

# **MOWNAVATAR**

## **[ *The Spiritual Search Light* ]**

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LEARN THE ART OF DYING BEAUTIFULLY  
IN-ORDER TO LIVE SILENTLY THROUGH LOVE.

By  
**Dr. G. S. N. Moorthy, Geeta Bhushan,**



I have known Dr. Moorty from his childhood. He had ideals even then and he has continued to keep up his reputation all these years and has become an example to young and old. He has not only read Gita, but followed the ideals and principles contained therein.

— Bharat Ratna Dr. V. V. Giri

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## A SILENT INVITATION

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Like the Time-bomb, the "WORD" of words ( Shabda-Brahman ) is kept concealed in the Cosmic Heart of Silence; It is the "Seed-Word" ( Beeja-Mantra ) that sprouts forth in the soul of a seeker on the Path of Self-realisation and gradually grows into a 'Kalpa-Vriksha' yielding absolute freedom from needs & deeds. It is indeed a crowning feature in the realm of transcendental meditation. To reveal this Secret of secrets is my life's real purpose. It is the very aim of my SILENT MISSION which helps you to develop Inward-vision. It destroys all sense of division and creates the dynamic spirit of BHEDANTA YOGA.

"Maha MOWNA YAGNA" is a unique spiritual process to fulfill MY SILENT MISSION. He who performs this 'YAGNA' is bound to put an end to all his worries & miseries of life and establish JOY & PEACE at heart. I invite all to join me and share the richest experience of such a new 'Spiritual Awakening'. Enjoy the benefits of this rare Psycho-spiritual experiment by silently generating 'VISWA JYOTI' through the Omni-potent energy of self-communicative LOVE.

— Acharya Moorti

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Meeting with you has enriched my life ... Thanks for your 'writings' which I usually read in the silence before sleeping —

— Baron Von Blomberg.

( Knight Commander of Justice )

President : World Fellowship of Religions.

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[ *The Spiritual Search Light* ]



By

Dr. G. S. N. Moorty, Geeta Bhushan,

FOUNDER - DIRECTOR.

**The Silent Mission.**



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**GOLDEN JUBILEE**

**OF**

**The Great Silence Day**

**of**

**MOWNAVATAR MEHER BABA.**



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Spiritual knowledge can only be given in SILENCE  
like the dew that falls unseen and unheard, yet bringing  
into bloom masses of roses.

— Swami Vivekananda.

Things that are Real are always given and received  
in SILENCE.

— Meher Baba.



## The Spiritual Search - Light.

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To be at the Sacred Feet of our Silent Master, is to be at the Source of Peace. To come in contact with such a Lord of Mercy is to cut-short the long distance of God-Realisation and to close the current chapter of worries; And, to be admitted into the Divine Folds of His Embrace, is to receive the direct Grace of God.

Such is the wondrous Omni-potency of Mounavatar Meher Baba, the very Lord Incarnate of Love, who, despite innumerable sufferings that He has taken upon Himself, for the sake of humanity, to redeem the modern world, spiritually 'awakens' the sleeping souls on the globe, by silently switching on the Light of God, with frequent flashes of lightening smiles, breaking through the clouds of calamity, and thus dispelling the darkness of ignorance from the minds of one and all. He inspires courage and confidence in the heart of a seeker of self-realisation, by His most powerful silence, which is ever Eloquent. Still more marvellous is His quite unparalleled Instance of Incarnation of the Ancient One, unprecedented in the annals of human history as the matchless manner of meeting the spiritual need of the day by His own distinguished 'way' & 'say' is highly characterised by the gestures of God, the vibrational range of which reaches the Inmost Realm of heart, where one is made 'aware' of the Supreme Fact, by knowing which, all the mysteries of 'Life and Death' are unlocked. Under the eternal sun-shine of His Grace, one can easily locate the Destiny of destinies. The Sweet Fragrance of His Love makes one feel His immediate Presence. Baba holds the Crown of happiness in His hands and invites all the lovers of God to wear it and asks them to be cheerful. Never before did we come across such a Grand Figure of Living Importance, simultaneously depicting both 'CORONATION & CRUCIFIXION' at one stretch. How queer is the fact that God reflects Himself, in the Universal Mirror, as Baba, at all levels and in all planes of consciousness, at one and the same time !



Here is a unique example of our Silent Master who was breathlessly busy in his Mounavataric work from morn till night. As the rising sun appeared on the Eastern horizon, so did, the Lord of love, Meher Baba, appear before his lovers and devotees who came for His Darshan from even far off corners of the continents, at 7 in the morning, giving embrace to each one of them, issuing instructions while attending correspondence and above all, internally carrying on His Real Avataric Mission.

Out of His infinite Mercy, He is pleased to probe into the minutest details of daily activities of all those who come to find solace in the Master's Silence, and without omitting the smallest things of life, Baba makes them all feel 'at home' with Him, from their respective levels. May that person be a male or female, young or old, Baba solves all their problems through strange spiritual insight, in a twinkling of an eye, with a magnificent sense of humour. Baba is such a kind Doctor of humanity that even while He performs the major operation of the Cancer of Doubt, the Touch is felt so soft and gentle that the patient smiles even under the pain of operation ! Due to His unbounded love and compassion, for his Lovers, Baba takes sufficient care to see that the most abstract topics of esoteric significance are also explained in a very simple style giving easy examples and ordinary tidbits of 'home-truths' to be properly understood by all. For this purpose, He first creates a congenial climate of calmness and prepares a favourable back-ground to minimise the difficulty of understanding 'Higher Things of Life' by inaugurating intuitive silence.

For instance, when Baba wanted to tell about 'TRUE DEDICATION' He pointed out his finger towards one of his lovers present, and asked him to detail his daily routine. This particular person who had promised to work and dedicate his life for Baba and His Cause, just a few months back, happened to state, that, very recently, he had joined a 'socio-political



movement, for which he devotes 4 hours daily. Baba did appreciate the best intentions of the person who joined the movement; but, at the same time, the latter was asked to pause and ponder over the point, by reminding him about the previous **PLEDGE TO DEDICATE HIS LIFE TO BABA**. In a most emphatic manner, Baba gave out these instructive words: "Look here and know what 'TRUE DEDICATION' means: It demands total surrender and complete obedience of implicit type. What right have you got to commit yourself to any other party or movement, howsoever nice and noble it might be, when you have already once dedicated your whole life to Baba and His Cause. Once dedicated to Baba, the Highest of the High, you cease to have any claim upon yourself and your time, which became HIS. Otherwise, it cannot be called 'TRUE DEDICATION'. Certainly, it should be never partial. Baba went on telling, that motive might be good and the intentions honest, still, keeping in view the real spirit of one's Original Dedication of Life to Baba, which calls for a complete sacrifice of the whole 'ME & MINE' at the Altar of Baba's wish, if one manages to forget his previous **PLEDGE** and allows his whims to twist and turn his original intention and determination to a different direction, it is absolute negation of the real spirit of 'SELF-DEDICATION'. If it is genuine **DEDICATION**, it must be deep rooted in one's unflinching faith in **ONE AND THE ONLY ONE MASTER**. It must be unalterable, unshakable and undaunted. It must be free from all frailties. It must not stoop to tempting changes for temporal benefits. Under no circumstances, one should break the **FIRST PLEDGE** of **DEDICATION**, as otherwise, the results of any such subsequent commitments, are bound to recoil and return to **BABA**, to whom the **ORIGINAL DEDICATION** is made.

Mottos and motives, intentions and inclinations must be uniformly blended to beautifully match with the exact colour of the Original Dedication and it must be carefully seen that the paint of perfection applied on 'determination' may not peel off



before varnishing the V O W of DEDICATION to BABA. Further, all precautionary measures must be taken, in order that the main steel-frame of Faith does not get rusted and corroded, when exposed to the ever-changing weather conditions of life or subjected to the moisture of moods. It must be stainless. It is therefore, essential and inescapable that implicit obedience must be sincerely cultivated, from the depth of one's heart, right from the start, to produce a bumper crop of beautiful virtues and not 'soft-virtues' in the field of 'self-dedication' and that depends on the firmness of one's own CONVICTION. A mighty mansion of faith can be built only on the strongest foundation of 'firm conviction' so that it may withstand the onslaughts of Opposite Forces and remain unaffected by any number of devastating storms of destruction.

After thus arranging the suitable background of profound faith, in the mind of the disciple, Baba has presented the CREAM OF ALL KNOWLEDGE through His MESSAGE OF LOVE, which is ever radiated from the Avataric Personality of Baba. But, immediately, he strikes a note of warning to all his lovers and devotees that any distraction at the time of DISCOURSE, will make them lose the opportunity given and they will miss the buss.

## Blissful Agony.

Now started the discourse by Baba on 'Blissful Agony'. It was a deep subject selected for that morning. The chief item of the subject was inter-twined with 'Intense longing of Love for the Beloved'. He said with Divine Authority that 'Love for the Beloved must be as natural as breathing'. Our longing of love must naturally correspond with the continuous breathing that we do. In fact, our love for the Beloved must be the very life-breath of our existence. When this finest Flower of Love blossoms in the garden of God, during the season of silence, the pain of



separation from the Divine Beloved, though severe, engenders a RARE EXPERIENCE OF 'BLISSFUL AGONY'. It is beyond the limited scope of any vocabulary of words to describe the psychic condition of that 'ECSTATIC-PAIN', PERSISTING IN THE PROVINCE OF LIFE. To make it easier for understanding, Baba gave a fitting example to unfold the secret of Bliss.

It is like this; Suppose, one scorpion stings a person on any part of his body. We know the effect, that instantaneously, he begins to feel the burning-sensation, from head to foot. Under the torture of pain, he cannot concentrate on anything else. He is caught in the currents of killing-pain. The pain is felt throughout the body of the person rendering him utterly restless. Even if an Angel appears before him at that time, that person is not at all attracted, however glamorously she may look at him. At that moment of extreme agony, it is quite unthinkable that the person can cast a single glance of gladness at her, because, there is a burning sensation being circulated throughout the system of his body, as a result of scorpion bite. The sense of enjoyment is reduced to ashes. To him, for the time being, there is only one reality and that happens to be the scorpion-sting and its shooting pain shattering the whole nervous-system.

When such is the effect, of only one sting of the scorpion that even the queen of beauty cannot attract him, at the time of suffering, how much more shall be the unbearable burning-sensation when bitten by billions and billions of scorpions at the same time. Surely, it will be a fierce form of pain to an unimaginable extent. He will, at that time, feel as if, his entire physical frame is being blown up to bits on account of intolerable burning-sensation within. So much so, that all his consciousness, gets submerged in the maximum intensity of pain and agony.

