Infinite mental world Subtle world lyross worlds Very few reach the medital world & even when reached

Iruth commot be reclized. Is experience Frutt one has to start from the gross worlds of the advance through the planes. The subtle world is one, while from horlds are numerous. The former is without time & space. For There witerse pain or pleasure is experienced according to act. of me & york after dealt i.e. detachment- of the gross body of one remains there enjoying interse pleasure or pain according to the respective Sankars. Heaven & Hell means the outtle world. It is one throughout. For example, how you people are sitting in the room.

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southern on I mare feeling wing hungry, me has are suffering with lefting & somie on the contrary are without any hunger or have t thus heppy. i.e. all are in the same room meany the subtle world, yet different state, are buy emperienced. after the friend of neccessary experience of paint pleasure is frieshed, one has a farm to come to the gross world of the a gross body entil me Reelizes truth. The mette world sunfig means a voit of waiting room to has the interval between the chamfine of gross bodies. Reven there who have reached mental world have to come back to I the gross world, but the interval, that is the stay we the mental world is very very long! I then who come from the mentel world into the gross world after great & lengthy pariots come down with the powers of the mental world the

3 yn heve heard of Brahma's Vishnoos de makeshistory. reincarnations! It is those that there, coming from the mental world with the gross wild with all the powers. If realize trutt there is no other & but to start from the gross world. There are many Just world. Even the moon was once a world like our own and our own cartt will one day become like the moon, burren of life but another one will take it; place. It is already her the making in the mental world! Thus by the time one realize god or takes towards the planes he has to take turns between the from orthant space of time for get those who are there have nottle bodies of each drunk and in fact feel hair I planne freedom of imprisonment frat as

Just as be do feel in the from world He my difference is the fetter hain of bleavre to are very intense there. You william opening or light world or even the I wenter world amount to found back I Sinstead of going back histo them from where one has come into the from world. One should go from the gross world into the planes. The spiritual planes have no direct connection and the subtle of mental world, One must mobre a start in the from body & realize truth Itrely in the body. Inthe cament be realized montal or State Subtle Males It saw only be experied in the gross body. He Jogees experience

the subtle world even while having the from bodies, chile ordinary pople sopericie d' after death only. Those in the subtle world Can see the gross world her not the mental world, while those in the montal horld ear see the subtle as well as the gross worlds. Even in the from world he has to reach the human form. Consquer there are nounds of hounds from which one his to slip onwards intead of being tossed up believe the gross of the outtle or in vere comes the mentel Causation I mayo-pulpjuin horldi Suffereig & Realys ackargas - Surious et

que up our plus body x why do we for the Dubtle worlds eto exprime the pleasures or pairs with our " " subtle body - buch pl. pain as our from body could not appeared (dury life here)

NO 11/1

BIRTH- CONTROL

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Question:- If the physical means of birth-control is ruled out as being spiritually undesirable, the only alternative to regulate the birth of children is to rely on mental control. Complete mental control is achieved by very few persons; and failure in mental control seems to affect woman more seriously than man. For any such failure woman may have to undertake the troubles and the responsibility of bearing and rearing children, whereas man remains free from any such troubles or responsibility. Exclusive reliance upon mental control therefore seems to be unfair from the woman's point of view; and the use of physical means avoids this injustice.

Answer:- The injustice is not real but only apparent. It is true that woman has to undertake the troubles and the responsibility of bearing and rearing children but she also has the compensating joy of feeding and fondling them. The joy of motherhood is much greater than the joy of fatherhood. Further, the man has to face and share his responsibility towards children. In average cases the general responsibility (economic, educational, etc.) of the father is much greater than that of the mother. Cases where the mother alone can adequately discharge parental responsibility are extremely rare. Therefore even in the event of failure in mental control there need not be any injustice in the distribution of parental responsibility which should be mutally shared by man as well as woman.

Question: In some cases man is likely to be inconsiderate since his eventual moral responsibility towards children is capable of being shirked. Woman is not likely to be thus inconsiderate

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since she cannot avoid the physical consequences and the corresponding responsibility. Why should then woman co-operate with man in this unequal enterprise?

Answer:- Inconsideration is not necessary in the situation. It can be avoided if the father as well as the mother is fully conscious of their mutual responsibility. Since they are joined together by spiritual links they should endeavour together to attain mental control. If they fail in mental control they should carefully and willingly discharge the joint responsibility of parenthood. But reliance on physical means is disasterous to both from the spiritual point of view.

* * * * * * * * *

The world has never listened to the words of Masters and even has

Prophets with the seriousness they deserve. Rather it ix always and revolted against Keri life musical of world against. doubted their motives, That is why no Prophet was ever recognised in his own time and place. This is human nature and that has been the unwritten law. History repeats itself, age after age, with the woeful tales of the worst behaviour mankind has always pitted against their greatest benefactors. It is the same even in these civilized times of ours.

Master like Baba with his closer group, however true and significant, would be rather rash, and like exposing a tender plant to the care of an ignorant farmer who knew nothing about farming, or to put it more plainly, "Chanting Gita before a buffalo".

with him and watching his movements and activities and listening to various talks, explanations and discourses in these times of great tension, it is all a revelation of simple truths simply told, and of the mysteries of times known only to seers and Masters, disclosed in their naked forms and problems of life - apparent and real - laid bare, a contrasted and explained as Masters alone could do. It is all a treat to watch! What he told in lighter vein in discourses and stray talks years before is all an open book to us. What he tells now will be revealed to us as such in its time - we are sure. These But these are amazing things, the simplest of which slightly disclosed might turn all topsy-turwy and create sensation.

there are certain facts which we can safely disclose to be digested if not by the m outside world, at least by the group and those who understand.

