



1970

WISH

YOU

MEHER BABA DIARY

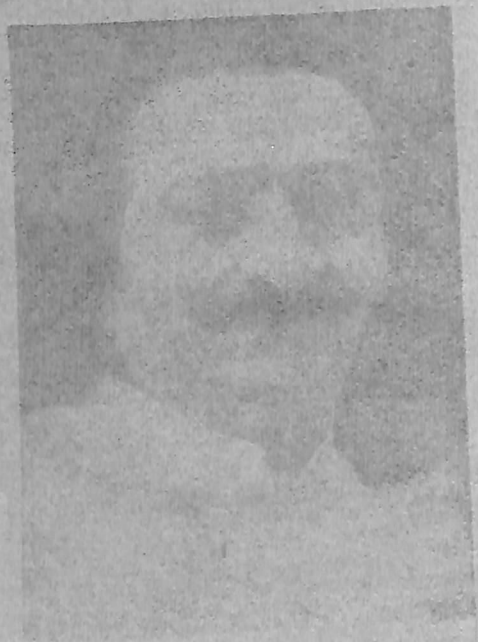
HAPPY

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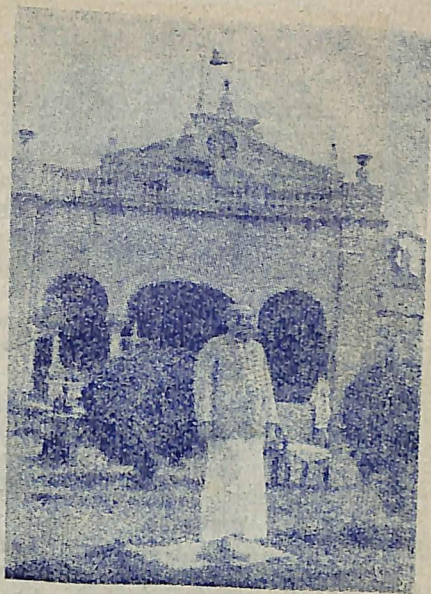
SEVENTY SIX



Avatar Meher Baba



Avatar Mohar Babs



AVATAR at Guru Prasad,
Poona



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BHOON

BIOGRAPHICAL SKETCH

AVATAR MEHER BABA

Born on the 25th February, 1894, Meher Baba completed his preparatory school grades at St. Vincent's High School, Poona with high credit, and at the age of 17, entered the Deccan College.

In 1913, as a lad of 18, Merwan (as he was then called) was riding his bicycle along the hot dusty road of Poona on his way home from Deccan College. As he approached a large shady neem tree, a very old woman then of about 110 years (the Perfect Master by name Baba Jan) rose from the midst of a group which sat beneath the tree, and came forward to meet Merwan. Baba Jan kissed him on the forehead, between the eyes. No word was spoken. At that

moment a tremendous current as of high-powered electricity, shot through his body, leaving in its wake a feeling of Divine ecstasy, combined with intense Pain. It remained with him for some months until one night he suddenly lost all awareness of the physical body and found himself lifted to a state of supreme consciousness, called "God-Consciousness". Once in January, 1914, Baba Jan told everyone : "This child of mine (referring to Merwan) will create a great sensation in the world and do immense Good to humanity". On another occasion, she openly declared : "Merwan would startle the world with His God-power and Love".

After sometime, Merwan led a sort of itinerant life and came into contact with many saints and, in particular, other spiritual Masters

in India of that time viz., Shri Sai Baba of Shirdi, Sadguru Upasani Maharaj of Sakori, Narayan Maharaj of Khedgaon and Hazrat Tajuddin Baba of Nagpur.

Sri Upasani Maharaj brought him back to normal consciousness by a slow process. At the first meeting Sri Upasani Maharaj flung a small stone at the forehead of Merwan which hit him on the forehead at the exact place between the eyes where Baba Jan had kissed him. During the period from 1915 to 1921, Baba was in close contact with Sri Upasani Maharaj, who brought him down to normal consciousness. His sublime experience of what was described as "God-Consciousness" was however not interrupted or diminished. At the end of 1921 or the beginning of 1922, Merwan thus became a Perfect Master and he was

thenceforth called — "Meher Baba" (which means "Compassionate Father"). At that time, Sri Upasani Maharaj openly declared that MEHER BABA will move the whole world and that all humanity will be benefitted by His Spiritual work. Sri Upasani Maharaj would say to his disciples : "Follow Merwan, do as he says : a time will come when all the world will follow his lead".

Meher Baba thus began his spiritual mission in 1922. In 1924, he made his headquarters near Arangaon, called "Meher-abad", situated in Ahmednagar District.

Between 1921 and 1926, Meher Baba wrote an account of his spiritual experiences. This book, however, has not been published yet and is kept in safe custody at Ahmednagar. Baba said that it contains hitherto unknown spiritual secrets.

From 1927 Meher Baba ceased writing, except very rarely putting his signatures on his own Publications, etc. Since 10th July, 1925, Baba had been observing complete SILENCE of the tongue, not uttering a word until the dropping of his physical body on 31st January 1969. His body was interred in a Tomb which he had built during his life time on the Meherabad Hill, near Ahmednagar. Meher Baba was communicating by means of an English alphabet board on which he spelt out words by pointing at the letters with his fingers. After 7th October, 1954, even the alphabet board was abandoned. As a rule letters etc. were read out to him.

MEHER BABA, lead a very simple life of strict celibacy, ate very little simple vegetarian food, slept little or not at all. He often retired in strict

seclusion and observed long and strenuous fasts. He had no mutt, ashram or organisation or institution. He only Touched money to give it to lepers, the poor and the masts.

He lived near a small village called Pimpalgaon (also called "Meher Abad"), a place nine miles from Ahmednagar (Maharashtra State, India).

He was particularly interested in contacting advanced souls and souls intoxicated with Divine Love called "Masts", who were on different, planes of consciousness. Meher Baba toured a great deal incognito, to several remote places putting himself to considerable hardship and expense and contacted thousands of these "Masts" in India and other foreign countries.

Meher Baba was also particularly interested in contacting the poor,

the blind and the lepers, bathing them, washing their feet, placing his head on their feet and doing service to them.

