

62 F6 ENGLISH EXPLANATIONS

29-4-16

The desire for realization. slam

The example of the parrot in the cage. The parrot was free from the beginning, but it did not know what freedom was. Then it was put into prison ^{in a cage} there it knew the worth of freedom and then when it was taken out of the cage ^{was} free, the knowledge came to him that he ^{was} once free - the same freedom that he now enjoys - but not knowing what it (freedom) was and it ^{then} realized fully what freedom was enjoyed it.

If the fire means that his freedom was checked and he was put into the cage - simply to make him conscious and give him a knowledge of what freedom is ^{experience} of what freedom was so that he may know what freedom is - a ^{man} know himself ^(in a way of a spiritual)

The same way - our body is like a cage & our spirit the parrot. If I tell you that you are God - you ^{will} not believe it. Because your ideal of a God is that he may be some Lord sleeping & reclining in an easy chair in the heavens, and how can you ^{and} ^{and} a ^{not} comparison with a bird like Lord - The God himself? ^{it} and are afraid of ^{that} very idea - that you are God -

But it is a fact that you are God - but our ignorance of that knowledge - the false impression on our mind (mist) that we are man (we) prevents us from the real knowledge.

We can see when awake - but in sleep
we do not see although we have eyes at that time
Therefore because we cannot see during
sleep does not mean (albeit the fact) that we have eyes. The
fact that we have eyes remains the same throughout -
we during wakefulness as also during sleep. But this difference
of seeing. A during wakefulness we do see during sleep
is a difference in state (condition).

The same way - we have eyes - why? to see. What?
(not ourselves, but others) - how? the same example as above.
Do you see ^{yourself} during sound sleep? No. Does that mean you do not
exist? No - you ^{do exist} - but have closed your eyes during
sleep, you are unable to see yourself - although you are there
the while, as can be seen.

You have a Cause of K. - you do not know it. That does
not mean that you do not have the Cause of K. & are ignorant
of it. Truth (T) is Everything. There is Nothing but
Everything. Hence Everything includes Nothing.
Therefore there is ~~Knowledge~~ (K) is Nothing but Knowledge
but K. does not know that it is Knowledge. ⁽²¹¹¹⁾
~~Knowledge~~ The Universe is Nothing but K.?
So Nothing is - i.e. it does exist, what? This is the ~~beginning~~
origin of the beginning (~~the beginning~~) (i.e. the Creator of the
universe is from Nothing)

State

Knowledge is at first, ignorant that it had knowledge - Then not knowing
the ignorance is sound sleep - Unconsciousness.
Then it began to know & what? that it
had no knowledge - this beginning of knowing
created the Universe

1. super-conscious

(Divine dream)

Consciousness

full knowledge of ~~the~~ ignorance

3

sub-consciousness (dream)

(Ignorance - that we don't know
how to birth)

In 4. - know not know that it is knowledge
In 3. - know fully know that it is ignorance
In 2. - know state - fully ignorant
In 1. - know that it is knowledge

22

et al
Sodgure 4

Yasgi (breakee of Sanskars - though different man or sh)

Sanskars from Sankars

7 stages
in the stage
(human) form

human (Beginning of unshaped
200311 that form - form)

impulsion - (Sankar)
Sankar form
other desires
what for actions

2013

Sanskars for desires
These desires form actions

vegetable through
form (caper)

desire for kenas
84 Lacs 401
Tom's
Natural

impulsion
developed for Stone (caper) to human
form - but one is the same desire
- after human - comes of desire

de Stone

Henry Szymanski

You say you love the absolute. Well, am I not the Absolute, in human form! Man-God is the human manifestation of the One Infinite Existence. Your Baba is the word made flesh. By loving Baba, you are loving the Omnipresent Divinity. I love you, my darling sister. And as I am in you, with you, and near you - what does distance matter! You will know the Ultimate Truth when you realize that. You, your love, and your Beloved Baba are one. My mind is universal, my working Infinite, and so if from time to time my plans change, it is due to the universal circumstances.

10-3-36
9 am.

All Pandits well-versed in Vedanta
think that they are *dryanis*.

Therefore they ^{want to} teach
others ~~not to learn~~ not to
learn.

These Pandits are more in
need of real knowledge than
simple illiterate persons because
the latter seek knowledge and
can gain it whilst the former
don't seek it (thinking they
have it) and so cannot attain
it

Lit

1. The basis of Religion is 'Faith'; Faith in ~~some unseen forces~~ called God & faith in a future state of life. There is no question of faith & belief for one who has seen & realised God; Such an one is above all faiths & religions.

