER BABA—

## *How to Love God*

"To love God in the most practical way is to love our fellow beings. If we feel for others in the same way as we feel for our own dear ones, we love God.

"If, instead of seeing faults in others, we look within ourselves, we are loving God.

"If, instead of robbing others to help ourselves, we rob ourselves to help others, we are loving God.

"If we suffer in the sufferings of others and feel happy in the happiness of others, we are loving God.

"If, instead of worrying over our own misfortunes, we think of ourselves more fortunate than many many others, we are loving God.

"If we endure our lot with patience and contentment, accepting it as His Will, we are loving God.

"If we understand and feel that the greatest act of devotion and worship to God is not to hurt or harm any of His beings, we are loving God.

"To love God as He ought to be loved, we must live for God and die for God, knowing that the goal of life is to love God and find Him as our own Self."

*—MEHER BABA—*

Published by William Le Page  
Kalianna Crescent, Beacon Hill  
NSW 2100 Australia

1-702 888

Printed by M.G.A. Publications (Printing)  
9 Newcastle Street, Rose Bay NSW 2029  
Phone 37-7015

## *AVATAR MEHER BABA*

In 1956 and 1958 one known as Meher Baba came to Australia. He came quietly, stayed a few days on each occasion and departed quietly. He sought no publicity. He said then as he says now to all people. 'I have come to sow the seed of love in your hearts so that in spite of all superficial diversity which you in your life in illusion must experience and endure, the feeling of oneness through love is brought about amongst all nations, creeds, sects and castes of the world.'

'I am that same Ancient One who has always come to redeem man from his bondage of ignorance and to help him realise that which, consciously or unconsciously, he is always seeking. The object of the quest is called by many names - happiness, peace, freedom, truth, love, perfection, Self-realisation, God-realisation, union with God. It is essentially one thing - the quest for conscious and continual experience of his unity with God, the Source of infinite Knowledge, Power and Bliss.'

While many may remain indifferent to these statements, thousands of people in the East and West have dedicated their lives to Meher Baba, and millions have been affected in their daily lives by his living example of love and service.

. . . . .

One evening in May 1913, while a student at Deccan College, Poona, Merwan Sheriarji Irani (later to be called by his disciples Meher Baba) was cycling home when he looked up to meet the eyes of an old woman sitting under a neem tree by the road-side. He knew who the woman was, Hazrat Babajan, reputed to be a very holy person and held in great esteem by Poona people. She beckoned to him, and he left his bicycle and went over to her. She arose and embraced him and kissed him on the forehead between the eyes. No word was spoken; and he went on home.

Shortly afterwards he lost consciousness of his body

and remained more or less in that state for nine months, moving about as one described him, as an automaton possessing intuition. After that period, Hazrat Babajan made him know his Godhood, merging his consciousness in the infinite Ocean of divine Love, Knowledge and Power.

But it was not until the end of 1921 that Upasni Maharaj, another of the five Perfect Masters of that time, returned Meher Baba completely to normal consciousness of the world with full retention of his Godhood, and said to him: "You are the Avatar, and I salute you." (Avatar is a Sanskrit word meaning to descend, to take form ).

It was plain now to those who had contact with Meher Baba that at the very least he possessed an unusual understanding of the spiritual life, and a deep and rare insight into people's hearts.

As a result disciples were very readily drawn to him, and these he trained for an arduous life of selfless service through moral discipline, love for God and spiritual understanding. It was some of these early disciples who gave him the name 'Meher Baba' which means 'Compassionate Father'.

After a period of intensive training of his disciples, Meher Baba established a colony near Ahmednagar, India, which is called Meherabad. Here his work embraced a free school for boys where "the assimilation of spiritual values into life" was stressed, a free hospital and dispensary, and shelters for the migrant poor. "The most practical thing in the world is to be spiritually-minded" was the keynote for the conduct of the various activities. No distinction was made between individuals, and all mingled in common fellowship through the inspiration of the Master. It was also often at Meherabad that the growing number of his Eastern and Western disciples who were of different backgrounds received his personal guidance and close daily association.

One day Meher Baba told his disciples that from July 10, 1925 he would observe Silence, and since that day he has maintained this Silence which he said was necessary for universal spiritual reasons. His many spiritual discourses and messages have been dictated by means of an alphabet board which was discarded on

October 7, 1954, and he now uses unique hand gestures which are interpreted by his disciples.

Meher Baba has travelled extensively throughout India giving his spiritual blessings to hundreds of thousands, and contacting many of a special category of advanced spiritual pilgrim who is completely intoxicated with love for God. His work during these journeys, often to the most remote areas of India, and covering perhaps 20,000 miles in a year by train, bus, bullock-cart and on foot, included also the bathing of lepers, washing the feet of thousands of poor, and giving them grain and cloth. This work with the poor, lepers and advanced spiritual pilgrims was done almost entirely incognito - his disciples referring to him as their "elder brother".

He has also travelled many times to the Western world and visited several countries. His first visit to the West was in 1931 and his last 1958, when he again journeyed to America and Australia. He has been to the U.S.A. six times, and to Australia twice. On his first visit to Australia in 1956 he stayed three days in Sydney, and two days in Melbourne; on his second visit in 1958, he stayed four days on a property established in his name in Queensland, and one day again in Sydney.