But, the agony of longing of love for the Beloved, in the pangs of separation, is still much more than this, as it surpasses



the climax, and yet, this agony of longing of love for the Beloved is known as 'BLISSFUL AGONY'. It is then that a funeral of all wordly attractions and earthly charms is performed in this state of 'BLISSFUL AGONY'. There is a Fountain of inexpressible-ecstasy at the bottom of 'the longing of Love for the Beloved in the pangs of separation, which is never exhausted. Drowned in this 'BLISSFUL AGONY', one becomes indifferent to all illusions of the world. No more does he turn his face to false appearances. All his attention and mind gets inwardly drawn and centred at ONE FIXED POINT i. e., THE DIVINE DESTINY. He remains unconscious of any external beauty of this globe.

In this way as Baba was explaining the subject seriously, a lover of Baba was noticed by Him to be repeatedly looking behind. The matter was taken up, in all gravity, and it was impressed upon him that Baba does not tolerate the least distraction during the course of spiritual-discourses, because the attention is split up shattering the interest of others and ultimately defeating the very object and purpose of the 'DISCOURSE'. In this regard, Baba does not spare even his nearest disciple, if he becomes the cause of slightest distraction. Evidently, Baba also does not allow any interference from others while the discussion is in process, as otherwise, it would mean a ruthless assassination of attention and interest of others who are absorbed in listening to such a Spiritual Discourse. This act of disturbance therefore, is termed as 'TRAGEDY OF LOVE', among the lovers of Baba. At this juncture, Baba has recalled to memory a similar incident that occurred previously; while he was discoursing on a serious subject, some one came in the middle, to remind Baba about grains for the hen, thus bringing Him down to the lowest level of earth, from the highest peak of spiritual explanation. Such was the 'TRAGEDY'.

But Baba never terminates the Truth at 'tragedy'. He has not incarnated to encourage the sentiments of pessimism in



a war-worried world, already groaning under the terrible torture of materialism. But, the Lord of Mercy, has definitely come, to lift us and pick up from the pitfalls of pride and prejudice, who arms and equips his followers to fight out the furious foe of frustration born of 'tragedies'. He is so gracious to lead his disciples to the Home of Happiness. He carries with Him a Heaven of Hope for mankind.

But, BABA, the FUTURE HOPE OF HUMANITY, also gave the picture of 'COMEDY OF LOVE' as well. Baba mentioned that on a previous occasion, an ardent lover of Baba from Andhra came for His darshan along with his party. All of them knew only their Mother Tongue Telugu and no other language. After Darshan and embrace, Baba wanted to convey something through usual gestures being interpreted in English, which could not be understood by any one of them. A funny situation was created. A local person knowing Telugu and English was brought to interpret Baba, who also failed. Finally, Baba repeated his gestures in silence to the lover without the aid of any interpreter. Quite surprisingly, this could be understood by them and they all felt happy. Baba also nodded his head as having understood the language of their Heart. This was really a 'COMEDY OF LOVE'.

This language of hearts is an extraordinary means of communication of thoughts and ideas. It is neither derived from the Faculty of Reason nor developed on the basis of intellectual support. It is complete and self explanatory. Its potentiality is unquestionable. It penetrates deep into the heart and illumines the entire region of 'Inner World'.

For a while, Baba sat motionless, after finishing with 'the comedy of love'. It then seemed that He was on the summits of "I AM GOD" - State. He soon came down to the human level, and said, that the Highest Truth is beyond all tragedies and



comedies. Tragedy and Comedy are the twins of the Same Truth. Baba indicates the balance of power between the 'tragedy & comedy' of love; it may be said, that those are like parallel rails on which the train of thoughts about life and love moves on

The highest state of spiritual bliss, is the most perfect state of tranquility, transcending all limitations of duality. From that Non-dualistic-divine-Plane, Baba tickles the soul consciousness of his lovers and makes them realise that 'BABA IS THE SAME ANCIENT ONE', having emerged from the Portals of Infinite Truth, Infinite knowledge and Infinite Bliss. This Godly proclamation that Baba is 'The Ancient One', is made by Him from time to time, whenever He descends from God to man, without in any way, abrogating the fundamentals of the ORIGINAL PRINCIPLE OF THE ONE ABSOLUTE INDIVISIBLE TRUTH', while undergoing the unbroken and uninterrupted state of BLISSFUL AGONY in the Womb of Eternity.

Standing on the shore of Baba's Oceanic Love, let us all therefore, enjoy the pleasant Sun-bath of Soul-consciousness in Silence, on the sands of time and not merely waste our life like the little children trying to build sand-castles on sea-beach which are bound to be destroyed by a single kick

Sitting in the laps of God-The Mother, let us all taste from the Cup of that pure and unadulterated Love of Baba, which is sweeter than honey, but bearing in mind that is is not a joke to love Baba. It must be fully realised that when we go to embrace THE DIVINE BELOVED, we must be like the insect rushing to embrace THE FLAME, and let the whole 'EGO' be consumed by its FIRE.

Let us all feel the Touch of Immortality in the Kiss of God and let us sweetly pine for such a Silent Lord of Love in the increasing intensity of 'longing of love for the beloved' as that



alone can help to shape the Universal outlook of modern man and let this constitute "THE BE - ALL & END - ALL" of human civilization, which is infested with multitudes of miseries.

Let the lovers of Baba, issue an appeal to their own minds, melting in the marvels of modern-science, saying that, there is not an iota of doubt that if they endeavour to come more closely to Mehar Baba and care to listen to the mysterious Voice of Silence, that speaks in the language of thrills and thunders, cent-per-cent success will be achieved in establishing a New Paradise of Peace, on this very planet of ours. Such is the great Historic Advent of Mehar Baba, whose coming into the midst of man-kind, earmarks the Dawn of a New Era of Divine Humanity, in which there will be free flow of fresh currents of fraternity when the tide of truth is released.

Let us all love Baba more and more and let none make the mischief of measuring His Unfathomable depth, for, it is not untrue that one may meet a "WATERY - GRAVE" in the whirlpool of intellectual - arguments to understand GOD.

How fortunate are those who are ready to receive the golden - rays of Baba's grace in the Silent Focus of His Spiritual - Searchlight.





## The Inner Touch

Everybody is proud of his own impression of Mownavater Meher Baba, and it is one of the happiest tasks of life for a lover of Avatar Meher Baba to collect these many impressions of many minds. But by piecing them together, we never get at the real greatness of the Man. By summing up finites, we never reach infinity; and why? Because the infinite means quite another order of being and it cannot be manipulated as we manipulate things in space and time. It is superdimensional. So it is with the greatness of Meher Baba, or for that matter, the greatness of any really great Man. We do not realise His real greatness from the many impressions of his surface-life left on other minds. We have actually to touch that greatness by silent self-communion of soul.

The physical 'touch' of a Spiritual Master during his life-time, certainly, has its own 'awakening influence' in the psychic realm of a lover of God. But, this is not all. The deeper significance of true 'INNER TOUCH' is something else. The living touch of a living personality is less creative because it overwhelms, — is less definite, because it idealises our bearings. Living greatness produces the working conviction of its reality, but GREATNESS WITHDRAWN BEHIND TO INSPIRE THE SOUL MAKES ITS REALITY SPROUT FORTH IN THOUSAND VISIBLE FORMS. Greatness lives to make others believe, but dies to make others live. In life it is more impressive, in death it is more creative. Face to face impressions of the great, liberate noble impulses of the soul; soul to soul communion releases deeper formative forces which reproduce the deeper harmonies of thought and impulse. The living TOUCH of the master-soul so emphasises the particulars, that oftener we miss the harmonious expression of truth that He always is.



And was not Avatar Meher Baba a harmonious expression of truth? A revelation that did not contradict itself in essentials? Every custodian of Baba's memories should ask himself this question and try to compare notes with others equally fortunate. It might have been a general principle with beloved Baba to encourage everybody to grow along his own line of thought and impulse. But this does not mean his self-committal to all these countless lines of other people's thoughts and impulses. He might have watched over them in sympathy, might have sought to lead them along easy, gentle curves. But how can we call all those forth-goings of a great heart towards the struggles and strivings of others by the name of identities in principle?

And surely Baba had His own principles of Love to go by as a personification of Divine wisdom, as a Man among men or as a universal Beloved beyond all climes and creeds, and if it be said that His dynamic Silence rather spontaneously flowered into constant propriety of conduct and he had therefore no need of principles, then we would say that He did lay down principles of Truth and Love for mankind to follow. A spiritual Awakener cannot but do that and these twin principles are embodied in the 'sayings' he has left us. So here we meet with a very important factor in correct study of the Silent Master, a factor which is best calculated to check and arrange our casual impressions about Baba's Master Mind as revealed in his personal dealings and Sahavas 'sayings'. But even these personal impressions combined and harmonised with intellectual studies in his published works namely, 'God Speaks', 'Listen Humanity' etc. may yet fail to show us what He really was as the universal Teacher of wisdom, a system of truth, which is consistent in all its parts and as a whole, how various soever may be the affairs and problems of life it applies itself to and seeks to solve.

This synthetic wisdom contained and sustained in Love is the greatest need of the hour, for much confusion of thought has now arisen as to what exactly Baba taught to us in respect of our conduct



in life. And the very first point that requires to be impressed on our minds is that Baba's life and teachings embody a synthetic wisdom, a wisdom that in no case contradicts itself. If only we start with this clear acceptance of the Avataric self consistency, we may be expected to correctly understand those principles for which Baba stood and symbolised in life. A Master - mind that thinks out of the deepest Divine Experience can never be supposed to be really self - contradictory. So if people are found to be deriving self - contradictory inspirations or deducing self contradictory lines of thought from what they take to be Baba's 'sayings', one Lover or the other must be wrong and the presumption of correctness must be overwhelmingly in favour of that lover who succeeds best in representing all the views and teachings left by Baba in the perfect harmony of such a synthetic wisdom.

Few people habitually care to be self-consistent in their thoughts. Few people have in them the sublimity of a reason keeping pace with the flights of their impulses and passions. Few people have the wisdom to rationalise all their sentiments into a system. Naturally therefore, few people care to systematise all their impressions of Baba's life and teachings and most people add much of their own and subtract much of Baba's to formulate their own idea about the Avatar. And then there are many who cannot but allow only so much of Baba to flow into their mind and soul as they have need of space for. The chemicals in their minds can combine only with some few elements in Baba's sayings while others have no reaction. That there should be all these various types of recipients is quite natural, and nobody complains of that. But what right has anybody who fails to combine and harmonise in his presentation all the phases of Baba's Life-work all the moods of his divinity to say or think that he represents the synthetic wisdom of the Silent Master?