As examples, Meher Baba was physically present incognito and worked for many days and rendered service and help in Calcutta and other parts of Bengal during the Great Famine of 1943. In October 1950, shortly after the Bihar floods, he was present incognito in some of the worst-affected villages and gave relief to the victims of the flood. On that occasion (October, 1950), Baba passed through Calcutta incognito; stayed for four or five days, and spent some hours in a room in Dakshineswar Temple.

Meher Baba had been active not only in India, but in foreign countries also. His first trip to England was in 1931, second in 1932, and thereafter a few more between 1932 and 1956. He had made

more than six journeys to America including Europe and about ten journeys to other foreign countries. He is looked upon by his innumerable disciples in Arizona, California, Florida, Newyork, New Mexico, South Carolina, Virginia, Washinton, Iran (Persia), New Zealand, Switzerland, Israel, India, Pakistan, England, Australia, South Africa, Egypt, Greece Japan and other countries, as the "AVATAR of the Age".

Regarding His spiritual mission Meher Baba declared that He is the Highest of the High, the Ancient One, the AVATAR of the Age. He often emphasised, "I have not come to teach, but to awaken"—in other words, to give a general spiritual push to the whole of humanity and to lead those who come to Him towards the Light of the Truth.

He prescribed no pooja, mantra japa, tapas, yoga or ritual. The

only "sadhna" he prescribed is ;
"LOVE", which should be one's
attitude in thought, word and deed
every moment, while living the
normal life of the world and doing
one's work or duty as a worldly or
normal human being : MEHER
BABA said : "I will teach (train)
you how to move in the world yet
be at all times in inward communion
with ME as the INFINITE BEING".

Baba is everyone's Friend. He
is the Father out of whose breath
was made the question our lives
are helping to answer. He is the
Mother whose love is the light which
shall twin our dark thoughts into
heavenly shinings. He is the
BROTHER whose example can
guide us, whose laughter smoothes
over our blunders, whose fondness
permits us to continue until the
next blunder.

JAI BABA



A GARLAND
of
SEVENTY-SIX FLOWERS

1. I belong to no religion.
Every religion belongs to Me. My
personal religion is My being the
Ancient Infinite One and the religion
I impart to all is Love for GOD,
which is the Truth of all religions.

2. If we love God honestly, we become one with Him. Never before has dishonesty and hypocrisy prevailed in this world as today. If the least hypocrisy creeps into our thoughts, words and deeds, God, who is the innermost Self in us all, keeps Himself hidden.

3. To love God in the most practical way is to love our fellow beings.

4. If we feel for others in the same way as we feel for our own dear ones, we love God.

5. If, instead of seeing faults in others, we look within ourselves, we are loving God.

6. If, instead of robbing others to help ourselves, we rob ourselves to help others, we are loving God.

7. If we suffer in the sufferings of others and feel happy in the

happiness of others, we are loving God.

8. If, instead of worrying over our own misfortunes, we think of ourselves more fortunate than many many others, we are loving God.

9. If we endure our lot with patience and contentment, accepting it as His Will, we are loving God.

10. If we understand and feel that the greatest act of devotion and worship to God is not to hurt or harm any of His beings, we are loving God.

11. To love God as He ought to be loved, we must live for God and die for God, knowing that the goal of all life is to love God, and find Him as our own Self

12. God is absolutely independent. The only way to approach Him is through love, constant re-

petition of His Name, and invocation of His Mercy.

13. Mercy is God's nature (Swabhay).

14. Bliss is God's original state (aśśal halat).

15. Power is God's existence (astitava).

16. Knowledge is God's duty (kartayya).

17. The infinite state of God gets lost in the infinite jumble of infinite contradictions.

18. To know God in His infinite contradictions is to become conscious of His consciousness of His unconsciousness.

19. To achieve the God-state, do absolutely nothing while doing everything.

20. To find God you must find yourself lost to yourself.

21. To be infinitely conscious, you must consciously lose consciousness of yourself.

22. Space is the gulf between Imagination and Reality. Evolution of consciousness fills this gulf.

23. Time is the interval between your very first imagination and your very last imagination.

24. Where imagination ends God is and Godhood begins.

25. Imagination is an eternal mimicry of Reality effecting the shadow-play of Illusion.

26. God is not anything comprehensible. He is Reality — Consciousness — Absolute Consciousness — Infinite Consciousness.

27. Realization of God is absolute

Consciousness minus conscious-
ness of Imagination Godhood is
Absolute Consciousness plus consci-
ousness of imagination being
imagination.

28. To be ever present with God,
never be absent from Him.

29. Do not desire union with
God; but long for union till you go
beyond longing for union, and long
only for the will and pleasure of
Beloved God.

30. Mind may die. Maya may
die. Body dies and dies. But hope
and thirst never die. Thus has said
Kabir.

31. Complete forgetfulness of
self is to even forget that you have
forgotten.

32. Complete remembrance of
God, honesty in action, making no
one unhappy, being the cause of

happiness in others, and no submission to low, selfish, lustful desires, while living a normal worldly life—can lead one to the path of Realization. But complete obedience to the God-Man brings one directly to God.

33. The more you try to understand God, you understand Him less and less. How can He, who is beyond explanation, be expressed? His being infinitely simple has rendered Him infinitely difficult. The secret is that you have to become what you are.

34. God does not listen to the language of the tongue, which constitutes 'Japs', 'Zikra' 'Mantras' and devotional songs. He does not listen to the language of the mind, which constitutes meditation, concentration and thoughts about God. He listens only to the

language of the heart which constitutes love. So love God and become free in this very life.

35. If you were to ask Me why I do not talk, I would say perhaps for three reasons. Firstly, I feel that through you all I am eternally talking. Secondly, to relieve the boredom of talking incessantly through your forms, I keep silence in My personal physical form. And thirdly, because all talk in itself is idle talk. Lectures, messages, statements, discourses of any kind, spiritual or otherwise, imparted through utterances or writings, are just idle talk when not acted upon or lived upto.

36. Our Very Life should be such as to be God's Message of Truth in the world. In our everyday life of worldly duties, if 'Love-Service-Honesty' is manifested, re

nunciation is achieved without renouncing the world.

