

when rigid

~~Brainy~~

The Mind is always like a  
screen between man and God,  
and obstructs the vision of the heart.

But when open and understanding,

it explains these same visions  
beautifully and as they are helpful

A blend of head & heart  
is the only best medium



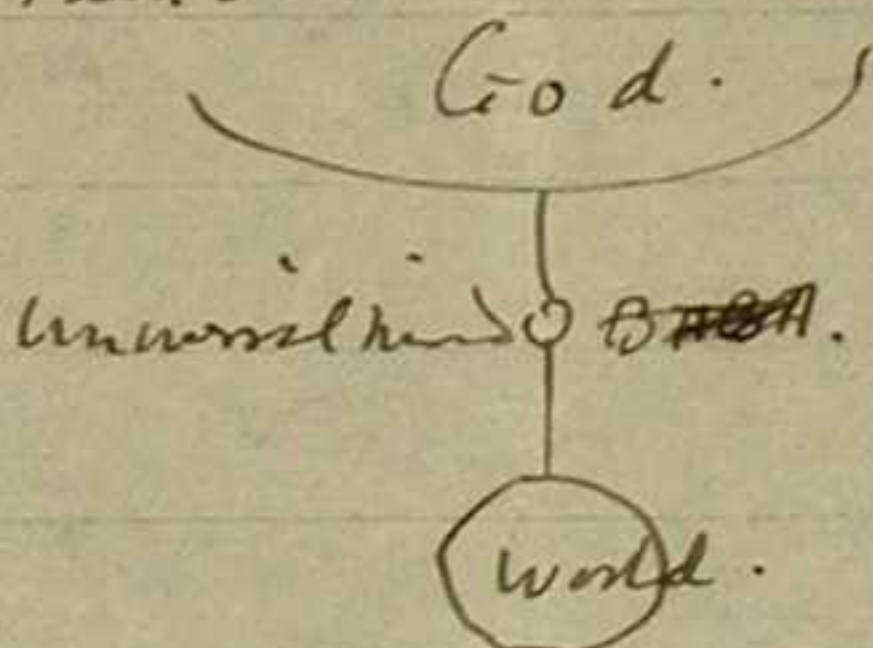
No 11/L

# Sun

The reason why it is not coming out.

WV

I have come down here to take 'Rest'. Rest for me means complete Cessation of Spiritual work & this rest I wanted to allow myself after years. But nature - the law - which I have created myself would not give me that. How this Mayaic Power i.e. illusory attraction interferes ~~with my work~~ will be made clear by the following diagram:-



Ordinarily in my work, my universal mind is not linked with both the world & God & when I cease work, the mind tries to break away <sup>the link with</sup> from the world & become merged in God. In order to get over this difficulty & get rest at the same time, I want mountain, physical activity like running & playing & Sun for cheer. But this is not Ok. Then there are of two possible situations, either no rest or breaking of the law of which I have created. If I wanted I can get the sun to come out within five seconds but this will destroy the law which governs this <sup>whole</sup> Maya, the illusory universe. It is nobody's fault, no one can help it. Even great Yogis & Masters who control the elements & can raise the dead to life, are <sup>in the matter</sup> helpless, & will not be able to bring out



the Sun or do anything where I am personally concerned. Perfect ones, do things beautifully & do not violate the law, which they have created.

I shall manifest myself when I speak & then of course the Law will be set aside for the time being in order to give a spiritual push to the whole world, and of course ~~the Law will~~ <sup>be reestablished</sup> the law will once again gradually & slowly ~~resume~~ <sup>reestablish</sup> itself.

Out of 56 perfect Masters, There are five who are most important & only one who is the greatest & highest, the Avatar & that one is myself. It is a rare chance & luck for you to be given the opportunity of loving me in my personal aspect. Even masters long for the physical touch of an Avatar. When pain, misery & chaos in the world rules supreme, I then manifest myself. Spiritualism will be at its height & materialism ~~of a certain kind~~ will be at its lowest. After a time ~~there~~ in the name of a new law spiritualism will gradually diminish & materialism will gain the upper hand. This game is going on from the very beginning of time & will go on being rehearsed & repeated till Eternity. Although seemingly in point of time it is such a long & protracted game & one wonders, why the whole thing is not ended immediately, for one who is realized time as such does not exist & one feels as if nothing has happened.