If such arrogance is allowed to run riot on all sides, the inevitable result will be dissipation of our heritage of Baba's



Love into conflicting forces of thought and conduct. But the Highest wisdom of an age may be depended upon to save itself from such dissipation for, it carries with itself a remedy. A revelation for the spiritual 'awakening' and 'uplift' of mankind is bound to have its own way of perpetuating itself and it employs its means thereto not by manipulating merely material or intellectual resources, but by lighting the sacrificial fire of man's spiritual self-consecration. The first sacrificial fire lit by the earliest Vedic sage created and shone upon the whole history of the Vedic ages, for all the achievements of religion and philosophy, of science and industry, of statecraft and war, rose and flourished round the many sacrificial fires kindled from the parent fire of Angira. So it is with the manmaking impulse which every great lasting message for mankind carries with itself. And Baba's Divine Wisdom has this impulse in it in abundance, so that a new humanity of self-consecrated lovers was a necessary outcome.

When human lives offer themselves to be burnt and hammered and shaped on the anvil of Baba's Silent inspiration, when we have the thorough self-concentration of human lives on the task of realising Baba's greatness, the best means of perpetuating his message becomes assured to us. We have the many impressions of Baba carried through life by people who lived with Him, we have the many 'sayings' and discourses of Baba published in books, but what crowns them all as a factor for perpetuating Baba's inspiration is the body of consecrated souls who have renounced everything else in life that they may realise Baba's Divinity and His Message. Life perpetuates itself only through life and never through books or intellectual impression. And the best way to understand life is not to theorise about it but to live it. So it is by trying to live the life of Baba love that we can best understand what He was and what he 'said' while the study of books or of impressions left on other minds is but auxiliary to it. And to the same end it is also necessary to start with the conviction that a mind like that of the Silent Master Meher Baba was never



really self-contradictory. Let us never forget that so long as we do not bring ourselves into spiritual communion and symphony with that synthetic Mind, it is idle to expect that any of us would ever be able to speak for Baba's Divine Love in any real sense, for that Love is ' wisdom ' which never admits of being represented through inconsistencies.



## The Silent Message



“ For ages have I been giving in Silence  
My Silent Message of Love  
You ask Me for a Message from My Silence  
But Silent are the words of My Silence,  
Silent is Love and the lover loves My Silence,  
and Silently adores Me in Silence—”

— Meher Baba.



## MOWNAVATAR MEHER BABA

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Mownavatar MEHER BABA, is the latest Emblem of complete cultural synthesis. Standing at the beautiful background of India, the constant Symbol of a "SACRED CROSS", the Lord of love in the form of MEHER BABA, stretches his one hand towards the West and the other towards the East, thus forming an eternal LINK between East and the West. "The past prefigures Him, the future shall illustrate Him and from Him the present shall draw its inspiration" His divine Love is the repository of all vital spiritual experiences. His Oceanic Silence embraces all the rivers of various languages of the world. It may as well be said of Baba that "He is a circle with Centre everywhere and circumference no where". The whole Universe is thus included in His 'Vishwaroop'.

In this broad context, we may try to understand the evolving Avatarhood culminating in the crowning Incarnation of Cod in the form of Meher Baba. Says Lord Sri Krishna in the Bhagawadgita : "To save the righteous, to destroy evil works, to preserve the continuity of Religion, I am born from age to age".

Today, we are living in Kaliyuga— a dangerous atomic age of rockets and sputniks. The impact of science on civilisation has brought about a peculiar change in outlook. All over the globe, a mad race for material prosperity is conducted. Personal comforts and self-centered habits have become 'the be - all and end - all' of man. The horrors of war and worry loom large on the Path of International Peace and Progress. The entire structure of human society is shaking from the very foundations. A serious catastrophe is confronting the individual 'soul' in a universe of tremendous tensions. Currents of cold war have crept into the very vitals of 'human spirit'. There is a grave spiritual crisis. As a result of all this, peace of mind is snatched away.



Happiness has vanished. Mental agonies are multiplying. The heart is hurt and it is bleeding with the sacred blood of Humanity. The human elements are severely exploited and subjected to a suffocating process of mechanisation, thus reducing men into machines. The multiheaded monster of Hypocrisy has forced its entry into the House of God, where it is about to devour the very soul of man.

The whole life of Inner Being is exploded to bits. The self has been completely shattered. Inflated EGO is appearing and re-appearing in different shapes and sizes trying at every step to dupe and deceive us in our onward march to Self-Realisation. The voice of Conscience is hushed. Nothing but noise is heard. The sweet Nectar of Love is being poisoned by the bitter feelings of animosity. The sacred interest of Joy is being jeopardised by mutual jealousies. A sense of utter frustration is facing us.

Humanity is standing helplessly at cross-roads and crying for protection. A Saviour is badly needed, It is therefore high time that God must incarnate Himself to save the suffering mankind from the onslaughts of annihilation, especially when Civilizations are crumbling and Religion is trembling.

But, the present Incarnation must be universal in its appeal, irrespective of caste, colour, creed, sect or sex, race or religion or any order of faith or faculty. Such an Incarnation must necessarily be Dynamic in essence. He must awaken all men and women to a sense of Reality speaking through the Language of the Heart. A new Religion of Love must be offered. This is the demand of the Age.

Quite fortunately for us, in modern times, there was in our midst, Avatar Meher Baba, the brightest manifestation of God. Here is the Saviour of humanity to redeem the modern world. He exists in Silence with all His entrnal Glories. He is the



same— Sanatana Purusha, who repeatedly declares 'I am the ancient one' and says this time, " I have not come to teach, but to awaken ". He, in his present form represents "the fulness of the Past and the herald of the Future.

Unlike other incarnations that represent certain isolated principles of God's nature, there is a great speciality in the Divine manifestation of Meher Baba and hence, acceptable to mankind as a whole. Let us know what it is !

It seems that Prophets of one country are not always the prophets of another. The incarnations of one age at times seem to be supplanted by those of another. It may appear that Socrates is for the Greeks, Moses for the Hebrews, Confucius for the Chinese, Christ for the Christians. Krishna for the Hindus, Mohammad for the Musalmans, Zoroaster for the Parsis, Nanak for the Sikhs, Buddha for the Buddhists and so on. However, as everlasting universal models, they will have to be acknowledged by all men. The need of man, to-day, is for a Central Figure, a Spiritual Model of Universal Mind who includes in himself all these various embodiments of God's Self-manifestations. Meher Baba is such an Incarnation in whom all the Divine Traits of these Prophets, and Incarnations find full self expression. He is the Mownavatar of the age !

But, before we try to understand the Avatarhood of Meher Baba, the Eternal principle of human evolution through progressive stages of Self revelation of God, should be broadly viewed. A brief historical survey of some fundamental facts about the theory of Ten Incarnations will serve to stimulate our interest.

To begin with, let us take the word 'Avatar'. It means 'a coming down' and, in its most general sense, may be applied to the coming down of the Divine into manifestation, so that the whole universe may be looked upon as an Avatar of Ishwara,



all having emanated from Him. In a more solidified sense, the word may be used for any manifestation which possesses the Divine Essence in a marked degree and shows the Divine Nature very clearly and unmistakably.

But, the word has, in common usage, acquired a special meaning of its own, and is used of definite manifestations of the Divine, in definite forms and at definite periods for the performance of definite work for the benefit of the world.

The first question that arises is : what or who is it that comes down ? There are two main theories as to this point. One is the traditional popular Hindu theory that Ishwara Himself comes down upon earth in bodily form to bring about certain results, necessary for the proper government of the world. The other is the theosophical theory that it is not Ishwara who appears in human or other form upon earth, but that it is an Individual, who during his past lives has reached the highest state to which it is possible for any one to reach and has become Divine in power, in knowledge and in love, but who, instead of merging Himself wholly in Ishwara, still remains separate from Him and keeps for Himself a centre through which He may take birth upon earth again and again for helping the humanity which He has left behind

It is necessary to note the mode in which these manifestations take place. Sometimes, the Avatar takes birth on earth in human or other form and lives and works till His mission is accomplished. Sometimes He takes possession of the body of a person already existing, works for a time through Him and withdraws after His mission is accomplished.

Evolution is the law of human life and indeed of the whole universe. This evolution is carried on by a constant struggle between the Good and the Evil, the Positive and the Negative aspects of evolution. In the former, definite steps are made



towards the goal; in the latter, obstacles are put in the way of advance, so that, by the effort made to overcome them, some historical force may accrue. Both are necessary, the Positive to make advances and the Negative to gain strength to make future advances. Now, in the constant conflict of these two factors, the balance is sometimes on one side, some times on the other and when that leans too much to the side of the Negative ( so that the effort required to overcome the obstacles raised is stupendous ) then comes the Avatar to put His vast power, knowledge and love on the side of the Positive in order that the balance may be set right again and human evolution proceed apace, with a big step in advance. Hence, there is the necessity for the appearance of an Avatar.

If we carefully ponder over the past Avatars mentioned in our scriptures, we shall find that it is possible to understand them as marking distinct stages in the growth of Jivatma ( Individual soul ) through the animal and human conditions. The first two that of Matsya and Kurma refer to those early periods in the history of our planet when the physical conditions were such that life could have only existed in elementary forms — represented by the fish and the tortoise. As between these two, the fish represents the earlier and the more elementary stage while the tortoise marks some considerable development from that stage. With the third Avatar of Varaha, we come to the next stage where life has reached the mammalian stage. After that, comes the stage between animal and man conspicuously marked by the Avatar of Narasimha — the Man-Lion.

The next stage is the stage of Man in the elementary stages of civilization, where the more brutal passions have been lived down and the first beginnings of mind, intellect and rudimentary reason become visible. This is marked by Vamana who could, when called on, fill the three worlds as an indication of the chief characteristic of the mind-principle which is both 'Anu' and 'Vibhu'.



Parashuram's mission remained incomplete: so the next Avatar, that of Ramachandra completed the work begun by Parashurama. Even after that, the conditions deteriorated at the time of Mahabharata. So came Krishna who gave The Geeta — A Message of devotion and dedication to duty, in Kurukshetra, so that all obstacles in the path of further moral progress may be removed. This eighth Avatar or Sri Krishna represented the Soul consciousness of the Supreme which has supervened upon the mind principle in man. The symbology of Krishnavatar is no doubt most entrancing and illuminating.

The Ninth Avatar of Buddha represented, the stage of Nirvikalpa Samadhi. That is a stage in which the unmanifest Atmic Principle comes consciously into touch with the lower principles and inspires and elevates them.