37. The whole of life is like playing a game of hide and seek in which you have to find your real Self. I give you My blessings for the success of this which will make you realize life as all-time play.

38. Children are innocent and free from vain egoism. Children can have no low desires. After becoming free from all childishness, when a man really becomes child-like, he can realize God.

39. In The Material world every pie of money counts. In the Subtle world every ounce of energy counts. In the Mental world every force of thought counts. In the Beyond State only God counts and in the Realm of God-man everything counts as nothing and nothing counts as everything.

40. If instead of mechanically performing ceremonies and rituals because of age-old customs, people were to serve their fellow beings with the selflessness of love, taking God to be equally residing in one and all and knowing that by so serving others they are serving Me, My work will have been fulfilled.

41. God alone is real, all else is false. So you must try to love God, who is within us all, and to gain this love you should try to be honest in your thoughts, words and actions.

42. It is not what the world thinks of us that matters, but what God knows about us that matters.

43. Unless we are stripped of all egoistic tendencies and desires, and unless our soul attains its original naked state, we can not embrace God, the Beloved, who is Eternally Naked in his Infinity.

44. I Have Come not to teach but to awaken. Understand therefore that I lay down no precepts.

45. Because man has been deaf to the principles and precepts laid down by God in the past, in this present Avataric Form, I observe Silence. You have asked for, and been given enough words it is now time to live them.

46. To get nearer and nearer to God you have to get further and further away from "I", "My", "Me" and "Mine". You have not to renounce anything but your own self.

47. I repeat, I lay down no precepts. When I release the tide of Truth which I have come to give, men's daily lives will be living precepts. The words I have not spoken will come to life in them.

48. I veil myself from man by his own curtain of ignorance and manifest My Glory to a few. My present Avatamic Form is the last Incarnation of this cycle of time, hence My Manifestation will be the greatest.

49. I am the Divine Beloved who loves you more than you can ever love yourself. The breaking of my Silence will help you to help yourself in knowing your real Self.

50. I say with Divine Authority that I am in you all, and if you honestly love God you will find Him everywhere. And remember, if you cannot love God and cannot lead saintly lives, then at least do not make a show of love and saintliness, because the worst scoundrels are better than hypocritical saints.

Silence. It is now high time that universal suffering should hasten

humanity to the turning point in its spiritual history.

52. It is now high time that the very agonies of our times should become a means for the bringing of real understanding of human relationship.

53. The balanced progress of humanity can be assured only if science and religion proceed hand in hand.

54. The coming civilization of the New humanity will not be en-souled by dry intellectual doctrine, but by living spiritual experience.

55. If two persons have had headaches, they can use the intellect to discuss their mutual experience. But if one of them has never had a headache, no amount of intellectual explanation will ever tell him what a headache is.

56. Intellectual explanation can never be a substitute for spiritual experience.

57. Unlearn all you have learned intellectually. Not remember the past, forget the present, and not think of the future.

58. Renounce everything and everyone including your own self.

59. Escape from all that is illusory and take refuge in reality.

60. Burn all your desires and longings and kindle the one and only desire and longing—union with the Divine Beloved.

61. To have my real darshan is to find me.

62. The way to find me is to find your abode in me.

63. And the only one and sure way to find your abode in me is to love me.

64. To love me as I love you, you must become the recipient of

my grace. Only my grace can bestow the gift of divine Love.

65. To receive my grace, you must obey me whole-heartedly with the firm foundation of unshakable faith in me.

66. And you can only obey me spontaneously as I want when you completely surrender yourselves to me, so that my wish becomes your law and my love sustains your being.

67. Age after age, many aspire for such a surrender, but only very few really attempt to surrender themselves to me completely as I want.

68. He who succeeds, ultimately not only finds me, but becomes me and realizes the goal of life.

69. My being in your midst today would serve its purpose even if one from among this multitude has

understood what I want, you all to know.

70. To be worthy of the Divine gift to love, let all your thoughts, words and deeds be controlled by the constant remembrance of God.

71. All talk about the path and the goal is as a lantern carried by a blind man. A blind man needs a staff in his hand; the seeker needs his hand in the GOD-MAN'S.

72. All that frightens and confuses you and grips you with despair is your own shadow. When the sun of LOVE manifests in its glory, and faces are turned towards that Radiance, all shadows will have disappeared—even the memory of them will have vanished.

73. A post, to stand erect and firm, must have its both ends sunk well into the ground. Likewise, my lover needs to have the base of his

faith deeply embedded in Divinity, if he would remain steadfast in his love.

74. Births and deaths are illusory phenomena. One really dies when one is born to live as God, the eternal who is beyond both birth and death.

75. Love makes the Formless and Infinite become enformed and finite as the GOD-MAN among men.

76. Take my advice and accept-
"GOD SPEAKS" as the final authority: nothing of its kind has been recorded before.

* * *

Purity of Heart

The whole of creation is a Play of thoughts: the outcome of the mind. It is your mind that binds you; it is also the mind that is the means of your freedom. You are

eternally free. You are not bound at all.

But you cannot realize your freedom by merely hearing this from me, because your mind continues to entangle you in illusion. Therefore you only understand what I am telling you, and mere understanding is not the same as experiencing the truth that I am telling you. For that truth you must let your mind be halted. Then as soon as you see me as I really am, you will find yourself to be your own infinite and eternal self.

Hearing is not understanding. Understanding is not conception. Conception is not perception. Perception is not experience. Experience is not being God-realized.

Love for God and obedience to a Master are beyond the reach of man on his own, and that complete

surrender is almost impossible. The best thing is for man to purify his heart.

The best way to cleanse the heart and to prepare for the stilling of the mind is to lead a normal life in the world. Living in the midst of your day-to-day duties, responsibilities, likes and dislikes becomes the very means for the purification of your heart.

For the purification of your heart leave your thoughts alone but maintain constant vigil over your actions. Let thoughts come and go without putting them into action.

It is better to feel angry sometimes rather than merely to repress anger. Although your mind may be angry, do not let your heart know it. Remain unaffected. If you never feel angry you will be like stone, in which form the mind is least developed.

Let the thoughts of anger, lust and greed come and go freely without putting them into words and deeds. Then the related impressions on your mind begin to wear out and become less harmful.