These are words of the Master as given above. Whatever interpretation the world may give to these, according to the angle of vision they look at them, but to us they are truths and facts the world has to know and face some day or the other. Times may change, but never the words of Masters. For these utterances, even silently given on a black-board, speak more than volumes and convey with them the driving force of one who wishes these to be known, understood and true digested. Sooner or later won't matter. They stand a till eternity. They are not mere words. They are truths mankind MUST know, sometime or the other, the sooner the better.

Why, it may well be asked does a Master like Baba who knew that a most destructive war was coming, not try to avert it. Has he no value or consideration for the millions of lives that it will sacrifice. The question is natural, but if one just ponders for a moment, it will and be clear to him that if he is a Master, knew that it a terribly destructive war was coming and still did nothing to stop it, there must some be a purpose, as all things in nature has. To understand it in the light of his explanations, one has to mark his significant words - with the death as consequent to the purpose words - with the death as consequent to the spiritual upheaval that is ahead."

When suffering leads to real eternal happiness we should not attach importance to this suffering. It is to eliminate suffering that suffering has to come.

People suffer because they are not satisfied, they want more and more. Ignorance gives rise to greed and vanity. If you want nothing, would you then suffer? But you do want. If you did not want anything you would not suffer even in the jaws of a lion.

The widespread dissatisfaction in modern life is due to the gulf between theory and practice, between the ideal and its realization on earth. The spiritual and material aspects of life are widely seperated instead of being closely united. There is no fundamental opposition between spirit and matter, or, if you like, between formxxxxx life and form. The apparent opposition is due to wrong thinking, to ignorance.

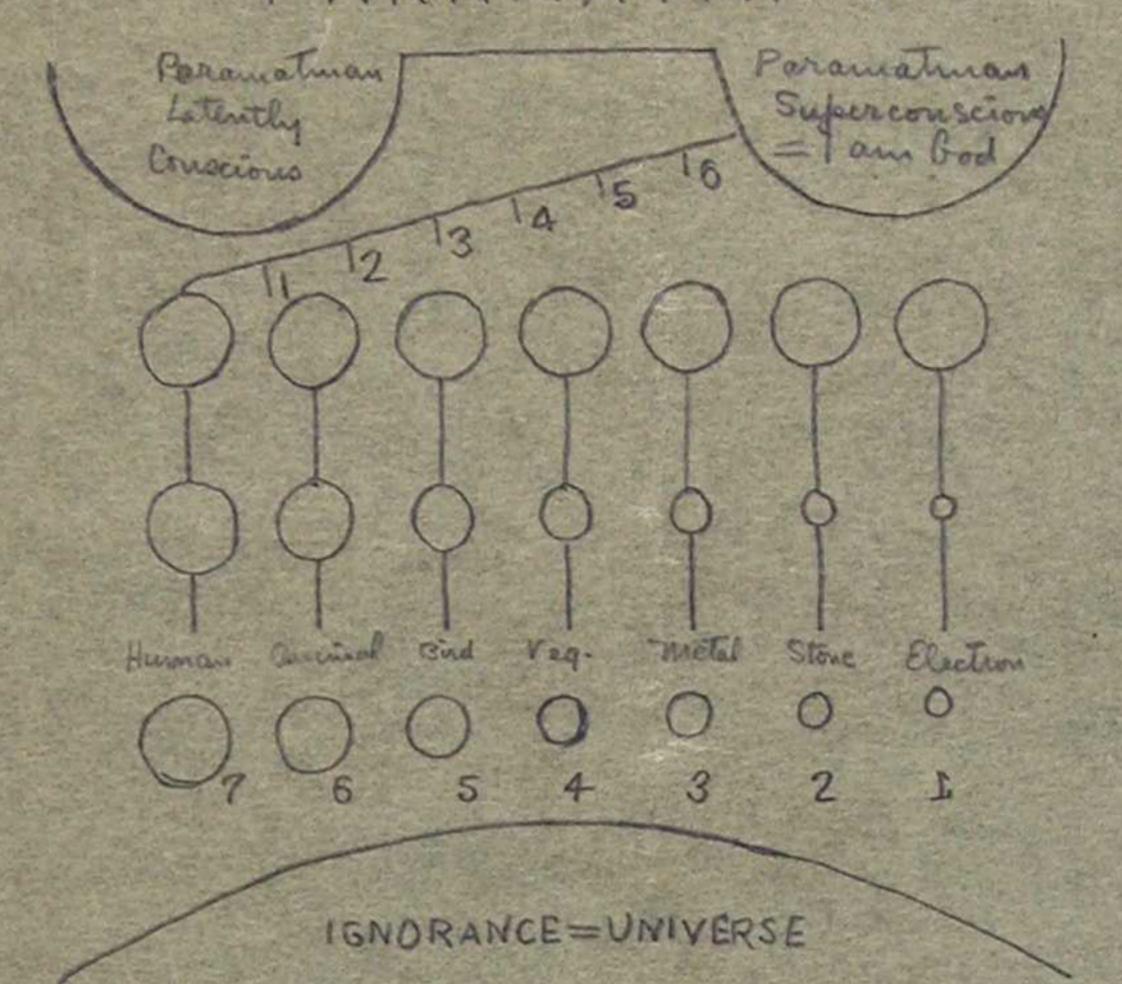
The best and also the easiest way of overcoming the Ego and attaining the divine Consciousness is to develop Love and render selfless service to all humanity in whatever circumstances we may be placed. All ethics and religious practices lead to this. The more we live for others, and the less we live for ourselves, the more our lower desires are eliminated, and this in turn reacts upon the Ego, suppressing ## and transforming it proportionately.