In November 1962, Meher Baba reversed the current of his visits by inviting followers from all over the world and India to enjoy a few days of his companionship at an East-West Gathering which was held in Poona.

In spite of all this activity Meher Baba has consistently maintained that his "work" is neither to teach nor to found a new religion, but to awaken the sleeping soul of man to a higher state of Consciousness of its Real Self which is God.

He is therefore committed to no "ism" whether of religion or of politics. He has pointed out that while he appreciates all "isms" for the many good things they seek to achieve, Truth, while equally including them, transcends all of them and leaves no room for separative divisions, which are all equally false. For life is integral and indivisible and its unity will remain unassailable and inviolable, in spite of all conceivable ideological differences.

Meher Baba has said that when he breaks his Silence he will speak "One Word" which will go to the world as from God, not as from a philosopher, and that it will go straight to the heart. The effective force of this "Word" and the reaction to it, he has said, will be in accordance with the magnitude and receptivity of each individual mind.

Meher Baba lives a simple life, is unmarried, eats little and sleeps little. He retires for periods in strict seclusion and observes long fasts. He does not lay down, however, any rules in these matters for others, and has said that inner renunciation is of far greater importance spiritually than external renunciation. He has no ashram or organisation or institution. He owns no property, and only handles money when giving it to the poor, destitute or sick as he does from time to time. He does not wear any of the marks or robes of a saint, is plainly indifferent to the devotional ceremonies practised by the various religions, and emphasises that the only real prayer to God is one of pure praise without asking or complaint.

Meher Baba enjoys listening to music and poetry, especially that which tells of the lover's separation from the divine Beloved and of hopes of ultimate union. He has throughout his life been particularly fond of Hafiz, the great Persian master-poet who in matchless verse describes the Lover-Beloved relationship.

He moves and mixes freely with one and all, enjoys games and sports, jokes and humorous skits - "amusing incidents that arise at the expense of none lighten my burden".

People, irrespective of their belief in him, are drawn by his simplicity, joyfulness, the absence of any self-seeking motive, and because of the loving-kindness that wells so naturally and spontaneously from him. "You and I are not we but One. I am the, Divine Beloved who loves you more than you can ever love yourself." His most frequent words to people are: 'Love God wholeheartedly, don't worry, be happy', and he demonstrates in himself and encourages in others this ever-present selfless love as the most natural theme of everyday life.

---

## *MEHER BABA'S UNIVERSAL MESSAGE*

I have come not to teach but to awaken. Understand therefore that I lay down no precepts.

Throughout eternity I have laid down principles and precepts, but mankind has ignored them. Man's inability to live God's words makes the Avatar's teaching a mockery. Instead of practising the compassion He taught, man has waged crusades in His name. Instead of living the humility, purity and truth of His words, man has given way to hatred, greed and violence.

Because man has been deaf to the principles and precepts laid down by God in the past, in this present Avataric Form I observe Silence. You have asked for and been given enough words—it is now time to live them. To get nearer and nearer to God you have to get further and further away from "I", "my", "me", and "mine". You have not to renounce anything but your own self. It is as simple as that, though found to be almost impossible. It is possible for you to renounce your limited self by my Grace. I have come to release that Grace.

I repeat, I lay down no precepts. When I release the tide of Truth which I have come to give, men's daily lives will be the living precept. The words I have not spoken will come to life in them.

I veil myself from man by his own curtain of ignorance, and manifest my Glory to a few. My present Avataric Form is the last Incarnation of this cycle of time, hence my Manifestation will be the greatest. When I break my Silence, the impact of my Love will be universal and all life in creation will know, feel and receive of it. It will help every individual to break himself free from his own bondage in his own way. I am the Divine Beloved who loves you more than you can ever love yourself. The breaking of my Silence will help you to help yourself in knowing your real Self.

All this world confusion and chaos was inevitable and no one is to blame. What had to happen has happened; and what has to happen will happen. There was and is no way out except through my coming in your midst. I had to come, and I have come. I am the Ancient One.

## GOD IS SHY OF STRANGERS

God exists. If you are convinced of God's existence then it rests with you to seek Him, to see Him and to realize Him.

Do not search for God outside of you. God can only be found within you, for His only abode is the heart.

But you have filled His abode with millions of strangers and He cannot enter, for He is shy of strangers. Unless you empty His abode of these millions of strangers you have filled it with, you will never find God.

These strangers are your age-old desires - your millions of wants. They are strangers to God because want is an expression of incompleteness and is fundamentally foreign to Him who is All-sufficient and wanting in nothing. Honesty in your dealings with others will clear the strangers out of your heart.

Then you will find Him, see Him and realise Him.

\* \* \* \* \*

*"Whether men soar to outer space or dive to the bottom of the deepest ocean they will find themselves as they are, unchanged, because they will not have forgotten themselves nor remembered to exercise the charity of forgiveness."*

—MEHER BABA—



## GOD ALONE IS

Infinite consciousness is infinite. It can never lessen at any point in time or space. Infinite consciousness being infinite includes every aspect of consciousness. Unconsciousness is one of the aspects of infinite consciousness. Thus infinite consciousness includes unconsciousness. It sustains, covers, pierces through and provides an end to unconsciousness - which flows from, and is consumed by, infinite consciousness.