The Mission of the present Avatar is to raise humanity to the level of God by Divine transformation of the 'Individual Soul'. At this stage, Atma shall become fully manifest. With the appearance of Meher Baba, this Highest Principle of Evolution of human life gets a silent momentum in a most natural way. His Mission is to raise man to the Highest spiritual level, simply by the process of Divine Love. With this God's Purpose, God's Wisdom and God's Love, He has incarnated, to establish a Divine Humanity on this very earth.

But, Divine humanity is such a vast total, God is such an inconceivable aggregate of qualities that men, even the most perfect of them, become at best but broken lights of His glory. What is worse, the fragmentary lights cross and contradict each other. So long as our quarrels about the incarnations of God are not made up, quarrels about religion will not be made up, and theological hatred will bring all theology into contempt. In this respect Meher Baba is unique because in him, the Unity of all these different dimensions of divine excellence, is affirmed and



expressed. Therefore, He is the Highest of the High. He does not supplant or abolish any prophet or incarnations of other religions but claims that 'all religions belong to Him'. He certainly completes and reconciles them. Meher Baba is the heart beat of humanity. He is unique as the universal God - Man. To sum up, it can be said, "The light that glowed in the fire of Zoroaster, that flashed through the arrow of Rama, that hallowed the face of Budhha, that radioed the flute of Krishna, that silvered the Cross of Christ, that flamed through the speeding brotherhood of Mohammed, is the Self-same Light coming over again to flood-light the paths of all the existing religions of the earth. It is because of the different conditions of the times and the trends of people that account for the modernity of cloak and expression. the present revelation of Meher Baba fits in".

Never before in the history of mankind. has there been a greater and more thrilling example of an Incarnation than that of Meher Baba, who in his own life time, has led his lovers to show his Future Tomb, where His physical remains would rest: This is situated on the Mehrabad Hill, from the heights of which, the Lord hails death in a happy mood so that all fear of death is removed. On this sacred spot, the wordless voice of the soundless Supreme is released to vibrate in every atom of the universe with an Eternal Message of hope for Humanity.

Without fearlessness, it is never possible to make any headway in the realm of Reality that is God. Nay, fearlessness is the sumumbonum of spiritual life. Tears and fears must be overcome in order to make any progress in the path of spirituality. Admittedly, it is the fear of death which is the most formidable foe of man. It stands like a stumbling block in the perpetual process of the spiritual evolution of Man.

But, The Redeemer of Modern World is ever present in His Silence to drive away the fear of death, the root of all fears,



lurking through the mind of mortal man, so that a strong spiritual foundation is laid to enable every lover of God to proceed boldly and fearlessly to the Goal of God-realisation. He is the unfailing Doctor of Humanity. He prescribes the most wonderful tonic of Pure Love for the radiant health of the Spirit. Indeed, the very touch of that Divine Hand removes all fears. Aye ! His one kiss is enough to kindle the flame of Love in the Light of which, the serpent of selfishness can be killed. That one mysterious smile on His lips is sure to illumine the heart. Even a single ray of His resplendent Grace is sufficient to guarantee the gift of Godhood.

Swami Vivekananda once said, "It is the heart that conquers, not the brain. Books and learning, Yoga and meditation and illumination .. All are but dust compared to Love ". Baba embodies this Love. He is giving it in Silence and through the wonderful Language of His Silence. The heart receives it. This Love is the finest flower of Life in the Garden of God, plucked from the tree of Trinity " Styam-Shivam Sundaram. " How refreshing is the sweet fragrance of this flower that always keeps up the harmony between Head, Hand and Heart ! Is it not the Highest Ideal which man has hitherto been trying to achieve ? This is the Central fact of Baba's Message of Life Spiritual. He does not deliver it through ineffective words created by a small piece of raw flesh called human tongue.

Never was the tongue so miserably misused or speech so arrogantly abused as is done now, in our time of soul-less mechanical civilization. The use of tongue has been subjected to shameless exploitation under the cover of a so called cultural progress or scientific advancement of the material civilization. What then should be the radical cure for such a virulently spreading epidemic of Tongue's Treachery ? The remedy can be found in the Speaking Silence of Baba. The tongue that is meant for the pious purpose of upholding all that is Truthful and Right is deliberately tamed and trained to tell half-truths and untruths, by lustily resorting to a constant feeding of lies. The tongue has



turned to be a traitor of God. It has been adopted as a convenient medium to molest facts and make all possible misrepresentations.

Perhaps, it is for this reason that Baba has to abandon the use of such a tongue. Yet his Supreme Silence speaks simultaneously to all hearts with greater force than many million tongues. The Great Living Silence of Baba specially distinguishes Lord Meher from all other incarnations.

Let us not doubt the Avatarhood of Meher Baba on our intellectual plane. In the astral plane, all intellectual doubts are viewed as 'condemned curiosities' being rejected by the 'Supra-mental' or the Superconscious-mind as by-products of an unbalanced and illtempered thought. Let us all embrace the Mownavatar with open arms of Love and Faith.

I conclude in the words of Sri Aurobindo : .. "They proved to me by convincing reasons that God does not exist and I believed them. Afterwards, I saw God; for He came and embraced me. And now, which am I to believe, the reasonings of others or my own experience ? "

**BEWARE OF —**

International vultures of violence,  
Political jackals of public nuisance,  
Social lunatics of mental imbalance.

**AND REMEMBER —**

Scientists may land in moon or mars  
up above in the shining sky, and  
capture all the twinkling stars; but  
Let us ride on the wings of LOVE  
and reach THE HIGHEST OF THE HIGH.



## SAINTS. AND SINNERS

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Mownavatar Maher Baba says :

" The modern era is steeped in restlessness as man is tossed between conflicting ideals. Like mounds in a sandy desert, intellectual knowledge is mounting up without provision for the expression of the heart, which is so vitally necessary to quench the need of the spirit. It is lack of this that has checkmated man's achievements, in spite of himself and his enormous advancements in the fields of science. Unhappiness and insecurity, emotional or otherwise, are the dominant notes of the age, and mankind is engulfed in the darkness of wars, hate and fear... Yet I say, " HAVE HOPE "

Similar message of HOPE Sri Krishna delivered to humanity through his devoted disciple Arjuna. To Meher Baba - the Lord of Mercy - none can be lost for ever. Even the most detestable sinner has hope of redemption if he simply loves him and turns to God and transforms his life after the ideal Divine. This has been the message of all the other Saviours of humanity - of the Buddhas and Christs, Chaitanyas and Ramakrishnas, whose heart bled for mankind, especially for those whom we, in our vanity and hypocrisy, spurn and hate as sinners, criminals and outlaws, but who none the less are human beings only forgetful of the potential divinity lying dormant in them for the time being. How greatly uplifting are the words of the Silent Master who says " There is NO sin: there are only degrees of virtue " More over, describing the nature of " God's Divine Business " the Mownavatar clearly tells us that "Saints are God's assets and sinners are His liabilities, God, the infinite source of wisdom and justice, goes on eternally turning His liabilities into assets ".

Let me at this juncture, recall the words of Swami Vivekananda who bursts out saying, "Sinners; who calls you sinner ? It is a sin to call men so." Does it sound paradoxical. It may be



so; for, men of such high spiritual attainments and Vedantic realisation occasionally speak the Truth in terms of paradoxes. And when they speak so, we who are unaccustomed to think that every moral law is in danger, feel as if a tiger were on our track and to our vision atonce the saint is lost in the sinner, the pious man of God in the revolutionary, the poet in the lunatic. Vivekananda the heir of ancient Rishis believed in 'no sin'. He went beyond Nietzsche who wanted to leave the moorings of the past and build a better theory for the existence of the "human, all too human". He said there was never more than one Christian and he died on the cross — and they have made the cross their deity and forgotten Christ instead and the life that was in him. And paradoxically he proposed that the evil god is just as urgently needed as the good. But he broke down in the transition to a higher development and in this he symbolises the breaking down of the Western Materialistic mind in reaching the one only exodus out of the tangle it has got itself in. He only remained a frenzied poet-speculator on the lot of man-kind and did not grow into the 'prophet-like'. However, rising much above these 'supreme individualists' and Vedantists, the Prophets and the like, the Mownavatar of modern times, who is the one without the second, declares with Divine Authority "God the everlasting and indivisible, transacts His Universal illusory business of duality by playing His dual role of opposites simultaneously and eternally."

The history of the world is witness to the fact that glowing Personalities are more often than not, the creators of glowing paradoxes; no, not mere figures of speech, but earnest, solid, soul-searching truth through these and that is what is silently conveyed. They alone err who know not to view them in their true perspective, they alone err who carry their own pre-supposition of things into every new avenue of thought opened up before them by the makers of the future who stand firm on their own prerogative to teach the world, in each succeeding epoch lest the



good old rule should now corrupt, should now enslave with a fixed routine. And their sympathy and probing into the nature of social evils or the evils of an individual's heart must not be taken to imply a positive incitement to sin but efforts directed towards appraising the individual's and the society's connection with the Universal Law, through their own; in the execution of which they also lay bare the plague-spots, the rotting seats of corruption in it, and from the point of view of the individual as a self-creating personality, the blind spot in his vision, the weak point in his character as a whole, which he can only remove in time by a natural experimenting with the soul, as it were in the laboratory of morals. They never 'inspire' men to any wrong action; they simply refuse to be hoodwinked from seeing one aspect of the universe which also has its own place in the scheme of things and as men, who feel the most poignantly for it, they go to seek for a God who does not think it to be beneath HIM to go down even into the alleys and bye-ways of a sinner's heart and save him there. So says Swami Vivekananda, "The world has been ever preaching the God of virtue. I preach to you a God of virtue and of sin". Verily, verily, unless and until our virtues climb down to sin and the sins ascend up to virtues - to use one more paradox - "it will even remain the one-legged universe". Hence, Vivekananda boldly announces "the man who is groping his way through sin and misery, through hell, will also reach; we may choose for ourselves the path that runs through heaven, but it must be consciously and seeing all beings as identified with ourselves". This is nothing but the supreme 'Advaita-bhava' that God alone can claim from the top-most point of Truth as evidently established by the Mownavata who spells out in His Transcendental-Silence a living expression of universal-consciousness thus: "I AM ONE OF YOU, ONE WITH YOU AND ONE IN YOU AND WE ARE ALL ONE". Simultaneously, HE imparts us the knowledge of the Great Zero of Eternity that is hidden in the 'NOTHINGNESS' of Illusion and in a strictly personal note it is significantly emphasised by Him that 'His



advent is not to destroy illusion because illusion is nothing'. Continuing in the same strain, He says, " I come to make you become aware of the nothingness of illusion. Through you I maintain illusion which is nothing but the shadow of my infinite self, and, through me you discard illusion when you experience its falseness ". In conclusion, the Mownavatar give us a definite assurance saying, "And the Infinite that eternally belongs to me will one day belong to every individual ".