When you feel angry or have lustful thoughts, remember Baba at once. Let my name serve as a net around you.

God-The Beloved

How To See And Realize Him ?

You are convinced of Gods' existence. God exists; therefore God is to be sought, seen and realized. Do not search for God outside of you. God can only be found within you, for His only abode is the heart. But you have filled the abode with millions of strangers and He cannot enter, for God is shy of strangers. So unless you strip your abode of the milli-

ons of strangers you have filled it with, you cannot find God.

What are these strangers? They are your age-old desires—your millions of wants. These are strangers to God for incompleteness in the form of wanting is fundamentally foreign to God, who is All-Sufficient and wanting in nothing. His omniscience and omnipotence will not brook it. Honesty in your dealings will clean your heart of strangers. So push the tenants out of your abode that is His and you will see Him and realize Him.

Do Not Seek And You Will Find

‘Seek and you shall find’ has become such a common-place that spiritual aspirants have begun to wonder what it means. To them I say, Do not seek and you will find.

Do not seek material pleasure and you will find the spiritual tre-

asure. This means, seek only God by not seeking material pleasures, and you will find God.

You can only seek God through self-denial. The spiritual treasure cannot be obtained by merely stretching out your hand for it. Only in the completeness of self-denial can the spiritual treasure become self-evident.

There are three ways of obtaining the spiritual treasure:

To earn it yourself by self-denial;
To receive it as a spontaneous gift from God given to His lover whose self has become effaced in the intensity of his longing for his Beloved;

To inherit it directly from the Perfect Master who bequeaths it to those who remain completely resigned to His will.

Therefore if you wish to find

the treasure, stop seeking material pleasure. Seek the kingdom of heaven by not seeking the kingdom of earth, and you will find it.

Love Can Make You :

- 1 Unlearn all you have learned intellectually. Not remember the past, forget the present, and not think of the future.
- 2 Renounce everything and everyone including your own self.
- 3 Escape from all that is illusory and take refuge in Reality.
- 4 Burn all your desires and longings and kindle the one and only desire and longing—union with the Divine Beloved.
- 5 Become God, live God's life and make others God unto yourself.
- 6 To be worthy of the Divine-gift of this Love, let all your thoughts, words and deeds be controlled by the constant remembrance of God.

MEHER BABA'S UNIVERSAL MESSAGE

I have come not to teach but to awaken. Understand therefore, that I lay down no precepts.

Throughout eternity I have laid down principles and precepts, but mankind has ignored them. Man's inability to live God's words makes the Avatar's teaching a mockery. Instead of practising the compassion, He taught, man has waged crusades in His name. Instead of living the humility, purity and truth of His words, man has given way to hatred, greed and violence.

Because man has been deaf to the principles and precepts laid down by God in the past, in this present Avataric Form I observe Silence. You have asked for and been given enough words—it is now time to live them. To get

nearer and nearer to God you have to get further and further away from "I", "my", "me" and "mine". You have not to renounce anything but your own self. It is as simple as that, though found to be almost impossible. It is possible for you to renounce your limited self by my Grace. I have come to release that Grace.

I repeat, I lay down no precepts. When I release the tide of Truth which I have come to give, men's daily lives will be the living precept. The words I have not spoken will come to life in them,

I veil myself from man by his own curtain of ignorance, and manifest my Glory to a few. My present Avataric Form is the last Incarnation of this cycle of time, hence my Manifestation will be the greatest. When I break my Silence, the impact of my Love will be univer-

sal and all life in creation will know, feel and receive of it. It will help every individual to break himself free from his own bondage in his own way. I am the Divine Beloved who loves you more than you can ever love yourself. The breaking of my Silence will help you to help yourself in knowing your real Self.

All this world confusion and chaos was inevitable and no one is to blame. What had to happen has happened ; and what has to happen will happen. There was and is no way out except through my coming in your midst. I had to come, and I have come. I am the Ancient One.

* * *

The Seven Realities

Meher Baba gives no importance to creed, dogma, caste systems and the performance of religious ceremonies and rites, but to the UNDERSTANDING of the following

seven Realities :

- 1 The only REAL EXISTENCE is that of the One & only God, who is the Self in every (finite) self.
- 2 The only REAL LOVE is the Love for this Infinity (God). which arouses an intense longing to see, know and become one with its Truth (God).
- 3 The only REAL SACRIFICE is that in which, in pursuance of this Love, all things, body, mind, position, welfare and even life itself are sacrificed.
- 4 The only REAL RENUNCIATION is that which abandons, even in the midst of worldly duties, all selfish thoughts and desires.
- 5 The only REAL KNOWLEDGE is the knowledge that God is the inner dweller in good people and so-called bad, in saint and so-called sinner. This Knowledge

requires you to help all equally as circumstances demand, without expectation of reward and when compelled to take part in a dispute, to act without the slightest trace of enmity or hatred; to try to make others happy with brotherly or sisterly feeling for each one; to harm no one in thought, word or deed, not even those who harm you.

6 The only REAL CONTROL is the discipline of the senses from indulgence in low desires, which alone ensures absolute purity of character.

7 The only REAL SURRENDER is that in which the poise is undisturbed by any adverse circumstance and the individual, amidst every kind of hardship, is resigned with perfect calm to the will of God.

MEHER BABA

on

PRAYER & MEDITATION

Prayers :

Avatar Meher Baba has given two prayers :—

- (a) The Universal Prayer
("O, Pravardigar) :
see page 40
- (b) The Prayer of Repentance
see page 42

Meditation :

Meditation is neither devotion nor love. Meditation means mental pursuit in pinning down the object of one's thoughts before one's mind's eye.

I attach more importance to Love and Work than to MEDITATION. If you love a person, you naturally and spontaneously think about him. There is no question of forcing the mind in such meditation.

For guidance on Meditation see Discourses Vol III and The Divine-Theme by Meher Baba.

* * *

WHY SHOULD MISERY PERPETUALLY EXIST ON EARTH IN SPITE OF GOD'S INFINITE LOVE AND MERCY ?