2. Death is better for him who lives for himself; that man really lives who lives for others.

3. In the cosmogony of this Universe, this Earth of ours has a special significance being much nearer to the Spiritual Sphere. There are other worlds where much mental development is marked but the Spiritual Progress really begins on this Earth.

4. Your own Religion if practised, is all sufficient to bring you salvation. It is a mistake to change ones religion, since it is the Law Divine that surroundings & circumstances in which you find yourself are best suited to work out your destiny or to spend out the past Karma.

5. Unless you question, you can never learn. Let not the false sense of propriety or fear of blasphemy deter you from ~~ing~~ questioning the why ~~of~~ before a new being. The

to these will lead you to perfection.

6. Don't expect living saints to answer these questions for you; if at all they do, they avail you nothing. The answer must come from within your own self.
7. What can come out of Truth, except Truth? Know then Thou art That.
8. The state of ~~an~~ ecstasy brought on by music or by some extraneous influence, is not a sure sign of Spirituality. It is a state in which the ^{mind} overpowers itself, a weakness which should be guarded against. The mind should be controlled, instead of allowing it to run wild.
- ✓ 9. ^{help} Food & clothing rank lowest amongst the services one can render to the needy. Next better comes education, but the highest service ^{consists} in imparting Spirituality or knowledge of God.

3 - Lose yr desires and yr false self is lost.
Gain pure love, & yr. real self is gained.

4 - Attachment to the One, and the detachment
for the Many is the Key to Freedom & Salvation

10. To speak metaphorically, God is the centre of a circle, the circumference of which is the Universe. The various radii from the circumference to the centre are the various religions. It may be noted that the points on the radii near to the circumference are distinctly & greatly apart from each other, but increasingly

(This is when ceremonies & rituals are given importance to)
 (This is when the true substance of religion - namely - love, truth & service are held foremost)
 nearer to each other, when approaching the Centre. In the same manner, the more a man becomes spiritually minded and advances toward God, the more tolerant he becomes & less differentiation he sees.

11. The ~~so-called~~ disinterested services of thousands of selfless workers, can not come up to what one God-realised person can do or achieve for humanity. Therefore try first to realize God & get the authority for service, then your very existence shall be a boon to mankind, nay to the Universe.

12. If you wish to serve God, serve his creatures. If you desire to realize God search for a living master & having found him surrender to him completely & carry out his bidding.

13. Philosophers ^{as supposed} stone turns base
(and not into Philosopher's stone)
metals into mere gold, but the

3/1
X
1

God-realised make anyone on
whom their ^{his} grace falls like
meats themselves.

14. The various religions are like
patent medicines, which sometimes
give relief but seldom cure.

+

X

Just as it is necessary to approach
a specialist for a speedy and
radical cure, so it is imperative
to approach a Spiritual Master to
become spiritually perfect.

S a y i n g s

1. The basis of "Religion" is "Faith": Faith in God and Faith in a futures state of life.

There is no question of Faith and Belief for one who has seen and realised God. Such a one is above all faith and religion.

2. To speak metaphorically, God is the centre of a circle the circumference of which is the universe. The various radii from the circumference to the centre are various religions. It may be noted that the points on the radii nearer to the circumference are distinctly and greatly apart from each other: (~~This may be compared to stage in religion where ceremonies and rituals are given importance to~~), but increasingly nearer to each other when approaching the centre. In the same manner, the more a man becomes spiritually-minded and advances towards God, the more tolerant he becomes and less differentiation does he see.

The points on the radii nearer to the circumference may be compared to the stage in religion where rituals and ceremonies are given importance to, while those approaching the centre correspond to that stage in religion when the true substance of religion, namely Love, Truth and Service are held prominent.

3. The disinterested services of thousands of selfless workers throughout the world cannot come up to what one God-realised person can do or achieve for humanity.
 ^{One who} realise God, ~~and~~ get the authority for service. Then ^{His} ~~very~~ existence ^{is} ~~is~~ a boon to mankind, nay to the universe.

4. The philosopher's stone is supposed to turn base metals into mere gold (and not into philosopher's stone itself), but the God-realised makes anyone, on whom His grace falls, like unto Himself.

5. The various religions ^{may be compared to} ~~are like~~ patent medicines, which sometimes give relief but seldom cure. And just as it is necessary to approach a specialist for a speedy and radical cure, so is it imperative to approach a Spiritual Master to become spiritually Perfect.