No 11/L

शरीर  
Gross bodies = प्रकृति

Gross  
World

# U N I V E R S E

Subtle bodies = प्राण  
प्रकृति ०

Subtle  
World

(Finite = 0 = Nothing = False = Many)

Mental bodies = मन  
प्रकृति ०

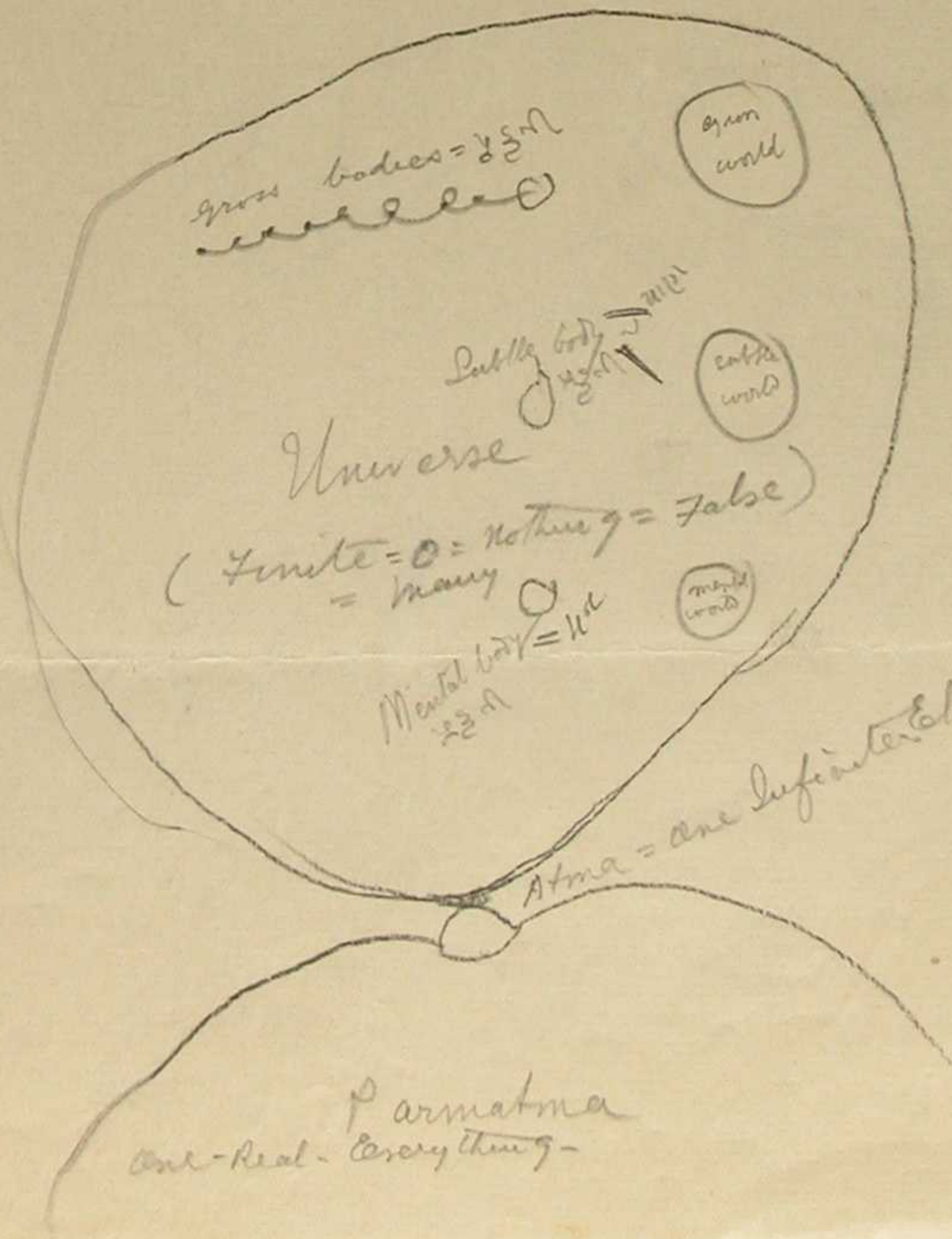
Mental  
World

Atma = One Infinite Eternal = Formless.

Paramatma

One - Real - Everything







General Meditation Chart - for all

10-3-36

East West 5:00 PM 2:15 PM 2:00 PM 2:15 PM 2:30 PM Meditate 32



What to meditate

Atma is one Infinite Eternal and yet Atma, when grossly  
Conscious thinks itself as body; when Subtly conscious thinks itself as  
Mental - and when Mentally Conscious, thinks itself as soul.

This experiencing of Atma as body, is a hallucination, delusion, ignorance, dream. Atma is Not limited. Atma is  
beyond these three. It is beyond the gross world, subtle world  
mental world. How did this Infinite Atma come to experience  
itself as finite.

How did formless Atma come to experience itself as form  
How did the Eternal Atma come to identify itself with the restricted  
How did Atma the Purest come to know itself as ~~limited~~  
What was the cause of Atma's illusion?

Atma was Consciousness of Paramatma. Atma being the spirit  
of the Infinite, could not realize its own Infinity.

Atma could not experience the Infinite, Gross Power & Knowledge of  
Paramatma, because Atma was unconscious. ~~It had to create a~~

To realize the One Real Formless, Infinite Paramatma, Atma  
needed Consciousness.

Atma found Consciousness, but Not of God, of the Unconscious, not of Paramatma,  
but of her shadow, Not of One but of many, Not of the Infinite but of finite,  
Not of the Eternal but of the temporal. So thus Atma instead of realizing  
God, got involved in Maya.

Now, the false, the gross, the Nothing has 3 states - (Gross, subtle, mental)  
Gross false (gross world) is farthest away from Truth (God)  