I assert unequivocally that I am infinite consciousness; and I can make this assertion because I *am* infinite consciousness. I am everything and I am beyond everything.

I am ever conscious that I am you, while you are never conscious that I am in you. Daily I support you and share your consciousness. Now I want you to uphold me, so that one day you can share my consciousness.

For man, unconscious of actually possessing the never-ending continuously conscious experience that God is everything and *all else* is nothing, everything is everything. Air is. Water is. Fire is. Earth is. Light is. Darkness is. Stone is. Iron is. Vegetation is. Insect is. Fish is. Bird is. Beast is. Man is. Good is. Pain is. Pleasure is. There is no end to what is - until he arrives at *nothing is* and instantaneously he realizes *God is*.

It is not easy for man to accept and keep on accepting under all circumstances that God is. Even after his firm acceptance that God is, it is supremely difficult, though not impossible, for him to *realize* what he has firmly accepted. And realization means that instead of being fully conscious that he is man, he becomes fully conscious that he is God, was God, has always been God and will ever remain God.

Knowingly or unknowingly man is ever seeking the Goal, which is to realise his true Self. The very nearest and innermost to man is his Soul, but the humour of it is he feels far, far away from it. There appears to be no end to his journeys towards the Goal through the numberless highways and by-ways of life and death,

although in fact there is no distance at all to cover. Having achieved full consciousness as man, he has already arrived at his destination, for he now possesses the capacity to become fully conscious of his Soul. Still he is unable to realize this divine destiny because his consciousness remains completely focussed on his inverted, limited, finite self-the Mind - which, ironically, has been the means of achieving consciousness.

Before he can know Who he is, man has to unlearn the mass of illusory knowledge he has burdened himself with on the interminable journey from unconsciousness to consciousness. It is only through love that you can begin to unlearn, and eventually, put an end to all that you do not know. God-love penetrates all illusion, while no amount of illusion can dim God-love. Start learning to love God by beginning to love those whom you cannot. You will find that in serving others you are serving yourself. The more you remember others with kindness and generosity, the less you remember yourself and when you completely forget yourself, you find me as the Source of all Love.

Give up all forms of parrotry. Start practising whatever you truly feel to be true and justly to be just. Do not make a show of your faith and beliefs. You have not to give up your religion, but to give up clinging to the husk of mere ritual and ceremony. To get to the fundamental core of Truth underlying all religions, reach beyond religion.

Through endless time God's greatest gift is continuously given in silence. But when mankind becomes completely deaf to the thunder of His Silence God incarnates as Man. The Unlimited assumes limitation to shake Maya-drugged humanity to a consciousness of its true destiny. He uses a physical body for His universal work, to discard it in final sacrifice as soon as it has served its purpose.

God has come again and again in various Forms, has spoken again and again in different words and different languages the Same One Truth - but how many are there that live up to it? Instead of making Truth the vital breath of his life, man compromises by making over and over again a mechanical religion of it - a handy staff to lean on in times of adversity, a soothing balm for his conscience or a tradition to be followed. Man's inability to live God's words, makes

a mockery of them. How many Christians follow Christ's teaching to 'turn the other cheek' or 'to love thy neighbour as thyself'? How many Muslims follow Mohammed's precept to 'hold God above everything else'? How many Hindus 'bear the torch of righteousness at all cost'? How many Buddhists live the 'life of pure compassion' expounded by Buddha? How many Zoroastrians 'think truly, speak truly, act truly'? God's Truth cannot be ignored. Because men do ignore It a tremendous adverse reaction is produced, and the world finds itself in a cauldron of suffering through hate, conflicting ideologies and war, and nature's rebellion in the form of floods, famines, earthquakes and other disasters. Ultimately, when the tide of suffering is at its flood, God manifests anew in human form to guide mankind to the destruction of its self-created evil, and re-establish it in the Way of Truth.

My Silence and the imminent breaking of my Silence is to save mankind from the monumental forces of ignorance, and to fulfil the divine Plan of universal unity. The breaking of my Silence will reveal to man the universal Oneness of God, which will bring about the universal brotherhood of man. My Silence had to be. The breaking of my Silence has to be - soon.

*All talk about the Path and the Goal is as a lantern carried by a blind man.*

*A blind man needs a staff in his hands; the seeker needs his hand in God-Man's.*

—MEHER BABA—

## *Love and Devotion*

Love burns the lover;

Devotion burns the Beloved.

Love seeks the happiness of the Beloved;

Devotion seeks benefits from the Beloved.

Love seeks to shoulder the burden of the Beloved;

Devotion throws its burdens on the Beloved.

Love gives;

Devotion asks.

Love is silent and sublime, without outward expression;

Devotion must express itself all the time.

Love does not require the presence of the Beloved to maintain its love;

Devotion demands the presence of the Beloved to feed its affection.

—MEHER BABA—