The root of all our difficulties, individual and social, is self-interest.

Elminate self-interest, and you will solve all your problems, individual and social.

The world will soon realize that neither cults, creeds, dogmas, religious ceremonies, lectures, and sermons, on the one hand, nor, on the other hand, ardent seeking for material or physical pleasures; can ever bring about real happines - but that only selfless love and universal brotherhood can do it.

PARAMATMAN



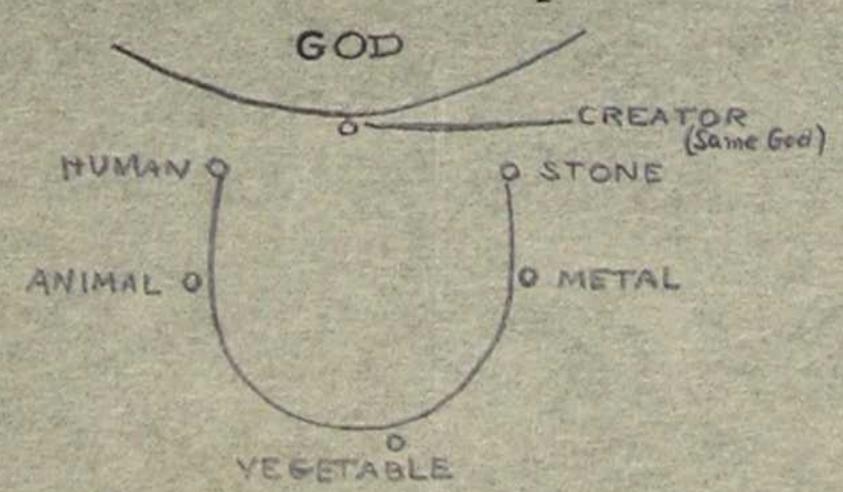
The above diagram shows that while the forms (-- bubbles) change and "knowing" or consciousness increases, the Atman (--drop) remains the same. It is not easy to go along the reverse (-- spiritual) path, for it is full of hardships; but it is the real path, as the spiritual life is the real life, and it effects one's salvation in the end. The diagram shows that when one reaches the goal, one realizes the Self or attains the state of superconsciousness - "I am God," and for him ignorance -- universe is annihilated, and remains so till he returns from his dizzy height to the consciousness of the universe. recovers If the aspirant gets back, after realizing God, his gross consciousness, it means that he knows not only the Self, but also ignorance -- universe. The realized soul not merely believes but knows from personal experience and sees with his spiritual sight that the universe is nothing, or nothing but a mirage. (the individual Solf) (universal Solf) The difference, therefore, between the jivatman and the shivatman is this, that while maya rules over the former, the latter rules over maya. The consciousness of the Atman as jivatman may justly be called false, but as Shivatman the consciousness of the Atman is real. The sanskaras which the Atman contracts in all forms before it reaches the human form are natural; but

those which the Atman contracts in the human form are unnatural, because the human form is the last link in the chain of evolution. And because the sanskaras in the human form are unnatural, the Atman reincarnates again and again till they are wiped out. Through evolution and reincarnation the Atman gets a false consciousness, but let it be noted that this false consciousness is an indispensable means for the Atman to realize the Self.

Now let us turn to the drop-bubbles and their organic evolution. The eighty-four lacs of bubbles or forms, which the Atman (--soul) is said to pass through, before it reaches the human form, are the chief and not all the forms. It is not at all possible to enumerate all the minor forms. In other words, the eighty-four lacs of forms are really the genera, each of which has its species, and the Atman has to pass through all of them, before it can incarnate in the human form.

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Though there are millions of nominal forms through which the soul has to pass before it can incarnate in the human form, yet, strictly speaking, there is only one form, viz the human form, from the beginning to the end. And why? Just because the human form is latent in all the previous forms, including the electron; but in order that the human form may be completely manifested, the soul has to pass through all the different countless forms. In other words, the different forms in the mineral, vegetable and animal kingdoms are nothing but the human form in its latent state, which becomes completely manifested as a human body in a human being. Let it be carefully noted that the latent human form takes four straight turns and afterwards oneinverse turn - in all five turns - before it becomes completely manifested. In order to understand these five turns, we must glance at some of the species.



Every stone has eyes, nose, mouth, hands and feet, in fact a complete body, exactly like the human body, but as it is compact to the last degree, it is extremely latent in this form. It is like the cloth doll, which can be made to resemble an uneven piece of stone, when it is carefully folded up. With the evolution from the stone these imperceptible compact parts of its body begin getting unfolded. In the metal kingdom they are still invisible to the naked eye, but in the vegetable kingdom the crude manifestation of the latent human form is perceptible, to some extent.