Subtle false (subtle world) is nearer Truth  
Mental false (mental world) is nearest to Truth

Atma got lost consciousness of the form and that has had finite  
Consciousness of the form. As the Cause known, so the Experience.  
Atma got lost from Consciousness, so Atma had to experience the form world  
Atma being formless cannot experience the form world, so Atma  
required and got form body, pure medium ~~to~~



Just, the Most Subtle Consciousness, as the Most Subtle Form,  
is, Alma got the form of Stone then which is experience the form world,  
Alma had thought itself to be Stone

Alma's form consciousness developed for the Most Subtle to full  
Consciousness of the form, and accordingly, Alma's medium of experiencing the form  
(i.e. Alma's body's) evolved from the most imperfect to perfect form, accordingly.

In short, Alma got Metal form to Experience Sankaras given in Stone  
form, to experience metal Sankaras, Alma got and thought itself as metal,  
to Experience metal Sankaras, Alma got vegetable form and whilst  
experiencing the form world then, form Alma thought itself as vegetable  
and so forth — form vegetable to worm, for become a fish, birds, animals etc  
and lastly to Experience animal Sankaras, Alma got human form and  
whilst experiencing the form world then human form (i.e. seeing, hearing, smelling,  
feeling, eating, drinking etc of the form world) thinks itself as human.  
(man or woman)

When the Definite Alma, whilst partly conscious thinks itself  
as Stone, mental, vegetable, worm, fish, birds, animals, human, according  
to the population of its consciousness. There is Alma's ignorance.

Now to experience human Sankaras, Alma had to relate human  
form, because its consciousness being full, the form can't evolve further.  
So Alma gets unnumerable human form (man or woman) according to the Sankaras  
of virtue, vice, good, bad, happiness, misery.