1. The really happy are those who are always contented with their lot.
2. The real Untouchables are those who cannot enter the heart's temple and see the Lord therein.
3. Love is God, Lust is Satan.
4. Freedom is realized in its true, original form only after having experienced binding.
5. How can one know happiness unless he has known unhappiness.
6. The degrees of the tasting of bliss vary in accordance with the proportionate experience of suffering.
7. There is a dual aspect to human ~~nature~~ nature, one pertaining to the angels, and the other to the animals: the former relying on the Soul, the latter calling on the flesh.
8. Backbiters are friends as they take over bad Sanskaras to themselves.
9. The greater the opposition, the more the enjoyment for real workers.
10. Suppression of emotion results in mental and physical consumption.
11. It is not wise to conceal one's knowledge of what one feels one really is.
12. Real understanding means knowledge of illusion as delusion.
13. One must take life lightly where material affairs are concerned, and seriously where spiritual development is in question.
14. One must try to be cheerful even in trying periods.

1. "Maya" does not mean this world and its affairs.

The illusion that this world and its affairs are real and of feeling happy or unhappy under different conditions is "Maya" certain

2. "Maya" is illusionery, hence un-real. God is real.

But God and Maya are so inter-mingled in each other that you ^{cannot} grasp the one and give up the other. Thus, in trying to get rid of Maya, one un-knowingly gets away from God. To realise God, one must live un-consciously in Maya but remain detached from it.

7. To get the precious pearl, one has to dive deep down to the bottom of the sea. Similarly, to get the spiritual pearl i.e. God, the aspirant ~~one~~ must dive deep down to the bottom of the sea of "Maya, but should remain un-touched or un-effected by the Maya (waters of the sea). This is possible only if the diver (aspirant) puts on the diver's uniform and leaves the gas pipe in the hands of one ^{on shore} in whom he has full confidence.

8. Just as the diver's uniform enables the diver to be left untouched by water, divine love enables one to dive deep into the sea of Maya, yet be left untouched by it.

^{on shore} The man in charge of the gas pipe may be compared to a spiritual Master who holds the key and controls the destinies of mankind.

Without the aid and guidance of such a one, the diving deep into the sea and ~~not~~ ^{remain un-} touched by the waters of Maya is practically ^{which is essential for getting the Sp. pearl (God)} impossible.

6. 5. Be in the world, perform all your ^{best} duties to your wife, children and family, love them all heartily, be not attached to them so that the serious illness or even the passing off of one may not effect you in the least. The idea of possession should not be too strong.

6. Surrender to a Guru (Master), but not half-heartedly.

Surrenderance must always be complete and whole-hearted.. The very head must be ready for the demand and considered as belonging to him (to whom it is surrendered).

The true characteristic of a true Chela is to remain un-effected (with) whatever happens, and consider one's very life as not belonging to self, but dedicated at the feet of the Master.

Many an aspirant Of the Path have faltered and failed midway for want of courage and determination. Many are allured by the "powers" that develop within simultaneously with the practice and progress, and are stuck up midway. Many, in trying to make use of these "Powers" have fallen miserably on the lower ladders of evolution.

9

7. Mind creates and annihilates the world.

The existence and non-existence of the world depend on the mind.

10

8. For those under the sway of mind, the unreal exists as real.

For those who have transcended the mind, One one Indivisible God exists as reality.

To a jaundiced eye, everything appears yellow.

So, to an imperfect mind, Maya i.e. the universe and unreal, appears as real. The jaundice cured or disappeared, everything

looks normal, similarly, mind once ^{transcended i.e.} destroyed, ^{the} universe disappeared, only One Infinite existence remains.

That is why the guidance and care of a Guru (Master) is always necessary for all aspirants of proper perfection.

The greatest obstacles that beset the path and the progress are the various powers that develop with the practice of proper yoga. The aspirants are ^{abstract} ~~attracted~~ ^{attracted} by these, and even if a few of these do not make of these, the enchantment is too great for them to make any progress further, while most of the others are ^{unable to resist} ~~at once~~ ^{must} ~~tempted~~ ^{disastrous} to make use of these powers with the result that they fall miserably on the lower ladders of evolution.