The compact latent human form in the stone evolves with the head going underneath the ground and the feet rising up - gradually becoming "upside down" in the vegetable kingdom with the head completely underneath the ground and the feet straight up, as is the case with a tree. The tree form is THE FIRST TURN of the compact latent human form. Observe a tree carefully. The mesh of roots are the hairs on the head of the tree; the mouth is there, though latent, and so it is not seen by the naked eye. Water and manure are given to the trees, in order that they may drink and eat, at their bottoms and not on their tops, for their mouths are underneath the ground. The entire portion, from throat upwards, of the body of every tree stands out on the ground. The lowest visible portion of the trunk is the throat of the tree, and the remaining trunk is its main body. The bigger branches are its hands and feet, and the smaller branches are the fingers of its hands and feet. Of course many trees have more than four big branches, though man has only two hands and two feet; and more than twenty small branches, though man has exactly twenty fingers in all. But we must not forget that all the big branches except four, and all the small branches except twenty are excrescences which are caused by the evolution of tree forms, the last of which is the banyan tree. Moreover there is a remarkable tree, which has exactly four big branches and twenty small branches, and its shape is such that even a casual observer cannot help noticing a great similarity between it and an inverse

human form.

With the evolution from the vegetable kingdom, the feet of the crudely manifested inverse human form in the tree gradually come down and down as the soul passes through different forms until they (the feet) lie flat on the ground in the form of a worm, whose mouth is upwards and not underneath the ground. This is THE SECOND TURN, in the above form, of the compact latent human form. The worm is ridiculously small, but it has two hands, two feet, twenty fingers, etc. as a human being has, but as they are very crude and minute, they are not perceptible in their proper order.

From the worm state, the compact latent human form begins to rise again, with face upwards. THE THIRD TURN of the compact latent human form occurs in the fish form, whose feet are down, but the upper part of whose body is raised, say, to an angle of sicty degrees. Even when the fish dives down into the water its eyes remain turned upwards - which may be contrasted to those of a human being whose eyes, while diving, are turned downwards. The wings of every fish are the compact hands and feet. Through all the different small and big fish forms the soul has to pass. The last fish form is the waterfoul, and in this form the compact latent human form is found to be somewhat erect and the third turn is completed.

Once again through various changes the compact latent human form takes
THE FOURTH TURN, with face downwards, in the shape of a crab. From the fourth
turn the feet remain in a compressed form till the inverse turn takes place.
THE FIFTH TURN takes place in the kangaroo form, and it is inverse because the
head begins rising up and manifesting itself.

The principal manifestations of the latent human form, in the animal kingdom, are those of the kangaroo, the dog and the monkey. The kangaroo is the first animal form in which the soul incarnates after passing through the last bird form, and that is why its front two legs are so very small. With further progress the feet begin to get higher and higher, as in bears, lions, etc. (but the eyes remain turned downwards) till in the dog form, the latent

human form can actually sit on its hind legs. The last stepping stone, which helps the latent human form in completely manifesting itself is the monkey. The fifth turn is, therefore, completed in the human form, which is the complete manifestation of the same form that was latent in electron and in the course of manifestation appeared as countless different forms in the mineral, vegetable and animal kingdoms.

All the links in the chain of evolution will be clearly understood, when we shall go into details and examine the chief genera with their noteworthy species; but before we do so let us understand the growth of sanskaras which would facilitate the comprehending of form evolution.

Carefully bear in mind the following table:

1

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Infinite Atman (--Soul)

Infinite Atman

in

in

stone form

vegetable form

is

is

almost unconscious

sub-conscious

and has

and has

most finite sanskaras

finite sanskaras

3

4

Infinite Atman

Infinite Atman

in

in

animal form

human form

is

is

less sub-conscious

conscious

and has

and has

less finite sanskaras

infinite sanskaras

From the above table it will be seen that Atman remains the same - Infinite throughout, but it gets full knowing of or consciousness of ignorance--universe in the human form. As already stated more than once, in order to know the

M. Sylve Ciary

- Mere prostration is not enough. It must be accompanied by thorough and complete surrender of oneself (body, mind and soul) and one's possessions
 - 2. Mere questioning is not sufficient. It must not be out of idle curiosity or with any improper motive or attitude, e.g. to catch at mistakes in the answer, or to trap the Guru. The object must be pure desire to attain progress and liberation.
 - Seva is not any service. To be effective, there must be no lingering idea that one is free to yield service or refuse it. One must feelthat one is not the Master of the body --- which is the Guru's and exists merely to render Him service