From the foregoing, it will be seen that the realisation of the Universal in the individual is the true foundation of morality and the real spring of all Spirituality. And what is this spirituality? Baba answers in one single word 'POISE' and explains it as "that state of mind in which nothing excites you, nothing upsets you .. thinking not of yourself but of others, This is what the 'saints do, in as much as they are highly spiritual, But then, in order to clarify the misunderstandings regarding saints, Baba points out that 'there are two types of saints : (1) real saints and (2) imitation saints Just as an ordinary person cannot distinguish between a real and an imitation saint'. " If you In view of this fact, therefore Beloved Baba has warned us saying: happen to meet saints, real or imitation, by chance, you may pay respects to them but do not run after them ... The warning is more clearly indicated in His Own Words, 'As far as you are concerned, you should neither criticise nor indulge in backbiting, If you speak ill of a real saint, it will be harmful for you, You will create dreadful (sanskritic) blunder, You should avoid vilifying even the so-called Mahatmas who call themselves saints, because it is not possible for you to be certain whether they are real or not.





## A MIGHTY SYNTHESIS

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In an age when the tidal waves of materialism threatened to sweep away before it all that is noble and of permanent value to human race and tended to make humanity forget the eternal glory of the God - in - man, when the burden of blind forms and dogmas seemed to stifle the very soul of religion and engage the attention of mankind more than the spirit of religion itself, the world certainly stood in sore need of one who could demonstrate the eternal glory of the Atman and proclaim with all the intensity of his soul that the true spirit of religion is LOVE, that religion is realisation of this supreme truth and does not consist in the mere observance of rituals and ceremonials. The grand teachings of the Rishis and the saving gospels of the Prophets came to be evaluated as objects of laughter, to be branded as superstitions, pure and simple by a people dazzled by the glamour of the present-day materialistic civilization. Renunciation & Love, the real background of the religions of the world, came to be discredited and book - learning became the badge of education and culture. It is at this hour that MOWNAVATAR MEHER BABA appeared on this planet of ours to vindicate the teachings of the Eternal Religion of Love through the most powerful medium of SILENCE. For the first time in the annals of human history, the greatest spiritual secret was revealed by the Mownavatar in a quite original style of the Ancient One thus ; " Through endless time God's greatest gift is given in silence. But when mankind becomes completely deaf to the thunder of his silence, God incarnates as man God alone ' IS ' . "

The crowning achievement of Beloved Baba was that he proved in his own wonderful life that SILENT LOVE is a Living Reality, that the realisation of the Atman the real Self of man is truer than the empirical reality of the external world.

It is this God-vision that brings peace that passeth all understanding, and blessedness that neither waxes nor wanes.



To man, buffeted by the troubles and tribulations of life, tormented by cares and anxieties with which his earthly existence is inextricably associated, there is open no other way leading to supreme consolation but to find it in his dynamic words " Do'nt worry. Be happy ".

The life of Lord Meher — the Mownavatar presents a mighty synthesis. His unique personality embodied the full development and perfect harmonious blending of the utmost possibilities of Jnana, Karma, Bhakti and Yoga. He was THE SYMBOL OF THE UNITY OF ALL RELIGIONS AND CREEDS, WHETHER MONISTIC, QUALIFIED MONISTIC OR DUALISTIC. He showed in his own superhuman life that it is possible for one to be fully true to one's own religion and culture and at the same time to be in perfect sympathy with all schools of thought, nay to accept all religious creeds as true paths of leading to the one common goal of humanity — the realisation of the Divine in Man. The great task before him was to intensify the spiritual life of mankind and thus to save the benighted humanity from perishing between the Scylla of scepticism on the one hand and the Charybdis of bigotry and exclusiveness on the other.

Trailing a hurricane, Mownavatar Meher Baba descended upon the earth, and everything that came in contact with his magnetic personality bore the impress of a storm, at once impetuous and unconquerable. Before that tremendous exhibition of Silence personified, deep-rooted in the unshakable faith of the Self, coiled back all that was paltry and weak. The source of his strength lay in his Divine Origin of the Principle of the 'Highest of the High'.

High spiritual strength was embedded in his Vishwatma-Shakti — unborn, undying, eternal, changeless and above all IMMORTAL. He belonged to the Order of the 'Beyond—the beyond' and hence, at the zenith of Vedantic Realisation, He



simply recalled His natural quality of the Supra — Self and claimed himself to be ' AHAM BRAHMASMI ' ( I am God ): Repeatedly he reminded us silently in the language of total-awakening and said, "I have emphasised in the past, I tell you now, and I shall age after age for evermore repeat that you shed your cloak of life and realise existence which is eternally yours." He tickled our souls to a sense of 'new consciousness' which sprang up within, the ridge - pole of the tabernacle of old forms and thoughts gave way, doubts and misgivings vanished for ever and a shining personality grew up completely saturated with omnipotent power tinged with the glow of divinity and strength his very activity in 'seclusion' and work in 'silence'. He brought a fresh revolution in the thought - world of humanity which though looming in the background of starry silence, holds the vision of a future, not veiled in the vague glamour of dream but lit with the solemn glory of a revelation. How distinctly did he say, " THE HEART HOLDS THE KEY TO THE MYSTERY OF LIFE ".

While revealing this mystery of life, the Mownavatar was compassionate enough to indicate clearly to his many lovers all over the globe about the Path to reach HIM. He says, " The Path through the God-man is available only to those fortunate ones, who approach him in complete surrenderance and unwavering faith. Complete surrenderance to God - man, is, however, possible only to very advanced aspirants. But, when this is not possible the other High Roads, which can eventually win the Grace of God, are :

(1 Love for God and intense longing to see Him and to be united with Him.

(2) Being in constant company with the saints and lovers of God and rendering them wholehearted service. "

It is therefore, necessary that every Baba - lover must try to search his own heart first and find out whether he is an ' advanced aspirant ' or just a ' beginner '.



## Not For The Crowd

Mere words are not adequate to do justice to the unique and wonderful life of the Mownavatar Meher Baba. Our efforts and activities how much soever sincere and earnest they may be, are not even the distant echoes of that life, but still it is our privilege to study this matchless Divine manifestation. He happens to be the same Ancient One who, as Lord Sri Krishna said to Arjuna in Bhagavad-Gita, reveals the greatest secret of Divinity through the Living-Silence of Soul overflowing with the spirit of Love and Truth, in the Realm of the Highest of the High. What a mysterious revelation made in those words of Krishna "Among the secrets, I am the Silence" ! In this context, we could trace out the hitherto undiscovered cause of His eternally current-Silence in his most authentic declaration, "Because men have been deaf to the principles and precepts laid down by God in the past, in this present Avataric form, I observe silence". In other words it explains the hidden nature of personified-silence in the form of our Beloved 'Mownavatar'.

Many God-intoxicated souls, inebriated with the wine of Divine love, have blessed this planet of ours but none in which all the Divine qualities were so fully expressed as in the life of the Mownavatar Meher Prabhu. This life reveals so many higher characteristics, such heavenly harmony, so many phases of varied existence, that if we give our best effort to study it, we cannot help giving our heart's worship to it. In fact, we atonce fall in love with It - The Divine Beloved.

Although the life of this Mownavatar was mostly lived in Silence and Seclusion, it is ever dynamic and represents the essence of eternity. Such a life is meant for humanity especially at this present juncture when we are internally shattered and feel depressed and disturbed 'in an age of noise and talkativeness'.



At the demand of the whole mankind, the life Divine incarnates and comes to give to the world a great "spiritual push," and adjustment.

Humanity lives on two planes, the physical and the spiritual. As adjustments are often necessary on the physical plane, how much more so on the spiritual? The time comes when an adjustment of Spiritual Truth becomes vitally necessary in the world. In some advanced countries of the world to-day, we see great monuments of scientific achievements and hand in hand with them is the desire for material expansion. The grandeur of these achievements is offset by vicious defects. The world clutches at materialism and selfish aggrandisement, and the inevitable result is seen in the frequent outbursts of cold and hot wars. It has been shown again that life problems cannot be solved on the plane of material self-seeking. At the other extreme, we find the renunciation of all this through Love for the Divine Beloved. This extreme is necessary for final liberation, but for the humanity as a whole, both materialism and spiritualism are necessary. What is needed is to harmonise them. Mownavatar Meher Baba is the perfected balancing Force between 'Matter & Spirit'.

Before the advent of such a Silent Spiritual "Awakener" what was happening here in India and elsewhere? A great straining after materialist ideals was beginning to sweep the country in the Western style and a conviction was growing that material culture was after all the real foundation on which to build success and prosperity. The spiritual life was laughed at. All the various religions - Christianity, Buddhism, Islam, Hinduism and others - had lost the spirit and the springs of vitality were drying up.

The apparently great activities of material civilisation are but engines of destruction to lead humanity into the deepest depths of ignorance and spiritual death. In its dark despair, humanity by itself was lost and out of its night of darkness, a cry



for enlightenment and awakening arose. When this reached the throne of Divine Love, it awakened a flood of heavenly mercy. Out of that Great Mercy, the Silent Messenger of Love and Truth in the form of Lord Meher had to come to show mankind the way up and out, to show many sides, and without being sectarian, to give new life to many sects, to show that all were equally, necessary, that the same Truth was the foundation of all and there was a way to the Truth according to the needs and desire of every human soul. Thus, the Eternal Mownavatar condemned none but embraced all in LOVE softly, sweetly and silently. He was so great, yet he would not allow us to call him a Teacher or Yogi. But he would instead say 'I and you are not we, but One' Even then, we are filled with vanity and the spirit of self-aggrandisement, and hungrily devour every shred of praise for ourselves and grasp at every form of name and fame. **BUT THIS GREAT LIFE OF MOWNAVATAR LIVED AS SPIRIT, NOT AS BODY.**

When I say this unique life lived for humanity, it must be understood that all peoples and all religions can receive new life from the study of such wonderful Personification of Silent Love and complete Self-illumination. He came to us to infuse new life into the lifeless, veins of dying religions, and everywhere, on all sides, the awakening was manifest and we, whether we are religious or not, profit by this new multidimensional Life of Baba embodied in Silence. So did he say, "I have come to put life into the old ..."

Such lives of the Divine Manifestations are products of the times and we must study them to realise their significance as applied to our lives. They really act like soothing balm in the midst of the greatest gloom and misery. The Mownavatar Meher Baba came to show that man is not just mind and body, but part and parcel of the Divine, that this material existence is not all and that all may realise their Absolute nature even as he did.