Meher Baba answers : "The Source of Eternal Bliss is the self in all and the cause of perpetual misery is the selfishness of all. As long as satisfaction is derived through selfish pursuits, misery will always exist. Only because of the Infinite Love and Mercy of God can man learn to realize, through the lesson of misery on Earth, that inherent in him is the source of Infinite Bliss and that all suffering is his labour of love to unveil his own Infinite Self."

UNIVERSAL PRAYER

O Parvardigar, the Preserver and Protector of All.

You are without Beginning, and without End ;

Non-dual, beyond comparison ; and none can measure You.

You are without colour, without expression, without form and without attributes.

You are unlimited and unfathomable beyond imagination and conception; eternal and imperishable.

You are indivisible; and none can see You but with eyes divine.

You always were, You always are and You always will be ;

You are everywhere, You are in everything ; and You are also beyond everywhere ; and beyond everything.

You are in the firmament and in the depths. You are manifest and

unmanifest; on all planes, and
beyond all planes.

You are in the three worlds, and
also beyond the three worlds ;

You are imperceptible and indepe-
ndent.

You are the Creator, the Lord of
Lords, the Knower of all minds
and hearts ; You are Omnipotent
and Omnipresent.

You are Knowledge Infinite, Power
Infinite, and Bliss Infinite.

You are the Ocean of Knowledge,
All-Knowing, Infinitely-Knowing ;
the Knower of the past, the
present and the future ; and You
are Knowledge itself.

You are All-merciful and eternally
benevolent.

You are the Soul of souls, the One
with infinite atributes ;

You are the Trinity of Truth ; Know-
ledge, and Bliss ;

You are the Source of Truth, the
Ocean of Love ;

You are the Ancient One, the High-
est of the High ; You are Prabhu
and Parameshwar ; You are Be-
yond-God, and the Beyond-
Beyond-God also : You are
Parabrahma, Paramatma ; Allah ;
Elahi ; Yezdan ; Ahuramazda ;
God Almighty ; and God the
Beloved.

You are named Ezad : the only.
One worthy of worship.

* * *

THE PRAYER OF REPENTANCE

" We repent, O God, most Merciful,
for all our sins, for every thought
that was false or unjust or un-
clean, for every word spoken,

that ought not to have been spoken, and for every deed done that ought not to have been done.

" We repent for every deed and word and thought inspired by selfishness, and for every deed word and thought inspired by hatred.

" We repent most especially for every lustful thought, and every lustful action; for every lie; for all hypocrisy; for every promise given but not fulfilled. and for all slander and backbiting.

" Most especially also, we repent for every action that has brought ruin to others, for every word and deed that has given others pain, and for every wish that pain should befall others.

" In your Unbounded Mercy, we ask you to forgive us. O God,

for all these sins committed by us, and to forgive us for our constant failures to think and speak and act according to Your Will".

* * *

These Prayers were dictated by
Avatar Meher Baba



List of American "Public Holidays" for the year 1970

January 1	New Year
February 12	President Abraham Lincoln's Birthday (optional)
February 22	President George Washington's Birth Day
April 6	Easter (optional)
May 30	Memorial Day
July 4	Independence Anniversary
July 24	Landing of Apollo-11
September 1	Labor Day
October 12	Christopher Columbus discovered America (optinal)
November 11	Veterans Day
November 27	Thanks giving Day
December 25	Happy Christmas

List of Holidays in United Kingdom for the year 1970

British Bank Holidays :

Friday, 27th March
Thursday, 30th March
Monday, 22nd May
Monday, 31st August
Friday, 25th December
Saturday, 26th December

Scottish Bank Holidays :

Thursday, 1st January
Friday, 27th March
Monday, 25th May
Monday, 10th August
Friday, 25th December

Holidays in Australia For the Year 1970

1st January	New Year's Day
26th January	Australia Day
27th March	Good Friday
6th April	Easter Monday
25th April	Anzac Day
23rd June	Queen's Birth Day
25th December	Christmas Day
26th December	Boxing Day

List of Holidays in India—1970

Star marked are closed holiday
out side Delhi

<u>Holidays</u>	<u>Dates</u>
*Republic Day	26th January
*Idul-Zuha	17th February
*Muharram	19th March
Holi	23rd March
*Good Friday	27th March
Ramanavami	15th April
*Buddha Purnima	21st May
*Independence Day	15th August
Janmastami	24th August
*Mahatma Gandhi's Birth-Day.	2nd October
Dushera	8th & 9th Oct.
Diwali	29th October
*Guru Nanak's Birth-Day.	13th November
*Idu'l Fitr	1st December
*Christmas Day	25th December

1970

January

When one's bhakti is at its zenith,
one begins to love.

Thursday 1

Friday 2

Saturday 3

January

Love is silent and sublime, devoid of outward expressions. Devotion expresses itself outwardly.

4 Sunday

5 Monday

6 Tuesday

1970

You cannot bargain for love.

Wednesday 7

Thursday 8

Friday 9

January

**Be greedy to own more and more
wealth of tolerance and justice.**

10 Saturday

11 Sunday

12 Monday

1970

In the spiritual life, there is no
room for compromise.

Tuesday 13

Wednesday 14

Thursday 15

January

**Be true to the Trust I Repose in you
and Remember Me Wholeheartedly,
My Love and Blessing to you.**

16 Friday

17 Saturday

18 Sunday

1970

Don't run away from the world ;
run away from your own lower self.

Monday 19

Tuesday 20

Wednesday 21

UNIVERSAL PRAYER

O Parvardigar, the Preserver and Protector of All.

You are without Beginning, and without End ;

Non-dual, beyond comparison ; and none can measure You.

You are without colour, without expression, without form and without attributes.

You are unlimited and unfathomable beyond imagination and conception; eternal and imperishable.

You are indivisible; and none can see You but with eyes divine.

You always were, You always are and You always will be ;

You are everywhere, You are in everything ; and You are also beyond everywhere ; and beyond everything.

You are in the firmament and in the depths. You are manifest and

unmanifest; on all planes, and
beyond all planes.

You are in the three worlds, and
also beyond the three worlds ;

You are imperceptible and inde-
pendent.

You are the Creator, the Lord of
Lords, the Knower of all minds
and hearts ; You are Omnipotent
and Omnipresent.