The secrets of nature have all a purpose behind each, which the human intellect can never divulge. But the mind is ever- tending and the average mentality of the present-day is always argumentative, even in things of nature and of God where the ordinary mind can never reach. Eventhe minds of those who have come under a Master or entered . the Path and have ex erienced many things that are not possible for the millions of the ignorant masses, at times get impatient and be ing to question the "working" of the Master or even of God (nature) when things happen that a near strange and do not a neal to reason. Why, do we not hear people say many a time to the devotees of a Master (Tike Baba) "Oh, how could such and such a thing happen to you, What is your Master doing ! Where is he now and why does he not save you from this: " and so on. And we have the moral courage to admit - lot us admit, May who have stayed with Baba for so many years, have seen scores of his miracles and have wonderful personal experience, of his Unbounded Love for them and of His Infinite Powers of Protection often are led to question"Oh B.... where are you; Thy should this ha open :" And st times when a bit impatient, clamour "Oh dear B....., how long is it all going to last !" as if B doesn't know and is molonging the period of anxiety, one way or another. For, in our moments of impatience, decression and desparity, we for the time being seem to forget that "He knows, all, He sees all, and has a pur cose belid this all - a great our lose too of nothing but our own welfare, znax of our redemption, our salvation, towards which He is so silently leading Inclingly accepting the us all, even incurring our displeasure and unbecoming expressions of wrath and anger for the sufferingdwe have to undergo for the wast, but and out of our ignorance which we are led in the moment of excitement to believe as brought on by Him! We can't deny this - there may of course be exceptions" Baba alone knows. But we are not talking of "exceptions". We are speaking of the average person who comesunder general rule. And althou we do know, we who have come under the benign influence and grace of Beloved Baba, that there IS a purpose behind everything He does for us and for others of our own good as "e alone knows, there ARE moments when we do get dejected, depressed, excited and say things we would never in the ordinary course venture to dream of. And the Beloved in His All knowing compassionate manner spiles at our childish screens

and but for Him and His Love, where could we have been !

experience brings with a new light, a new awakening tower system of the truth to which he is leading us. The more silent and submissive we are, the easier the task for him. The same heart that revolts at times, in calmer moments reacts and is ready to give the very life away if that could but alleviate his suffering a bit. How could we do it west! With the LOVE that he has awkened in each of us - the Love we never knew before, the Love that made life worth diving, for him, under him for the Cause.

and now when the dear Beloved is, in seclusion, working quietly for the welfere of humanity as me alone could do, - a burden no alone out of His compassion for suffering Munanity can lift - when His dea ones feel His absence and miss His (physical) presence that dwells in our memory as a glorious dream of the mast for a gimpse of which we crave every moment, when worldly environments and other difficulties as times make one a bit desperte, let us remember ALL HE HAS DOWN FOR US, INCOURSE TO USAND IN TAKINGUS UNDER HIS LOVING FOLD, AND BOVEN ALL, HOW HE SUFFERS IN STLENGE AND IN SECLUSION.

Let us remember, everything He does has a purpose, that of days none is more easer than He to bring the Day sooner when each of us will have live's suprement desire fulfilled, in "self-realisation" that is the goal of humanity and towards which He is leading us to that U timate "eality as "e knows best, each has to mass through certain ex eriences and wissitudes of life, which altho they may acrear strange and at times embarassing, should not be resented, but quietly faced, and if one does at all wish to makes his work easy and lessen his burden as best as much as we can.

The "Pearls of Feith", which I believe would be helpful in one's moment of depression or of excitement brought about in a modd of reasoning questions and arguing, for the various "wrongs" we in these moments are need to believe, and to us, by "some unseen lower or influence", etc.

Spiritual Awakening.

Ordinary man is completely engrossed in his activities concerning the gross worlds and the lives through its Ata manifold experiences of joys and sorrows without even suspecting the existence of God. He tries as best as he can to have the different pleasures of the senses and also to avoid the different kinds of suffering. Eat, drink, and be merry is his philosophy. But he cannot altogether avoid suffering, and even when he succeeds in having sense-pleasures he is often satiated by them Lat, And thus he begins to ask; "What is the end of all this? " Owing to the many frustrations in life he may occasionally become desperate. And in desperate ness there is such tremendous power that he may in some rash moment of impulse even commit suicide. This of course is a thoughtless, action since the power of desperateness is here allowed to work destruction. But if a man is divinely desperate he thoughtfully and creatively uses that tremendous power for seeking the ultimate goal of life. He is no longer content with the fleeting things of this life, and becomes thoroughly sceptical about the ordinary values which he has so far uncritically accepted. And His desire comes to be He desires only to find upon finding the Truth. This is the beginning of the spiritual aspiration for God-realisation. Most people do not possess divine desperateness; and

they are naturally not very keen about God. They do not even suspect the existence of God and they, naturally, do not seek Him. They might of course have heard from others -- assertions about the existence of God; but this in itself is not a sufficient incentive for launching upon the search for God since they do not know about Him from personal knowledge. For them God is at best an intellectual idea or a probable hypothesis, and not the Ultimate Reality which is the object of intense desire and endeavour. In the life of every one, however, there comes a moment when there is transition from this indifference about God to a desperate search for Him. This transition may be illustrated by two

stories from the

Life of Buddha, which is not generally known. Buddha
was one day discussing spiritual questions with his
friend who was quite advanced on the Path. During this
discussion their attention was diverted to a corpse
which was being taken by their side. "This is the end of
the body, but not of the soul" his friend remarked. "Have
you seen the soul?" asked Buddha. "No," was the answer of
his friend. And Buddha aremained sceptical about the product of
soul, since he indisted upon direct and personal knowledge.

And then day, as he was riding upon a horse-back he are
encountered an ordinary pedestrian walking on the same
way; and he arrogantly ordered the pedestrian clear the
way for him. The pedestrian refused, to clear the way
after walch Buddha got down and theyfollowing conversa-

tion-took place between them.

answered Buddha. "I do not know you to be prince": said

the pedestrian, "I shall admit you do be prince a prince only

caid the bedestrian.

when I know you to be a prince and not otherwise, "This

conversation awakened Buddha to the fact that God may high

exist even if he did not know him personally; and he

earnestly set himself to the task of finally deciding for

himself the question about the existence of Gods After

all, God either exists or does not exist; if he exists, he

search for him is amply justified; and even if he does

not exist, there is nothing to lose by seeking him. In

moments desperationes, when every thing seems to give

way, man decides to fathom the ultimate significance of

this life. This is how he begins to awken to the

Ultimate Reality.