He showed that material progress could be combined with the spiritual. Often he said, " My work is intensely practical. It is not practical to over - emphasise the material at the cost of the spiritual. It is not practical to have spiritual ideals without putting them into practice ".

The ' Living Silence ' of the Mownavatar reveals to us one aim - dedication to the unfoldment of the Divine in human. Although from their birth they know their Mission, Godmen like Meher Baba live their life as an example. Well has it been sung by Sankaracharya, " As spring brings new life into dead vegetation, so these great Souls infuse new life into the dry and dead hearts of humanity. "

The Silent Voice of the Divine Beloved Baba is calling us to ever-rising heights of wonderful glory and Divine Bliss. Shall we be deaf? No. Let us listen to the 'Silent Speaker' who is always with His lovers in His Divine Majesty, and let us continue to love HIM until we can say victoriously with the Rishis, " I have discovered that Ancient One who is Beyond-the-beyond of everything. Knowing Him alone we can be free and illumined and conquer birth and death " and become blessed even in this life. Let us always remember his 'words', especially when He 'says', " I AM NOT FOR THE CROWD : BUT I AM FOR THE FEW WHO ARE LOST IN THE CROWD ".



**Children of Bliss !**

**If you wish to enjoy**

**LIFE's REAL SWEETNESS**

**Then with the tongue of Truth**

**Feel the taste of "Spiritual Sweets"**

**and be free from all bitterness.**

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# Mownavatar and Meditation

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“Spiritual aspirants should get up very early. If you get up late there is not much difference between you and the wordly-minded. The early hours of the morning - from three to six - are best for MEDITATION. Those whom I have asked to meditate regularly must go to bed at nine and get up at three O' clock...

‘You Should each sit aloof, select your own spot, close your eyes and try to bring Baba's figure before your mind's eye. If you find that you cannot do that, then just look at my picture and repeat ‘BABA’ ... Select spots where you will not be disturbed ...’

— MEHER BABA.

MEDITATION is not a request of religion. It is the ‘Quest and Conquest’ of MIND. Burning love for GOD is the spiritual basis of meditation. Though the SILENT MASTER Meher Baba has given utmost importance to LOVE, the Same Ancient One has also attached no less importance to MEDITATION in His ‘Discourses’. In fact no Avatar in the past has dealt with the subject of ‘Meditation’ so deeply and elaborately as did Meher Baba do, during his current Avataric period. His unique manner of approach to the very idea of meditation is entirely original and scientific, which is quite in tune with the spirit of the age. This is more evidently observed in the thrilling words of Baba when He says, “Meditation should be something like a picnic on the higher planes. Like excursions into new and beautiful natural surroundings, meditation brings with it a sense of enthusiasm, adventure, peace and exhilaration”. It is my personal feeling that all seekers of Truth, Sadhaks and lovers of God must necessarily possess ‘the sense of enthusiasm, adventure, peace and exhilaration’ without which they cannot be claimed as Real Spiritual Workers. It is sad to find that many a leading



spiritual Sadhaks and Baba - lovers & workers, after Baba has dropped his physical body, have begun to think in terms of inflated-ego, in as much as, they deny the very truths which Baba has taught humanity in the form of his Divine Discourses. It is indeed a dangerous drift from the realities of Life. Rightly so does the Awakener Meher Baba declare "the spiritual tragedy about ordinary trains of thoughts is that they are not directed towards things that really matter." Apart from this, there are some sincere Baba - lovers, here and there, who are highly 'advanced aspirants' Perhaps, they are stationed somewhere a little beyond the Sixth Plane. "For some" Meher Baba, says, "the joy of inward companionship of the Divine Beloved is so great that they are unbalanced in their behaviour, with the result that they might, in their unbalanced state of God - intoxication, abuse people, throw stones at them and behave exactly like ghosts. This state is often described as that of the Unmatta." Such aspirants of course, do not at all need any meditation, as it is simply meaningless for them.

But, I am only discussing about those beginners in Baba-love who are on the Path, and who have had no chance of getting Baba's physical 'embrace and yet who are intensely in 'LOVE' with Baba (God). To such aspirants on the Path of Silence, the Universal Beloved is ideally liberal and lays considerable stress to the effect "that the object of meditation has always to be carefully selected and must be spiritually important; it has to be some divine person or subject or some spiritually significant theme or Truth". In spite of this, it is seen that the world is too full of disinterested lunatics in love who are totally dry at heart and still try to cry in vain for 'Love'. Certainly for them, success in spiritual undertakings becomes a remote possibility. Hence, the Lord of Love takes special care to emphasise that "in order to attain success in meditation, the mind must not only get interested in divine subjects or truths but must also begin by trying to understand and appreciate them. Such



intelligent meditation is a natural process of the mind." Therefore, it must be borne in mind that the Avatar is never un-natural while working out his Divine Plan of bringing about a through inner transformation of 'man'. The working of the Avatar is as 'natural' as 'breathing'. Meditation as prescribed by Baba, in any form, is therefore, in complete conformity with this natural process of life. At this juncture, it is worth mentioning that most of the Sadhaks get inclined to reach a sacred spot or holy place as the particular atmosphere prevailing there is fully saturated with spiritual vibrations which directly help the aspirant to collect his or her own scattered personality so that, one-pointedness is achieved in meditation much quicker than at other ordinary places. This outstanding aspect in the early stages of meditation, as well receives attention of the Silent Master, Meher Baba who tells us distinctly that "Special importance is attached to meditating in holy places or the spots, where the Masters have themselves lived or meditated... The spot, posture and hour of meditation have all their relative importance which varies according to the peculiarities and history of the individual". As a personal testimony thereof, we also find Meditation cells erected by the Avatar Himself on the Meherabad Hill, during his own life time. The All Merciful Master for the sake of the convenience of his 'lovers' is also generously inclined to consider that "with regard to the posture, which is most helpful, there are no fixed rules," At the same time, to keep up discipline, HE warns them saying, "The posture should not involve any physical tension or pain because, it then invites the attention of the mind to the body itself. The body should, therefore, be completely relaxed."... Baba goes further into the subject of meditation more meticulously and adds that "the aspirant should stick to the same posture for each meditation.. Choosing the same spot and a fixed hour for meditation also has a salutary effect upon meditation. The aspirant must be serious about resorting to an identical spot, posture and hour for the purposes of meditation."



The Silent Awakener continues to maintain his divine sense of humour even in dealing with such a serious subject as 'meditation' and remarks, "Meditation should not be resorted to with a heavy heart, as if, it were like taking castor oil.

Above all, the Silent Master is fully aware that most of the aspirants might get vexed with the tedious process of individual meditation that may occasionally produce a sense of boredom in the inner realm of human mind causing depression and even frustration at heart. In order therefore, to counter-act any tendency towards depression, 'Collective meditation' is advocated for the beginners to tide over the sense of boredom and ultimately to conquer fear of frustration. This vital initial aspect of meditation is also broadly covered by Baba who does not hesitate to suggest that 'though meditation is essentially an individual matter, collective meditation has its own advantage. IF DIFFERENT ASPIRANTS, WHO ARE IN HARMONY WITH EACH OTHER TAKE TO THE SAME LINE OF MEDITATION TOGETHER, THEIR THOUGHTS HAVE A TENDENCY TO AUGMENT AND STRENGTHEN EACH OTHER : THIS IS PARTICULARLY NOTICEABLE WHEN THE DISCIPLES OF THE SAME MASTER ARE COLLECTIVELY ENGAGED IN MEDITATION UPON THEIR COMMON MASTER." Thus, 'Collective meditation' as described above, is in accordance with the fundamental principles of human psychology, and it is no wonder that the same may be employed as a means to realise the hitherto un-materialised conception of 'Universal Brotherhood'. Then and then alone, the hidden meaning of LOVE could be discovered in meditation.





## THE PATH OF MEDITATION - A SERIOUS POINT.

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Man seeks existence, Knowledge, bliss and freedom in and through all his activities, These are the commonest motive-forces moulding human history from time immemorial. Let us magnify Existence, Knowledge, Bliss and Freedom infinitely and we arrive at the most cherished IDEAL of mankind which is Sat - Chitt - Anandam or Satyam - Shivam - Sundaram of Upanishadic Truth. This ideal has been time and again realised by sincere aspirants (sadhaks) fully or partially. Sad-Gurus preach that this ideal is latent in us and that our greatness in life in any sphere consists in so far as we can approach this ideal through ceper thinking-which is MEDITATION. There is nothing extraordinary in it. In fact, meditation is a science of self discipline through mental equilibrium. Such a mental equilibrium is possible under the direct personal guidance of a Perfect Master. Meher Baba says, "Shivatman is the Sad-Guru or Perfect Master. He knows that He is in everyman (Jivatman) and that every Jivatman is in Him". But, now that Mownavatar Meher Baba has dropped his physical body, there is no chance of any 'direct - personal guidance' by Baba. However, His 'internal help' and 'Impersonal guidance' is always available provided we are in tune with His-Thought-Vibration. Meditation therefore, is one of the most important means to achieve That End. Meditation is also a natural process of a psycho-physical activity. It is not my intention here to make the subject an undilutedly heavy dose for a simple lover of God. To make it easily understandable, Meher Baba explains that "The man who waits for the train at the platform, is 'meditating' upon the train, and the driver of the train, who expects to be relieved at the next station is 'meditating' upon the station. The scientist, who works upon an unsolved problem 'meditates' upon that problem. The patient,, who is



waiting for the doctor with tense anxiety, is 'meditating' upon the doctor, and the doctor who is waiting for his bill, is 'meditating' upon the bill. Where the police tries to catch the thief, they both 'meditate' upon each other. The person who 'falls in love' is 'meditating' upon the beloved; ...

In other words, when we think any 'thought' when we ardently long for becoming 'something-in-life', when we concentrate our minds upon different knotty problems - we meditate, though we may not use the word'. "In the above examples," Meher Baba continues to say, 'meditation is a result of the natural application of the mind to the objects, with which it is presented, and, in this application of the mind the subject is almost unconscious of the ultimate purpose of the process of meditation'. This is not enough. The Silent Master Meher Baba does not stop at this juncture while dealing with 'meditation' which is indeed a serious subject. Baba draws our attention to a very vital point and says, 'But, in the spiritual field, meditation is, atleast in the initial stages, deliberate, and the subject, during such meditation, is more specifically conscious of the ultimate objective of the process of meditation'. It has thus been brought out that 'spiritually important meditation is conscious of its Aim'. Hence, the subject pertaining to 'The Path of Meditation' is of supreme spiritual importance which is ofcourse, a **SERIOUS POINT** for consideration by all lovers of Baba who aspire to walk on the **Royal Road to Self realisation**. It is not mere theoretical love which entitles man to call himself a lover of God'. It is 'Applied Love' in all phases of human life that ultimately develops clear psychic understanding about the dynamics of Meditation deep - rooted in **MAHA - MOWNA - YOGA**

Immense gain accrues from the above - described meditation. Subjectively, mind becomes balanced, peaceful and far - sighted and through the medium of such a pure & transparent mind, the Self Atma manifests its power, glory and knowledge. Objectively, one can enjoy better health, because subtle



psychological causes of almost all of our diseases are removed spontaneously when the mind is unruffled and calm. Moreover, the power of the Self expresses itself physically through a healthy body, intellectually through deeper knowledge, morally through self-realisation. Thus, meditation is beneficial to all avocations of life that a man may choose in his various capacities.