You are Knowledge Infinite, Power
Infinite, and Bliss Infinite.

You are the Ocean of Knowledge,
All-Knowing, Infinitely-Knowing ;
the Knower of the past, the
present and the future ; and You
are Knowledge itself.

You are All-merciful and eternally
benevolent.

You are the Soul of souls, the One
with infinite attributes ;

You are the Trinity of Truth ; Know-
ledge, and Bliss ;

You are the Source of Truth, the
Ocean of Love ;

You are the Ancient One, the High-
est of the High ; You are Prabhu
and Parameshwar ; You are Be-
yond-God, and the Beyond-
Beyond-God also : You are
Parabrahma, Paramatma ; Allah ;
Elahi ; Yezdan ; Ahuramazda ;
God Almighty ; and God the
Beloved.

You are named Ezad : the only.
One worthy of worship.

* * *

THE PRAYER OF REPENTANCE

“ We repent, O God, most Merciful,
for all our sins, for every thought
that was false or unjust or un-
clean, for every word spoken,

that ought not to have been spoken, and for every deed done that ought not to have been done.

" We repent for every deed and word and thought inspired by selfishness, and for every deed word and thought inspired by hatred.

" We repent most especially for every lustful thought, and every lustful action; for every lie; for all hypocrisy; for every promise given but not fulfilled. and for all slander and backbiting.

" Most especially also, we repent for every action that has brought ruin to others, for every word and deed that has given others pain, and for every wish that pain should befall others.

" In your Unbounded Mercy, we ask you to forgive us. O God,

for all these sins committed by us, and to forgive us for our constant failures to think and speak and act according to Your Will".

* * *

These Prayers were dictated by
Avatar Meher Baba



List of American "Public Holidays" for the year 1970

Janunry 1	New Year
February 12	President Abraham Lincoln's Birthday (optional)
February 22	President George Washington's Birth Day
April 6	Easter (optional)
May 30	Memorial Day
July 4	Independence Anniversay
July 24	Landing of Apollo-11
September 1	Labor Day
October 12	Christopher Columbus discovered America (optinal)
November 11	Veterans Day
November 27	Thanks giving Day
December 25	Happy Christmas

List of Holidays in United Kingdom for the year 1970

British Bank Holidays :

Friday, 27th March
Thursday, 30th March
Monday, 22nd May
Monday, 31st August
Friday, 25th December
Saturday, 26th December

Scotish Bank Holidays :

Thursday, 1st January
Friday, 27th March
Monday, 25th May
Monday, 10th August
Friday, 25th December

Holidays in Australia

For the Year 1970

1st January

New Year's Day

26th January

Australia Day

27th March

Good Friday

6th April

Easter Monday

25th April

Anzac Day

23rd June

Queen's Birth Day

25th December

Christmas Day

26th December

Boxing Day

List of Holidays in India—1970

Star marked are closed holiday
out side Delhi

<u>Holidays</u>	<u>Dates</u>
*Republic Day	26th January
*Idul-Zuha	17th February
*Muharram	19th March
Holi	23rd March
*Good Friday	27th March
Ramanavami	15th April
*Buddha Purnima	21th May
*Independence Day	15th August
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wealth of tolerance and justice.**

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January

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and Remember Me Wholeheartedly.
My Love and Blessing to you.

16 Friday

17 Saturday

18 Sunday

1970

Don't run away from the world ;
run away from your own lower self.

Monday 19

Tuesday 20

Wednesday 21

January

**He who does not want things, to
him things come.**

28 Wednesday

29 Thursday

30 Friday

1970

God cannot be discussed. God cannot be explained.

Saturday 31

When from the depths of his heart, man desires something more real than material power, the wave of destruction will recede. Thence peace will come, joy will come, light will come.

February

Love does not require the presence
of the Beloved in order to love.

1 Sunday

2 Monday

3 Tuesday

1970

Selfishness leads to dissatisfaction
and disappointment because desires
are endless.

Wednesday 4

Thursday 5

Friday 6

February

**You are not to give up your religion,
but to give up clinging to the outer
husk of mere ritual and ceremonies.**

7 Saturday

8 Sunday

9 Monday

1970

My rhythm of Truth shall redeem
you. My love will guide you.

Tuesday 10

Wednesday 11

Thursday 12

February

Seek not other reward than the gift
of Divine Love.

13 Friday

14 Saturday

15 Sunday

1970

I am the Ocean of Love. You shall
be redeemed. You shall find My
Peace.

Monday 16

Tuesday 17

Wednesday 18

February

0721

It is easy to ask questions, but it
needs past preparation to grasp
what I explain.

19 Thursday

20 Friday

21 Saturday

1970

Trust God completely, and He will
solve all your difficulties.

Sunday 22

Monday 23

Tuesday 24

February

Seek only God, by not seeking material pleasures and you will find God.

25 Wednesday

26 Thursday

27 Friday

1970

Have hope. I have come to sow
the seed of love in your hearts.

Saturday 28

No hard and fast rule can be laid
down for the Attainment of Reality.
Every human being is a law unto
himself on the Path. There is no
such thing as failure on the journey
towards Truth or God. It is merely
a question of me.

March

0701

Real happiness lies in making others happy.

1 Sunday

2 Monday

3 Tuesday

1970

Page 11

Where there is love, there is oneness.

all been

Wednesday 4

Thursday 5

Friday 6

March

I can make man become what he cannot achieve by himself. You need Me.

7 Saturday

8 Sunday

9 Monday

1970

The aim of life, and the real goal of all creation, is to achieve true Self-consciousness.

Tuesday 10

Wednesday 11

Thursday 12

March

0781

The ego-mind must meet actual death if God is to be seen and realized.

13 Friday

14 Saturday

15 Sunday

1970

**Do not try to conquer others-
conquer yourself and you have
conquered the world.**

Monday 16

Tuesday 17

Wednesday 18

March

Except God, all things are like a passing show. God is never-changing, all else is ever-changing.

19 Thursday

20 Friday

21 Saturday

1970

The voice of intuition is My voice.

Sunday 22

Monday 23

Tuesday 24

March

Hate non but your lustful self.

25 Wednesday

26 Thursday

27 Friday

1970

One who dies for God lives for
ever. Real living is dying for God.