Mens Para



Para

Spiritual Development.

The spiritual development of a man may be compared to the growth of the child. The growth of the body of the child is natural and gradual; and the child does not know how it grows. The same is the case with man's spiritual development.

There is no growth in the Atman; what grows is the body . But because of the identification with the body, man thinks that he is young or old. This is an illusion.

The child has full consciousness from the beginning. the skild becomes I han the degree of consciousness, since the evolution of consciousness is complete in the human form. From the most rudimentary consciousness of a stone to the full consciousness of a human being there are many stages. The evolution of consciousness is gradual; and it may be compared to the process of becoming awake from deep sleep. *

gradual opening of the eye from the Sound Step - 321 - 3121-- (zee) ellusin. Francient - that the rest they to toe, conficient what with the rest they to toe, conficient was the Left

Life after Death. (Hell & Heaven).

At the time of death the soul drops itsphysical body; and after death there is no consciousness of the gross world since it is directly dependent on the physical body. But though the consciousness of the gross world is thus lost the sanskaras or the impressions of the experiences of the gross world are retained in the semi-subtle sphere. During the interval between two incarnations the consciousness of the soul is turned towards these sanskaras or All impressions with the result that there is a revival and magnification of corresponding experiences. The average man does not become aware of the subtle environment. He is wrapped up in complete subjectivity and he is absorbed revived in living through the samskaras or impressions. In this state, the experiences of pain and pleasure become much more intense than what they were in the earthly life. And these subjective states of intensified suffering and joy are respectively called hell" and heaven which are illusions within the Atgreater illusion of the phenomenal world.

After death, the gress life ends and the life in 'spirits' begime.

There are two more planes created by the Creator in addition to the Gross planes. These are 'Subtle and Mental'. All have to cross the Subtle planes. There are very many and varied conditions here. Intense happiness or intense mysery exist in this (subtle) plane, which state is commonly called 'Haeven or Hell'. This place is too as densely populated as the gross - nay, much more. The life there is without control of Space or Time, but still under the control of 'Causation'. This life (in subtle state) ordinary men enjoy in dreams, but without having consciousness. It is this life that the Yogis enjoy and experience with the gross body.

Beyond the Subtle, the Mental (life) begins. This life is on much higher and powerful makes scale than the Subtle. Only a few who have crossed the Subtle region do succeed in reaching the mental plane. Life is here like a spark. The consciousness is full. One who has reached the Mental (plane) does see the Subtle as well as the Gross worlds.

From the Gross world, ordinary men cannot see the Subtle. Yogis can. In the Subtle, both the Gross and the Subtle are intelligible, but not the Mental. In the Mental, every spheres are intelligible, except the sphere of TRUTH.

All these planes are manifested in the human contract as a mange has pulp, seed and stone, it is so in a human gross form, where the Subtle, Mental and the Truth do exist.

all the spheres are under Maya except the sphere of Truth. Truth cannot be realized except in the Gross - that too in human form only. That is, to realize Truth, the human form is essential. Once a human being realizes, he becomes free from the grip of Maya, which has its controleven over the Creator.

A human being in he gross world before reaching the ruth has got to cross the seven planes. This crossing of the seven planes is most difficul lowers and enjoyments that he gets on the way make the progress alsmost impossible. in what little enjoyment and power that one gets in the gross has such a great control so difficult them. now much more difficult then would it be to control an those (powers and enjoyments) which are extremely more pawaranan powerful and enjoyabl. those whom he intends to the sphere of Truth in darkness, without g them a chance of after Once if the goal is reached, som getting stuck up in the way. iestined to come down. These are the great "Acharyas" (sadgurus). They, from theff per mend all the spheres, help the advancing being, and are aware of the Real State. pove Maya, yet they handle it. They are free and almighty, yet they are bound (by du I suffer for the sake of others. For in their workings alone, lies the advancement of h, and in their These Supreme Beings sufferings, the happines of the Universe. cad the "Baviours". Once after years, They are very very rare, but always ARE. before the worldly people, and again remain secluded.

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Water Bis Getter

The man (human being) is the "most advanced" of all the "living beings". It is in this (human) form (which is the "Perfect" of all other forms) that the "State of "Perfection" can be attained.

In the beginning, the "Jiva" (Life)
enjoys the "state of God" in its Original i.e. First state.
But it ("Jiva"-Life-) Mas then "no Knowledge" () of it (God-state). The "thought" or "desire" to know this, brings it from its original state (of God) i.e. "Infinite" to a "Finite" (limited) state.

The beginning of (this) "Finite" state is from the "atom" i.e. "stone" form. Now, in this "stone" form (that it has taken), the "Chaitanya" (life) is the "least".

Enyx The "Chaitanya" means "Knowledge" which - (i.e. the "desire to know") took it ("Jiva") down from the "Inf nite" to the "Finite" state.