Diverse processes of meditation are given in various discourses by Meher Baba - The Perfect Master personifying the eternal Principle of Divine Silence in the Invisible Form of the 'Highest of the High'. Baba lays down that "there are tow kinds of spiritually important meditation; (1) GENERAL meditation, which consists in the assimilation of the Divine Truths and (2) SPECIALISED meditation, in which the mind selects some definite item of experience and is exclusively concerned about it .. General meditation is only a carrying further of the ordinary thought-processes systematically and intensively; and SPECIALISED MEDITATION 'helps' to cultivate mental discipline, develop capacities, which are hitherto inactive and dormant and unfold latent possibilities of personality'. Further light is thrown on the subject by Baba that 'Specialised forms of meditation are helpful for overcoming some specific obstacles in the way of enlightenment and realisation; they aim at controlling the mind and going beyond it. Finally, Baba confirms that 'specialised forms of meditation are not theoretical but practical.'

Immediate benefits are derived by lovers who are 'sadhaks' if they follow any of the suggestive processes as detailed in the discourses on meditation by Meher Baba - the Greatest Spiritual Expert of our times. It is essential that according to our temperament, we may choose the salient features of one or the other and practise the same regularly.

The lovers and devotees meditate on the luminous figure of their 'Divine Beloved (Ishtam)' who embodies full (Poorna) Knowledge, Existence and Bliss. The Yoga sastras say that



meditation on the Perfect Masters is highly beneficial for the realisation of the ultimate Truth. If we closely analyse our mind, when following this process, we shall find that we bifurcate our minds into two parts — the Ideal which is termed as Krishna, Rama, Buddha, Christ, Rasool or Baba and the Real which is our 'secret' self. Our constant effort in this path is to dissolve the 'real' into the 'Ideal' till we lose all outward consciousness. This is 'Mano - nash' or beyond mind-state wherein lies the consummation of the Path of meditation. In this particular process, the Naama(Name) or THE WORD becomes a 'Mantram'. The function of such a 'Mantram', when meditated upon is to stimulate the aspirant to lead a meditative life in the Light of Love Divine which is compared to the Sun. Meher Baba has also declared that 'He is the Spiritual Sun' in as much as, the Sun is taken to be a great symbol in the spiritual sadhana by ancient Rishis. One is to think that the 'Sun' which is effulgent and self-radiant, is abiding in the heart. So, we feel today that beloved Baba, after dropping his physical body, resides in our hearts as the 'Spiritual Sun' radiating Love from within.

At this juncture, it should be borne in mind that 'Prayer & meditation' are vitally inter-linked in the process of evolution of 'consciousness' (Chaitanyam). Prayer is a strength giving process of meditation and hence, Meher Baba has given us 'Parvardigar Prayer' coupled with 'Repentance Prayer' in order to purify the 'mind'. Then alone, the mind gets concentrated and is filled with the silence of peace and joy, through meditation on the 'Spiritual Sun' as the true symbol of Highest Divinity. When we utter out the 'Parvardigar Prayer' we invariably establish some relationship with Baba as God. Those who do not believe in Baba as God, they may take recourse to receive the Rays of His Divine Grace by meditating upon the Spiritual Sun residing in every human heart. Any one may experiment with his mind by following this practice. In doing so, one will come across some tangible results as given in the Yoga System which is both rational



and scientific in outlook. It will thus be observed that 'Paryer and Meditation' are the two sides of the same coin called THE YOGA OF SILENCE ... .. Maha-Mowna-Yoga as contained in Vedantic-terminology. When I say 'Vedantic', it does not mean any reference to some technical philosophical words. It simply means 'the end of all knowledge, which is inherent in 'The Yoga of Silence' where we do away with all differences ( i. e. Bhedanta ). The true aim of meditation is to merge all differences into Oneness.

The grand idea of Oneness in many stirs up and enraptures the innermost depths of man. This idea leads him to stand on the vantage-ground of Truth and to see from there the source of all phenomena of Nature, and man finds himself in a Position to feel and make himself one with the entire universe. Here is found the basis of all ethical systems. Why should a lover of Baba "think well of those who think ill of 'him'". Because all that he finds other than him-self is nothing but himself alone. If one loves or hates, he himself is loved or hated. Therefore, where is the way out and how to do anything outside the ken of one's own Self. Hence, Meher Baba had to tell his lovers on one occasion thus, "You come from afar to love me and to realise me and you become fighting cocks and hens". Let us mark the two words here as used by Baba, carefully — "to love" and 'to realise'. Our love for Baba is the outcome of His Grace as Divine Gift to man whereas, our 'realisation' depends upon the degree of perfection attained through 'personal meditation' in the realm of 'internal - silence' which is delicately interwoven with external silence.

But, in order to grasp the underlying significance of 'external-cum-internal' silence, it is imperative that we remember Baba's words : 'External silence helps to inner Silence and only in internal Silence is Baba found - in profound Inner Silence'. So, this is the central secret of Meditation which is revealed by Baba



to those who really love Him. It is only such fortunate few who are always prepared to embrace the Divine Beloved without any dispute whatsoever, about the Way of Baba-work which includes the highly intrinsic aspect of 'Meditatin' in & through Silence. and perhaps for this very reason, Baba has categorically mentioned in one of his most illuminating discourses as follows :—

' I would like some of you to be merged in meditation ... some to be mendicadts ... some gay ... some thin as skeletons, some big and fat, but all in work for me.'



## Worship of the Highest of the High.

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O ! Beloved Lord of Mercy

I too shall worship Thee.

I shall build an Abode of Peace in Thy City of Silence.

I shall sit in the Central Hall of Happiness for doing

### THY WORSHIP.

I shall sweep the floor with my 'soul' and keep the door open for all.

I shall surcharge the whole atmosphere with the air of Thy Affection.

I shall decorate Thy Throne with all the grandeurs of the Solar system.

I shall stitch all the planets into Thy pillows.

I shall pull out the Milky-way from the Heavens and spread it on the ground as Thy Carpet.

I shall enter the HALL OF HAPPINESS after taking a bath in the Sea of Thy Solitude.



- I shall preserve the Sacred Flame of **THY FIRE** within the  
Frame-work of East - West - North - South.
- I shall bend the beautiful Rainbow over the God's Eye-brow, to  
reflect all the colours of **THY LIGHT**;
- I shall invoke the Deity of **THY DIVINE PRESENCE**.
- I shall collect myself calmly in front of **THY MERCY** and keenly  
observe **THY TRANQUIL** movements.
- I shall pour out all the oceans to wash Thy Holy Feet.
- I shall empty all the rivers to sprinkle rose-water on Thy Face.
- I shall break the Himalayas in one blow and grind them into Thy  
**SANDAL - PASTE**.
- I shall fetch the **MOON** and fix it on Thy fore-head as an ever  
shining '**TILAK**'
- I shall pluck all the twinkling stars and arrange them nicely in  
Thy **FLOWER - POT**.
- I shall dissolve all the five elements into **THY PANCHAMRITA**.
- I shall drown all the disturbing noises in the deepest depths of  
**THY STILLNESS**.
- I shall compose the **SONG OF MY SOUL'S LONGING OF**  
**LOVE** for **THE DIVINE BELOVED**.
- I shall sing **THAT 'SONG'** in tune with storms and all the  
clouds shall clap.
- I shall call 'seasons' to play **THY HARMONY** and 'thunders'  
shall accompany.
- I shall direct 'earthquakes' to join in chorus and dance with me.
- I shall drag all the mountains to fall in line with me and prostrate  
before Thee - **THE HIGHEST OF THE HIGH**.
- I shall produce the **INCENCE OF ALL SCRIPTURES** to  
perfume the entire space with the **FINEST FRAGRANCE**  
of **THY THOUGHT**.
- I shall 'act' against '**Maya**' as a '**Hero**' in the '**Drama**' of the  
world, just to humour Thee.
- I shall inhale the spirit of **THY MYSTIC NATURE** and release  
the **COOL BREEZE OF 'BLISS'**.



I shall stand on the top-most point of TRUTH and announce  
Thy Ancient Glory, at the Peak of my INVER VOICE.  
I shall loudly proclaim THY AVATARHOOD in the bold  
language of ROARING WATER-FALLS.  
I Shall take the BLUE DISC of the SKY on my palm and burn  
the SUN as a camphor ball, to perform THY ARATI.  
I shall distribute the Prasad of THY GRACE to the whole  
mankind.

I shall rise above all 'rites & rituals' and thus MEDITATE.  
I shall bury the past, bleach the present and brighten the future.  
I shall shoot the 'mad-dog' of 'desire'.  
I shall kick away the couples of 'pride & prejudice'.  
I shall stab the 'inflate ego' with the sharpest dagger of detachment  
I shall draw inspiration from the delightful springs of suffering.  
I shall get intoxicated with the 'wine of ecstasy' from the  
Fountains of Faith.  
I shall dig the 'grave' for death in the land of THY ENTERNITY.  
I shall surrender all my pleasures at the ALTAR of 'THE PAIN  
OF THY SEPARATION'..  
I shall weave all the wild winds of INTELLECT into a vast net -  
work of WISDOM.  
I shall smash all superstitions and crush all calamities  
I shall flourish in frustration with nourishing hope.  
I shall spin the THREAD OF 'SPIRITUALITY' from the clean  
cotton of THY COSMIC CONSCIOUSNESS.  
I shall extract sugar out of sorrows,  
I shall convert all tragedies into the Creed of Comedies.  
I shall reduce all dangers into dust.  
I shall seek solace in life on the bed side of adversity.  
I shall control the terrible of traffic of troubles and turmoils.  
I shall remove all the thorns on the path of Progress and wander  
in the woods of Thy wonderful Mysteries.  
I shall throw all 'doubts' in Thy 'DUSTBIN'.  
I shall digest all misfortunes.