4

for the powers of "Maya" ^{that beset the path} ^{more} (even in the advanced stages of the progress) are too alluring for resistance, and a few

5

Yogis go to the Mountains to get rid of ~~the~~ ^{the} world of Maya, but unless they take with them the Mind that creates the world, ^{absolute} ~~the~~ world is destroyed. Years of seclusion in mountains or in caves is of no avail.

The new Maya often comes

1. "Maya" does not mean this world and its affairs.
 2. The illusion that this world and its affairs are real and of feeling happy or unhappy under certain conditions is "Maya".
 3. God is real. Maya is illusionary, hence un-real. But God and Maya are so inter-mingled in each other that you cannot grasp the one and give up the other. ^{For,} Thus, in trying to get rid of Maya, one unknowingly gets away from God.
 4. To realise God, one has to ~~remain~~ ^{live} in Maya but remain detached from it.
 5. It is impossible to get rid of Maya and realise God, without the aid of a Guru (a Perfect Master)
 6. Many an aspirant of the Path have faltered and failed midway for want of courage and determination. ^{Even if a few of those who are attracted do not} A ~~great~~ many are allured by the "powers" ~~that developed within the mind~~ ^{beset the Path and are not meant to be made use of} ~~with the mind~~ ^{beset the Path} ~~and are stuck up midway.~~ ^{cannot resist the temptation}
- (These powers develop within simultaneously with the practice and progress in Yogas)
- ^{others} Most of these thus allured by the "powers" are ~~tempted~~ ^{tempted} to make use of these with most disastrous results that they fall miserably on the lowest ladders of evolution.
- That is why the aid and guidance of a Guru (a Perfect Master) is always essential for all aspirants of spiritual progress and perfection.

The physical body which is the outer ^{instrument} for the Soul, should be used as a Means to the end of attainment of Reality. But while indulging in the idea of possession shouldn't be too ^{strong} - so that even if an eye is injured or lost, one shouldn't ^{worry} as to how he will be able to see things henceforth - One may make use of teeth for chewing etc. but when they are decayed or fall one ^{remembers} one shouldn't think, much less worry, how he will henceforth be able to Chew the food.

It is so simple, yet so difficult
 Remedy - Surrender to a Sadguru - ^{entirely empty to him, good & bad -} so much so that you are ^{not} responsible for anything you do - a You are not responsible.

But when once the body is considered as Mine (Gerris) being dedicated
to him & his Service — even if it is paralyzed, you shouldn't think
or worry what would happen now.

It is simple as it is difficult. It requires just mental
effort to take it seriously.

Some Sayings

Of
His Holiness Meher Baba.

My beloved Master generally expresses his thoughts in simple but forcible English. The following are some of his sayings which are at once pithy and thought-provoking.

- (1) Each and every soul is free, but it considers itself to be chained ~~to~~ to maya, owing to ~~its~~ ignorance which is the direct consequence of sanskaras.
- (2) People incarnate and die a thousand times, but eventually stay just where they are, — chained to a wheel of birth and death. Freedom means liberation of the soul from the chain of birth and death.
- (3) Be as wise as a sage, but as innocent as a child.
- (4) To give up self means not to commit suicide, but to renounce vulgar desires and to lead a unselfish life.
- (5) The more you think of maya, the more will it cling to you and the greater will be your anxiety; enjoy it.
- (6) The maya is so strong and powerful that it conquers almost all men. Those who conquer it are heroes indeed, but such heroes are rare.
- (7) Those who are cowards in materialism become either vile sinners or great

spiritual masters. The greatest heroes in spirituality are the greatest cowards in materialism.

- (8) If you do not conquer and kill desires, desires will conquer and enslave you.
- (9) Kāma, krotha and lobha (lust, anger and greed) are the greatest obstacles to spiritual progress. Give these up and forthwith you will begin to scale the mountain of spirituality.
- (10) The true Brahmacharin is he who has ~~not only~~ controlled and subdued his passions, ~~but~~ and, what is more important, does not allow a single ~~lustful~~ lustful thought to enter his mind.
- (11) your offering of prayers and performance of ceremonies are useless, if you are proud and egoistical.
- (12) It is only the fire of divine love that destroys egoism, and reveals the ^{mysteries} ~~secrets~~ of God.
- (13) True service should be totally devoid of self.
- (14) God is love and love is God. Love God and do not fear Him. If you fear Him, how can you love Him? If you do not love Him, how can you make spiritual progress?
- (15) Fear neither God nor men, but certainly be afraid of being selfish and carnally-minded.
- (16) The only true meaning of religion is God-realisation. The realisation of the