Advancing from this "attom" (Stone) state, the real beginning of "Chaitanya" (Knowledge) comes in the "vegetable" state, then progressing to the "animal"state, it("Jiva") eventually assmed the "human" form. In this "human" form, the "Chaitanya" becomes "Perfect in Knowledge that "This is all Nothing" etc., that is to say, the very "thought and desire" that in the beginning gave the "Jiva" the "Finite" state from the "Infinite" come to an end here in "Human" form. But here, this confusion is created that the "Jiva" forgets its first - the Griginal - aim "to know the "Jiva" state, and pays all attention to and exerts all energy to know the "Finite" state only, and that is why and where it fails, striving always at the "limited", leaving the Eternal Sublime "Unlimited" (state)

Now - "to get a Knowledge" when and why this

"Finite" state was given (created) to the "Jiva" is said to
be "Perfect" state, i.e. to realize the Uriginal state of "God"
which was the first state.

The whole and sole aim and object of all Religions

& Yogas etc. is torealize (this) Perfect state.

Now, Man i.e. human being, means the "Jiva" who has the "complete" (Perfect) power of "Chaitanya", but even with the this complete power, he is "unconscious" of his Original state (of God). This human being thus "mis-uses" his power, which (misuse) creates "Janskaras". The morethis "Jiva" (human being) experiences "Finite" (Limited) state, the more does he come within the clutches of "Sanskaras". This - in ordinary language - is clalled "Luck" (Destinity). It is these Sanskaras that give "happiness or hardships" (miseries) to the man in his "finite" state.

To take an example of an "Ocean" - "Waves" & "Drops" etc. - suppose - the "Ocean" to be "God". Now, in the beginning, this "Ocean" does "not know" that "I am such a Nighty Ocean", i.e. its Original Perfect state). Now, the "desire" Othought:) "to know" this (perfect) state, which may be expared to and taken as "Wind" (), created a "Bubble". This "Bubble" (which may also be compared to "atom") after gradual advancement (Suppose) becomes a "man" ("wave"). The "wind" (desire) which originally created the "bubble" and gave it gradually the "human" form, now gives it (man) a small "Boat" (). This "boat" may be compared to the Human "Body". The one who sits in it be compared to "Jiva", and "Wind" may becompared to "Sanakaras".

Now, the state of the man (human being) is like this that - he is isttingin the "boat" but his hands are tied"; (hence), he cannot take any (active) part in moving the "boat". He omly breathes, i.e. takesout other air (wind) - i.e. creates Sanskaras, which (sanskaras) move (run) his "boat". Now, if

Now, if he breathes in a good way and creates "Good sanskaras (by good and /lawfu] deeds), the wind would blow in such a way that would carry (lead) his "boat" to a "Boatman", who, having dived into the "Ocean", swims again on the surface of water, ahving the helm of the boat is his hands (i.e.he can handle and move the "boat" or boats with his own hands).

Now,go back again. The original aim and object of the "Ocean" was "to know" its greatness ("Perfectness"), and with that end in view, it became the "boat" and the "boatman". But no sooner did he become the "boatman", his hands were tied up. But he had only the ability and power "to spend good Sanskaras". That much (ability and power) was left to him. Now, suppose - having breathed quite "legally" (having created good sanskaras through good actions etc.), he managed to take (leads his "boat" to such a place, where he had (got) the "chance" of a "release" (by coming around one "experienced"). Now, there, the "swimmer" who was "experienced", untied the bandage of his hands (freed them), and actually drownedhim in the "Ocean". The moment that he was drowned, he malized that "I WAS THE SAME i.e. I MYSELF WAS THE OCEAN" (but did not know it, and with ich he "knew" now).

But now, (after being realized), instead of remaining (lying) in the "ocean", he came on the surface and got hold of the "boat"- the same over which he had no control previously (his hands being "tied"), but which now came under his control, and began to move it wherever he wished.

Now, in this "realized" (experienced) state, the Jiva has nonecessity of the "boat", for the aim and object "to know" (realize) that "I am the Ocean" (I am God) is now served and completed. But in order to guide other "ill-fated boatmen", who were and are not drowned in the "ocean" and had not the "experience" (realization) - that "I am the Ocean"), he steered and drove his "boat" (grasping it with his hands from under the water) in such away that all other "boatmen" with their hands

"tied up" (and hence "inexperienced") may be drawn towards him, and he may then "free" them.

Those Sadgurus who have reached the "Perfect"state have their "luck" () in their own hands, i.e they have "not to yield or be subjected to" its (fortune's) bounties (grace) or ill-grace. They have been internally ONE WITH GOD, and with their "Subtle"brodies, they manage the workings of the whole world, and utilize their "gross" bodies as the "means" to free others (people of the world) who are "imprisoned" - within the clutched of "Maya & Sanskaras".

In the above tillustration, we have seen that the Jiva

(bubble) in the "ocean" fafter becoming (One with) the Ocean, "runs" (drives - leads - steers) the "boat". He does not "sit in" the boat, not is he "dependent on" the "wind". Just the same way, One who has becme One with God realizes (experiences) Himself as God, and on the strength and power of that "Godliness), he works (moves etc.) his ordinary body. He is not "bound" by the sanskaras. Niw, some of those who have dived and become One with the "Ocean" (realized), remain (stay) there, i.e. "in" the "ocean", and have (keep) no connection with the "boat". Their "boats" are driven (drifted) by the waves, i.e. there are-many who are "Perfect", but who do not turn their "minds to this "Finite" (Limited) state (of the human beings) from the moment they become One with the Almight Their bodies are then "moved" (worked) on the strength and powe of their "Sat" (Truth, is Realized) state. But they have no "Knowledge of that"

These "Mujzoobs" do not become the "means" to beof use to and "free" others. The Sadgurus, who are "Saliks" are only considered as the "Benefactors" & "SAVIOURS" of the World (and its weople). They are the "Masters" of both - the "Finite" and the "Infinite" states.