I shall churn all miseries into the **NECTOR OF KNOWLEDGE**  
 I shall pat on the back of 'woes & worries' and lull them to sleep.  
 I shall kill the cobra of 'self comfort'  
 I shall annihilate the whole army of 'agohies'.  
 I shall strangle the throat of tortures  
 I shall balance between the pairs of all opposites.  
 I shall soothe the wounds of humiliation by **THY TOUCH**.  
 I shall shake hands with 'insults and injuries'  
 I shall arrest the rush of my tears and turn them back to the  
 source to make no show of suffering.  
 I shall refrain from riding on the **BLIND HORSE OF SCIENCE**  
 ever-gallopping into unknown distances; but shall rejoice to  
 saddle 'Science with 'RELIGION' **THE RELIGION OF**  
**HEART**, so that the world shall be saved from a 'HEART-  
 LESS SCIENCE'.  
 I shall wear the Crown of **RENUNCIATION** studded with the  
**BRIGHTEST JEWEL OF JOY**.  
 I shall hold fast 'THY DAMAN' till the very end, and I shall  
 hide my face in it, to suck the **MILK OF IMMORTALITY**  
 from the breasts of **THY SILENT BEYOND**.  
 I shall kiss the rosy cheeks of **THY RISING SUN OF 'REALITY'**  
 with my parting lips of **DAY & NIGHT**.  
 I shall smoothly suspend 'myself in the soft-coils of Thy Embrace  
 and like Thy Own Little Child, I shall continue to whisper  
 slowly in **THINE EARS**.  
 " **DARLING ! SHALT THOU NOT ACCEPT THIS**  
**LIVING GARLAND OF 'ME' ! "**  
 I shall plunge into **THY GREAT CELESTIAL SILENCE** for  
**SAMADHI**.

And, thus my Lord !

**I SHALL WORSHIP THEE !!**





# Maha Mowna Yagna

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In the Vibhuti Yoga of the Bhagawad Geeta, Lord Krishna declares “मौनम् चैवास्मि गुह्यानाम्” ( i. e. Among the secrets, I am the Silence ) Maha-Mowna is THAT SECRET of secrets. It is the supramental manifestation of Para-Shakti. It swallows and digests all sounds and noise. It represents the totality of Truth hidden in the mystic constellation of Vedic words “Para, Pashyanti, Madhyama and Vaikhari”- It is the very “Source of Speech” as Swami Vivekananda has put it. According to Maharshi Aurobindo, it is described as the “Eternal Silence” from out of which, “all speech and actions come prepared”. Mahatma Gandhi hails this as “Living Silence of the soul”. It is called “Ashabda Brahman” and “Nishabda-Brahman”- the Twin-counterparts of “Shabda Brahman”. It is what the Siddhas and Yogis claim as “Anhad-Naad” or “Naada-Brahma”. Guru Nanak esoterically refers to it as the “WORD” (Shabad) through the medium of which “one rises into universal consciousness and develops sight, understanding, clairvoyance and transvision of the whole creation”. It is the Great Beyond of the Biblical “Stillness” and Shakespeare has quite aptly stated that “Silence is the Perfectest Herald of Joy”. It is the cream of “Krishna-consciousness”. It is the “great Zero of eternity” (Maha Sunn) or “Mind-essence” which is the symbol of “stillness”. It is infinite power of the Soundless Sound. It is the transcendental “Music of the spheres”. Saints and Sadgurus in higher planes, always hear this “VOICE OF THE SILENCE”. It forms the spiritual background of “Surat Shabd Yoga”. In Islamic Sufism, it is called “Awaze-Khuda” (God’s Noice). It is Wordless wonder of all times. It is the Wine of Divine wisdom. In his last days, Emerson said, “It seems as if the present age of words should naturally be followed by an age of Silence”.

“Maha Mowna Yagna” is a unique spiritual sacrifice (Adhyatma Yagna). It belongs to the highest order of occult



significance. He, who performs this Yagna, is sure to put an end to all his worries and miseries in life. It invigorates the system of his extra sensory perception and prompts him to listen to the Silent Speaker, the Indweller of his heart, who is eternally existing there to give internal guidance and assistance. It confers on seekers and sadhaks the blessing of Bliss (Ananda) through a constant process of mind-purification and renders unfailing help from unknown sources to enable him to maintain inner balance and to ever remain in Tune with Silence. In other words, the spirit of equilibrium is kept up at a proper level between the pairs of opposites. Slowly and steadily, the participants of Maha Mowna Yagna can easily manage to find out their own true image as projected in the Thought-world, and the same can be seen through the individual "Aura" which is scientifically considered as the Electro-magnetic field of a person. It is said "when a person is seen through AURA GOGGLES, two distinctive 'auras' are observed coming out of a person which are known as the "Inner Aura" and "Outer Aura". These are some of the vital aspects concerning original understanding on the subject. In this Maha Mowna Yagna, the electrical energy of a person is preserved in tact without any waste in the least and since Silence happens to be a vast Cosmic Reservoir of such energy, Radiant Body of a person which is made of rays, (though invisible to the naked eye), draws in as much silence as is required to develop a strong, healthy and resplendent psychic personality which is the fittest instrument for radiating powerful vibrations of Peace, Love and Beauty.

According to the science of TELETHERAPY which deals with Cosmic Rays, "Vibration is the life of the universe, Everything here is vibrating. The earth is vibrating; the sun, moon and the planets are vibrating and are in perpetual motion. Smell, sound, touch, taste and sight are all vibrations. Weather, clouds, storms, rains and thunder are nothing but vibrations. Electricity and magnetism, thought and the rest are all vibrations. With



vibrations, power is released. The famous Italian Scientist Dr Marco Todeschini in one of his articles on VIBRATIONS, has given a very scientific explanation of the vibrations of both visible and invisible things. The learned Doctor says that visible things are physical matter and physical matter is nothing more or less than invisible matter made gross. In other words, thoughts are things'.

"The Cosmic Rays when broadcasted to a person 'at any distance' amplify the oscillations of the cells in the body thereby not only cure the diseases but also rejuvenate the whole system. Once the cellular oscillations are brought to their normal resonance, they pick up their frequencies from the atmosphere where all the frequencies are present'. Almost in a similar manner, a participant of Maha Mowna Yagna would acquire the Psychic Power of Silence the vibrations of which are transmitted throughout the range of atmosphere. These vibrations of self-creative Silence can simultaneously assume the spiritual role of self-communicative LOVE which is the real Light of Soul. Maha Mowna is termed as VISWAJYOTI.

Thousands of years ago, it was known in Tibet that "SOUND VIBRATIONS CAN BE CONVERTED TO LIGHT". This is also one of the principles of Mantra Shastra. "The five great elements Pancha Mahabhutas) are, in their ultimate state, nothing but Cosmic Light originally contained by the Spiritual Sun with which the tangible world is enveloped. All names and forms have their roots in the COSMIC LIGHT OCEAN filled with superenergy waves of Silence. "Men, animals, trees, rivers, Nabulae, planets and stars and even letters of Alphabets have their roots in the vast Light Ocean of the universe". It consists of the three divine quantities of 'Omniscience, omnipotence and Omnipresence. In Omniscience the Rays recognise the person and reach him as directed; in Omnipotence, they heal and 'even radically' transform, and in omnipresence, they envelop him with life-giving rays emanating from the Cosmic Light Ocean of Silence.



In the light of Silence, I conduct this Maha Mowna Yagna. All are welcome to join me and share the richest experience of "Spiritual awakening. The time I have chosen for conducting this "Yagna" is from 5 hrs. to 5-30 hrs daily in the early morning period. It is so chosen because, at this most auspicious moment of time, on every day, I continue to receive and relay the Golden Rays of God's Grace through countless waves of cosmic vibrations. Let all seekers of Peace, Love and Beauty bear this supreme fact in mind and try to remain in tune with "Dynamic Silence" and thereby derive a definite vibrational delight of soul.

Hitherto, I have been doing this Maha Mouna Yagna individually in secret but now, I wish to take this opportunity of revealing this secret to any aspirant desirous of walking on the path of Silence, so that, the said Yagna could be performed collectively for the real good of Humanity: There is no necessity of any physical assemblage at any particular place, in as much as, the whole space of the universe is electrically saturated with the inter-penetrating and interlinking Rays of the cosmic light of Silence. Hence, you may stay at your own place. From wherever you are situated, you can join me in this Maha Mouna Yagna by mental projection, of course, keeping the above spiritual basis in view.

What is required to be done is that exactly the **Same time** ( i. e. from 5-00 A. M. to 5-30 A. M. ) must be followed regularly to perform the Yagna. Maintenance of Regularity in time is a **MUST**. Then, plug both the ears with your thumbs. Close your eyes and look within. Shut your mouth and say nothing. While doing so, feel intensely that you are receiving the Five Rays ( पंच किरण ) of Health, Beauty, Joy, Love and Peace: Feel that these five rays are filling your heart and soul. Simply make a beginning of this new experiment in life and closely watch the



the results, which are bound to be fruitful in the end. Let it be distinctly remembered that the whole object of this Maha Mouna Yagna is to create an atmosphere of Self-Vibrating Silent Spiritual Unity.

## *Brahma-Nada*



Baba's Silence is Brahma-Nada, originally derived from OM.

It is like a natural breathing process of the Supreme Being in His Sada - Shiva - State, where Silence and Seclusion become the parents of "Peace". It is indeed the Bread and Butter of "Soul", giving taste of the Truth and revealing the Great Fact of His Avataric Reality. It is in this Realm that cosmic-love crowns the glorious spirit of Eternity—the Essence of Universal Existence.

— Acharya Moorty.



## Some opinions on Dr. Moorty and his works.

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It is interesting and learned and will be found useful by those who seek to know the truth of things.

— Dr. S. Radhakrishnan

You have obviously taken great pains over it ... Let me assure you that I will keep it as a treasure.

— Dr. Zakir Hussain

I am very grateful to you for your message ... I feel over-whelmed by it ...

— Jawaharlal Nehru

I have read your book with very great interest and can congratulate you on producing a unique contribution to the philosophy of life;

— Raymond Fitzgerald

Dr. Moorty has with his lucid and luminous mind seen through the superficialities of mere intellectualism and has given a trumpet call for contacting the SILENT BEYOND through Love ...

— Dr. C. D. Deshmukh

The readers who care to go through these pages with patience and seriousness will certainly grow wiser at the end.

— Dr A. C. Mukherjee

I pray to the Almighty that thousands might be benefitted by the sublime thoughts contained in these pages and thousands might be awakened by Sri Moorty's inspiring writings.

— Swami Sivananda Saraswati

Dr G. S. N. Moorty has composed a highly introspective charter of Inner worship. He is a finished scholar — He is a true Missionary — His words are the efflorescence of the Wordless Silence that characterises his intuitive genius,

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