In human form, Alma gave full consciousness to his form, but  
also got very scarce, but as long as Alma's consciousness of form is not experienced  
the Subtle or mental world.

When Alma turns inward toward itself, the direction of Alma's  
full consciousness is toward the Subtle world. Now Alma experiences the  
subtle world then, Alma thinks itself as <sup>Subtle</sup> self.

Alma had in the consciousness of subtle form could expect Alma still  
thinks itself as <sup>Subtle</sup> form (i.e.)

When Alma draws still inward toward itself, its full consciousness  
is directed toward the form & mental world, Alma now experiences itself  
as form, and experiences the mental world then too —

Alma is the consciousness of body & self — the form & subtle world —  
the body might be in palace or in hut, in cold or heat, in food or sweets,  
clothed or naked, it is all the same to the mentally conscious Alma.  
Alma sees for the Definite self thinks itself as Form (i.e.)



Shri Sadguru Prasanna

What to meditate

Atma<sup>(आत्मा)</sup> is one, infinite and eternal, and yet (1) when grossly conscious thinks itself as शरीर (gross body) (2) when subtly conscious thinks itself as शरीर (subtle body) and (3) when mentally conscious thinks itself as मन (mental body)

This शरीर's (Atma's) experiencing itself as or identifying itself with शरीर, शरीर or मन is शरीर's (Atma's) delusion, hallucination, ignorance, dream. शरीर (Atma) is not शरीर, nor शरीर nor मन and is therefore beyond the gross subtle and mental worlds.

If this is so — :

How did then <sup>this infinite</sup> शरीर (Atma) come to experience itself as finite? How did then this formless come to experience itself as form? How did then this eternal शरीर (Atma) come to identify itself with the destructible? How does शरीर, the शरीर (The Purush) come to think itself as शरीर (Prakriti)? what was the cause of शरीर's (Atma's) hallucination.

शरीर (Atma)



~~मिथु was unconscious of the fact  
that he was परमपिता (Paramatma) and  
hence though मिथु (part parcel) of the  
infinite could not realize it.~~

To realize the one, Real, Infinite,  
परमपिता (Paramatma),  
मिथु (Atma) needed consciousness.  
Atma gained consciousness but not  
of God but of the Universe, not of परमपिता  
but of his shadows, not of one but of many,  
not of the infinite but of the finite, not  
of the eternal but of the temporal and  
thus मिथु (Atma) instead of realizing  
God got involved in मिथु (and  
hence came to experience itself as  
finite.)

Now the false, the zero, the nothing  
has 3 states —: (1) gross (2) subtle  
and (3) mental.

- (1) Gross false is farthest from Truth (God)
- (2) subtle false is nearer Truth
- (3) mental false is nearest Truth

Atma first got consciousness of the  
gross & that too most finite consciousness  
of the gross <sup>but</sup> as मिथु got gross  
consciousness, मिथु must experience  
gross world

Atma in its formless state cannot  
experience the gross world and so required  
a form as medium to experience the  
gross world and so got a gross body  
as a medium to experience the gross world.

But



But as the Consciousness, so the  
experience and hence <sup>since</sup> ~~hence~~ ~~ATMA~~ (Atma)  
~~ATMA~~ first got the most finite  
consciousness, ~~ATMA~~ (Atma) first  
got the most finite form and hence  
~~ATMA~~ (Atma) first got the form  
of stone through which to experience  
the gross world.

Atma's (~~ATMA~~'s) gross consciousness  
gradually developed from the most finite  
to the full consciousness of the gross and  
accordingly ~~ATMA~~'s medium of experiencing  
the gross (i.e. ~~ATMA~~'s ~~gross~~ form) evolved  
from the most imperfect to the most  
perfect form which is the human form  
(male or female).