Saturday 28

Sunday 29

Monday 30

March

Remember Me and I am with you.
You will know My Reality through
direct experience.

31 Tuesday

Food and Clothing rank lowest
amongst the services one can render
to the Needy. Next better comes
Education. But the Highest Service
consists in imparting Spirituality or
Knowledge of God.

1970

April

**Love burns the lover. Devotion
burns the Beloved.**

Wednesday 1

Thursday 2

Friday 3

April

Through unfathomable ways, I lead
you to liberation.

4 Saturday

5 Sunday

6 Monday

1970

When God is found, you can have
no idea what infinite Bliss and
Peace is gained.

Tuesday 7

Wednesday 8

Thursday 9

April

Deny your false self, and your real self asserts itself.

10 Friday

11 Saturday

12 Sunday

1970

You can earn Godhood with the
blood of your heart.

Monday 13

Tuesday 14

Wednesday 15

April

Why is it so impossible to find God ? It is because you are looking for something you never lost.

16 Thursday

17 Friday

18 Saturday

1970

No amount of intellect can fathom Me. No amount of austerity can know Me.

Sunday 19

Monday 20

Tuesday 21

April

**The heart of man has always been
the ancient temple for the worship
of the Ancient One.**

22 Wednesday

23 Thursday

24 Friday

1970

Nothing can house the Ancient One
that does not house love.

Saturday 25

Sunday 26

Monday 27

April

Don't seek solitude anywhere but
within your own self.

28 Tuesday

29 Wednesday

30 Thursday

1970

May

No amount of penance, meditation,
puja can give the gift of Love.

Friday 1

Saturday 2

Sunday 3

May

I am not come to establish any cult,
society or organization ; nor even
to establish a new religion.

4 Monday

5 Tuesday

6 Wednesday

1970

**No religion was ever intended to
be anything more than the Gateway
to God as Truth.**

Thursday 7

Friday 8

Saturday 9

May

God can only be captured by Love.

10 Sunday

11 Monday

12 Tuesday

1970

**Truth is beyond the reach of mind.
Mere intellectual understanding
does not bring God nearer to you.**

Wednesday 13

Thursday 14

Friday 15

May

**The person is rare who possesses
an insatiable longing for truth.**

16 Saturday

17 Sunday

18 Monday

1970

Let Me help you I can help you.

Tuesday 19

Wednesday 20

Thursday 21

May

1997

God is your innermost self. Do not search for God outside of you.

22 Friday

23 Saturday

24 Sunday

1970

I am the Light producing order in everyone. I am the Ancient One.

Monday 25

Tuesday 26

Wednesday 27

May

0521

Begin to love God by loving Your fellow beings.

28 Thursday

29 Friday

30 Saturday

1970

One who cannot restrain his tongue
cannot restrain his mind.

Sunday 31

There is no difference in the
realization of Truth either by a
Muslim, Hindu, Zoroastrian or a
Christian. The difference is only
of Words and Terms. Truth is not
the Monopoly of a particular Race
or Religion.

June

Long for the union with the Beloved.

1 Monday

2 Tuesday

3 Wednesday

1970

1970

Love is dynamic in action and
contagious in effect.

Thursday 4

Friday 5

Saturday 6

June

Begin to see God by seeing Him
in all beings and things.

7 Sunday

8 Monday

9 Tuesday

1970

2011

Love means suffering and pain for
oneself and happiness for others.

Wednesday 10 21

Thursday 11 21

Friday 12 21

June

1870

Want nothing and You will have
everything.

13 Saturday

14 Sunday

Monday 15

1970

0000

There is nothing that love cannot
achieve. There is nothing that love
cannot sacrifice.

Tuesday 16

Wednesday 17

Thursday 18

June

Love God sincerely and He will
reveal Himself to you.

19 Friday

20 Saturday

21 Sunday

1970

amul

Do not make a show of your faith
and beliefs. Give up all forms of
parrotry.

Monday 22

Tuesday 23

Wednesday 24

June

Love gives ; Devotion asks. The
greatest law of God is Love.

25 Thursday

26 Friday

27 Saturday

1970

viol

God is not understood, until He
is understood as Infinite Love.

at the end of the world

Sunday 28

Monday 29

Tuesday 30

July

God reveals Himself only to that mind which is entirely devoid of egoism and egotism.

1 Wednesday

2 Thursday

3 Friday

1970

God does not abandon those who trust Him.

Saturday 4

Sunday 5

Monday 6

July

It is necessary to experience being caged to appreciate freedom.

7 Tuesday

8 Wednesday

9 Thursday

1970

**The purpose of life is to realize God
within ourselves.**

Friday 10

Saturday 11

Sunday 12

July

It is time you started dying...the
death of low desires.

13 Monday

14 Tuesday

15 Wednesday

1970

Always remember that ceremonies
cover Me but pure worship reveals
Me.

Thursday 16

Friday 17

Saturday 18

July

God is everywhere and does everything, God is beyond us and IS everything.

19 Sunday

20 Monday

21 Tuesday

1970

Do not act outwardly what you are not inwardly. The greatest sin is hypocrisy.

Wednesday 22

Thursday 23

Friday 24

July

Things that are real are always
given and received in silence.

25 Saturday

26 Sunday

27 Monday

1970

To serve the God-Man who serves
all is serving the universe.

Tuesday 28

Wednesday 29

Thursday 30

July

Only when one loves Me and losses
one's self in Me, am I found.

31 Friday

Whether men soar to outer
space or dive to the bottom of
the deepest ocean they will find
themselves as they are, unchanged,
because they will not have forgot-
ten themselves nor remembered to
exercise the charity of forgiveness.

1970

August

The language of the heart is the
song of Love for the Beloved.

Saturday 1

Sunday 2

Monday 3

August

Hope for nothing except to rise
above all hopes.

4 Tuesday

5 Wednesday

6 Thursday

1970

I am the One so many seek and so few find.

Friday 7

Saturday 8

Sunday 9

August

True love is no game of the faint-hearted and the weak; it is born of strength and understanding.

10 Monday

11 Tuesday

12 Wednesday

1970

One who cannot restrain his mind
cannot restrain his actions.