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Paramatma contained innumerable drops, the individual souls or Atmas. Although the Atmas are a part and parcel of the Ocean and are in reality one with the limitless ocean of Knowledge, Power and Bliss, they were not, however, conscious of their Real Self.

To achieve this self-consciousness, the whole creation was precipitated and the individual Atma had to take form. To trace the journey of the Atma understandingly, through the evolutionery labrynth, to its culmination in self-realisation, it would be better to take the help of the chart attached herewith. For clarity of description, the individual Atmas (vide Chart) are numbered as 1,2,3,4 etc., and the corresponding forms of the Atma are denoted as A, B, C, D, E, etc.

Now, the first significant gross form that Atma (1) took was that of stone (A). In course of time, through the evolutionery process, stone (A) evolved into metal (B). Herein the Atma may be styled as Atma (2), and this never-ceasing process of gross evolution is carried right through vegetation, worms, flahes, birds and animals ending with the human form (H), corresponding with Atma (8).

This should be borne in mind that Atma (1), in the gross form (A), as stated above, although in reality one with the limitless the Ocean improvementation, has somehow lost consciousness of its Real Self, and having identified itself with its gross form (A), is most finitely conscious of the gross world only. Similar is the case with Atmas 2,3,4, etc., who are lost to their Real Self, and having identified themselves with their respective gross forms B,C,D, etc., are increasingly gross-conscious only and experience nothing but the gross world.

In the human form (H), the evolution of forms and consciousness is complete, and the Atma (8), which upto now may be said to have
mediums of its consciousness evolved involuntarily, hereonwards tenter
the stage of conscious effort in the direction of self-realisation.
This marks the return journey of the Atma leading to the knowledge of
its Real Self i.e. the Paramatma. Unlike the progress upto the human
form wherein the Atma was all a ong identifying itself with its gross
forms, and through them as mediumswas experiencing the gross worlds

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only, the return journey wis replete with special features, which should be carefully followed.

on the first stage of the journey, the Atma which we designate as (9), still unconscious of its Real Self, identifies itself with the subtle body, and utilises it to experience the subtle world only, quite oblivious to its Real Self, the gross world and the mental world.

The second stage denotes Atma (10) identifting itself with the mental body and through it experienving the mental world. Here, the Atma is completely forgetful of its Real Self, as also the gross and subtle worlds. On this plane, the wayfarer is termed as Vali in Sufistic language, and due to the immediate nearness or proximity of this stage to the Infinite Ocean of Divinity, the wayfarer may be said to have seen Paramatma or God, while the relative existence of the gross, subtle and mental worlds he feels or experiences as something emanating from God or as having their being in God. With all that, the Vali or the individual Atma (10) is unaware of his original Self, the Par matma.

The last stage on the journey is that of Atma (11), which has fully realised its Real Self, is completely drowned in the Infinite Ocean of Knowledge, Power and Bliss, and being identified with the Infinite Paramatma, is totally unconscious of the gross, subtle and mental worlds. It is for this reason that persons in this stage of experience are unaware of their physical existence, and hence their frequently observed nude condition and utter disregard towards bodily requirements.

The most exalted state of the Atma is that of Atma (12), the Sadguru state, which not only ends with the realisation of Self, but results in the experience of paramatma, manifesting itself as many. Here, in the Sadguru state, the Atma, besides realising its Real Self, is able to experience the gross subtle and mental bodies.

In this state, the individual Atma (12), with the Infinite knowledge at its command, is able to know and judge the needs and requirements of the innumerable Atmas struggling through the different stages of evolution, and with the help of the Infinite power, pulls there towards higher spheres or catagories for which they seem fitted in the light of their previous experience or existence. For instance, Atma

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in (A) is pushed forward to (B), and Atma in (B) is pushed forward to (C) and so on. Upto the human form (H), side by side with organic and inorganic evolution, there is a gradual awakening or unfoldment of consciousness, which gets perfected in human form. Hereafter, the Sadguru merely changes the direction or outlook of the consciousness of human beings from gross to subtle, from subtle to mental and from mental to Divine.

The above method of working obtains, when the Sadguru is working universally in Maya and a general spiritual push is required to be given; but in some exceptional cases, the Sadguru is quite capable of enabting Atmato slip over a few intermediate stages.

Particularly in the case of members of his Circle, the Sadguru pulls up them right from the human state, and transforms them in overy respect into one like Mimself. Here the Sadguru utilises his Infinite Knowledge and Power for the progress and uplift of struggling Atmas while simultaneously enjoying the state of Infinite Bliss.

In short, Atma when conscious of gross body through (A) to (H) experiences gross world only; when conscious of its subtle body through (I), experiences the subtle world only; when conscious of its mental body through (J), experiences the mental world only; when conscious of self through its Self, experiences Paramatma only; and when conscious of its Self and its three vehicles, ex eriences the Paramatma; and through Paramatma and His Infinite Power and with the medium of the three vehicles, hells to redeem the innumerable souls, caught up in the maze of gross, subtle and mental consciousness.