In short ~~ATMA~~ got metal form to  
experience the ~~ATMA~~'s gained in stone  
form and thought itself as metal. To  
experience ~~ATMA~~'s gained in metal  
form, ~~ATMA~~ got vegetable form &  
while experiencing the world through this  
vegetable form thought itself as vegetable  
and so forth from vegetable to worm,  
from worm to fish, birds, animals &  
and lastly to experience animal  
~~ATMA~~'s ~~ATMA~~ got human form and  
while experiencing the gross world through  
human form (i.e. seeing, hearing,  
smelling, feeling, eating, drinking &c of the  
gross world) thought itself as human  
(man or woman).

Thus the infinite ~~ATMA~~, whilst  
grossly



grossly conscious thinks itself as stone,  
metal, vegetable, worm, fish, bird, animal  
human according to the proportion of its  
consciousness (i.e. though <sup>really</sup> formless,  
according to the proportion of its consciousness,  
ATAT comes to experience itself as having  
the form of stone, metal, vegetable, worm  
fish, bird, animal, human.)

This is ATAT's ignorance.

How to experience human ATAT's  
ATAT has to retake human forms because  
its <sup>gross</sup> consciousness being full, the  
<sup>gross form</sup> consciousness cannot evolve further

Thus ATAT gets innumerable  
human forms (male or female)  
according to ATAT's of virtue, vice,  
good, bad, happiness, misery. (and so  
though really eternal, ATAT identifies  
itself with the destructible i.e. this gross  
body (human form).)

In human form ATAT gains  
full consciousness & so in human  
form ATAT's ATAT (subtle body) and  
ATAT (mental body) get fully developed  
but as long as ATAT is conscious of  
gross, it cannot experience the  
subtle or mental world & so cannot  
utilize subtle & mental bodies (ATAT &  
ATAT) <sup>+</sup> this is the cause of ATAT's  
illusion

<sup>+</sup> in the awake  
conscious state







full consciousness is directed towards  
ATHTHT, HTHT now realize itself as  
ATHTHT or Infinite as one indivisible  
God.

<sup>In the beginning</sup>  
ATHTHT was unconscious of the fact  
that he was ATHTHT & hence  
though ATHTHT (part & parcel) of the  
infinite, could not realize its  
own infinity. Alma could not  
experience the infinite bliss  
power & knowledge of ATHTHT  
because ATHTHT was unconscious.

Now ATHTHT has reached its original  
state of pure infinity. ATHTHT has  
<sup>with full consciousness</sup>  
now transcended ATHTHT. and is  
self-conscious

~~In the beginning ATHTHT~~  
~~was unconscious; now ATHTHT is~~  
~~self-conscious.~~ So it means  
ATHTHT must retain full consciousness  
and be void of ATHTHT, HTHT, HTHT  
(gross, subtle, mental <sup>bodies</sup> worlds) as well  
as gross, subtle & mental worlds.  
It means ATHTHT with full consciousness,  
must escape creation, phenomena,  
universe, the many, the false,  
the zero, ~~the~~ <sup>and</sup> ATHTHT's false ego  
(I am ATHTHT, I am HTHT, I am HTHT)  
must be annihilated and this  
again means ATHTHT must retain  
full consciousness and yet be  
void of gross, subtle & mental  
ATHTHT's and desires.

The goal



The goal is that *वृत्ति* must attain  
*वृत्ति* state with full consciousness.

Note—: meditation & concentration are  
many a time mixed up one with the  
other though they are different from  
the other.

meditation means reading or ~~thinking~~  
~~repeating~~ <sup>or thinking</sup> verbally or mentally or some words with  
your mind wholly put into this action of ~~your~~  
~~reading & repeating~~ <sup>or engaged</sup> his

concentration means to fix your  
mind <sup>wholly &</sup> on any one object or thought  
~~with~~ ~~with~~ ~~your~~ ~~eyes~~ ~~open~~ or  
~~with~~ ~~your~~ ~~eyes~~ ~~open~~ or ~~with~~ or its vision  
with ~~your~~ eyes open or shut.

Note - meditation <sup>(वृत्ति)</sup> means thinking everything  
about  
the only one particular thing or object.

concentration <sup>(वृत्ति)</sup> means to fix one thing  
on that particular object.