Thursday 13

Friday 14

Saturday 15

August

The more you try to understand
God, the less you understand Him.

16 Sunday

17 Monday

18 Tuesday

..

1970

Seek not to possess anything but
to surrender everything.

Wednesday 19

Thursday 20

Friday 21

August

Do not submit to desires but try to control them.*

22 Saturday

23 Sunday

24 Monday

1970

*One who cannot restrain his actions cannot restrain himself.

Tuesday 25

Wednesday 26

Thursday 27

August

You should look upon physical and mental suffering as gifts from God.

28 Friday

29 Saturday

30 Sunday

1970

Pure love is the Beginning and
Ending of everything.

Monday 31

Perfect Masters have always to contend with antagonistic forces. Nay they even create opposition in order to impart greater force to their working for the Spiritual Uplift of Humanity. The more The Bow is drawn backwards-the greater the distance travelled by the Arrow.

September

The religion that I shall give teaches the knowledge of the one behind the many.

1 Tuesday

2 Wednesday

3 Thursday

1970

Mercy is God's nature. Bliss is
God's original state.

Friday 4

Saturday 5

Sunday 6

September

A soul becomes perfect after passing through evolution, reincarnation and the process of realization.

7 Monday

8 Tuesday

9 Wednesday

1970

God cannot be argued about. God
cannot be theorized.

Thursday 10

Friday 11

Saturday 12

September

To faithfully love God-Man is to
truly worship God.

13 Sunday

14 Monday

15 Tuesday

1970

It is love, not questioning, that will
bring God to you.

Wednesday 16

Thursday 17

Friday 18

September

Uninvited suffering is a blessing in disguise.

19 Saturday

20 Sunday

21 Monday

1970

LOVE GOD. What is God ? LOVE.

Tuesday 22

Wednesday 23

Thursday 24

September

Be resigned completely to My Will
and My Will will be yours.

25 Friday

26 Saturday

27 Sunday

1970

God loves most those who suffer most.

Monday 28

Tuesday 29

Wednesday 30

October

When I speak, I shall manifest My
True Self.

1 Thursday

2 Friday

3 Saturday

1970

I am nearer to you than your own
breath.

Sunday 4

Monday 5

Tuesday 6

October

Come prepared to receive not so much of My words but of My silence.

7 Wednesday

8 Thursday

9 Friday

1970

Give unto Me all your shortcomings, I will lift you above them.

Saturday 10

Sunday 11

Monday 12

October

There are always at all times and in all cycles and ages, 56 God-realized souls.

13 Tuesday

14 Wednesday

15 Thursday

1970

What is love ? To give and
never to ask.

Friday 16

Saturday 17

Sunday 18

October

**Serve Him who serves the whole
Universe; Obey Him who Comm-
ands the Whole Creation;***

19 Monday

20 Tuesday

21 Wednesday

1970

***Love Him Who is Love itself
Follow Him in every walk of life**

Thursday 22

Friday 23

Saturday 24

October

The different souls are in the Over-Soul. and One with it.

25 Sunday

26 Monday

27 Tuesday

1970

Selfless service and love are twin
divine qualities.

Wednesday 28

Thursday 29

Friday 30

October

When only one desire remains,
Love manifests in full glory.*

31 Saturday

November

*because only in the Divine Beloved
is Love infinite purity.

Sunday 1

Monday 2

Tuesday 3

November

God can only be lived by losing
ourselves in Him through love.

4 Wednesday

5 Thursday

6 Friday

1970

God is a macrocosm. God is microcosm and God is also always beyond both.

Saturday 7

Sunday 8

Monday 9

November

I belong to no religion. The religion
I teach to all is Love for God.

10 Tuesday

11 Wednesday

12 Thursday

1970

Fortunate are they whose love is
tested by misfortune.

Friday 13

Saturday 14

Sunday 15

November

We cannot even witness the threshold of the Divine Path until we have conquered greed, anger & lust.

16 Monday

17 Tuesday

18 Wednesday

1970

God is within us and knows every-
thing.

Thursday 19

Friday 20

Saturday 21

November

God is deaf to the language of the mind and is keen to hear only the language of the heart.

22 Sunday

23 Monday

24 Tuesday

1970

Be angry with none but your own weakness.

Wednesday 25

Thursday 26

Friday 27

November

I have descended into the world to
serve you.

28 Saturday

29 Sunday

30 Monday

December

1970

**To each one I appear to be what
he thinks I am,**

Tuesday 1

Wednesday 2

Thursday 3

December

**As the heart is, so is the house; as
the ye is, so is the Image within the
house.**

4 Friday

5 Saturday

6 Sunday

1970

When Lover and Beloved are one,
that is the end and the beginning.

Monday 7

Tuesday 8

Wednesday 9

December

Serve others with the understanding
that in them you are serving Me.

10 Thursday

11 Friday

12 Saturday

1970

**Love Me above everything, for now
while I am in your midst. I am
most easily found as I really am.**

Sunday 13

Monday 14

Tuesday 15

1970

Serve Him who serves the whole
Universe; Love Him Who is Love
itself.

16 Wednesday

17 Thursday

18 Friday

December

Although I take birth for all mankind fortunate are the ones who love Me while I am on earth.

Saturday 19

Sunday 20

Monday 21

1970

Those who lose their all in ME will
find their all in ME ever after.

22 Tuesday

23 Wednesday

24 Thursday

December

Do your work selflessly and you
will be doing it for God.

Friday 25

Saturday 26

Sunday 27

1970

**The only place that can hold Me
is the heart.**

28 Monday

29 Tuesday

30 Wednesday

December

INFINITE LOVE IS GOD

Thursday 31

January

1971

1 Friday

2 Saturday

3 Sunday

Personal Memoranda

Name.....

Address.....

In Emergency.....
Notify

Phone (Res.)..... (office).....

Tele. Address.....

Motor/Scooter/Cycle No.....

Driving Licence No Due ...

Motor Insurance Premium due.....

Life Policy No.....Due....

Fire Policy No... .. Due.....

Bank/Post office

Pass Book A/c. No.....

MEMORANDA

MEMORANDA

MEMORANDA

Address

Tel. No.

A
B

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H

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M

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Q

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S

T

U

V

W

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