So one who reads attentively all this  
every day and thinks over it all, is said  
to be daily meditating on this divine  
subject.



This New method is specially <sup>prepared</sup> ~~designed~~ <sup>thought out</sup> not

only to eliminate the general difficulty & Complaint of  
of a constant disturbance of outside thoughts during  
meditation but also to help <sup>centralizing the mind</sup> "concentration" on  
one particular Subject of greatest importance to  
all Mankind in general. It combines the process  
of reading & thinking simultaneously on one and the  
same subject <sup>every day,</sup> over and over again, so that the central  
theme is hammered and forced into the mind  
to take root. This will automatically  
train the mind to a <sup>strong</sup> ~~fast~~ self-focus on  
that particular subject, "Meditation" — and thoughts  
on similar Subject will naturally be brought  
forth — to the exclusion of all other disturbing  
elements which meditating is difficult.

The Subject selected for this method is of  
no ordinary importance, but <sup>has a</sup> of special ~~essential~~  
Quality of self, ~~essential to the pathway to life~~  
itself, and most essential for learning at least  
an intellectual Understanding <sup>touching its very</sup> of life, root and  
then its process of evolution to the end and aim  
of all life. — In fact, it is the one and only  
Subject on which each individual has ~~made~~  
Ultimately to think of seriously, ~~before~~ one day  
or the other, in this life or in those of the lives  
hereafter, before the soul <sup>trans</sup> migrates into its source  
— in self-realization.

\*: Method not none of the ways which lead to the Divine Path. For those who are in contact with a God-realized  
Master, it is unnecessary. For those who are under His guidance and having love for him, it is essential.



M e d i t a t i o n

"Meditation" means चिंतन i.e. thinking everything about only one particular object or thing.

Thus, one who reads attentively all that is explained on these pages every day, and thinks over it all, is said to be daily "meditating" on this divine subject.

This beautiful method for "meditation" is given to the world of true aspirants who find it too difficult to "meditate" due principally to the ever-changing चंचल nature of the mind. There is at present a general complaint the world over by almost all who "meditate" that during their "meditations", in spite of all their best efforts to keep the mind steady and centred on to the subject matter of "meditation", other thoughts intervene, and disturb their "meditation" making it almost impracticable.

This new <sup>and unique</sup> process, <sup>offered</sup> thought out by Shri Meher Baba <sup>and</sup> offered to the world is designed to prove not only helpful <sup>but</sup> unique to all who desire <sup>and</sup> seek to enter the path. This will be the <sup>first</sup> "stepping stone" to the path of Spirituality, and is intended not only to remedy the present general complaint by all who "meditate" but will prove helpful to keep the mind occupied, receptive and <sup>focused</sup> ~~centred~~ on to the central subject, which, in short explains everything from the point of creation to the goal of self-realisation.

\* for those <sup>few who are</sup> in advanced spiritual state, this preliminary process is automatically unnecessary, and those <sup>very very rare</sup> who <sup>are</sup> self-realized <sup>themselves</sup> become the object of meditation

\* Meds. for some of the ways what lead the aspirant to the Divine Path. In those who are in contact with a God-realized Master, it is unnecessary for them, being under His Guidance and having love for him ~~is~~ enough.



When Atma still draws itself inward, its full consciousness is  
directed toward Paramatma. Atma now realizes itself as Paramatma,  
as Infinite, as One Indivisible Jid.

Now ~~it means that~~ Atma has reached its original state of  
Pure Infinity.

In the beginning, Atma was Unconscious, had atma as self-conscious  
So it means Atma must retain full consciousness & be void of  
diseases - void of fear, subtle mental world - It means  
Atma with full consciousness must escape creation, phenomena,  
Universe, the many, the false, the false, as Atma false ego (I am I am  
I am ego - I am not) must be annihilated. And the Ayam brahmam,  
Atma must retain full Consciousness & be void of gross, subtle mental  
samskara & desires.

The goal is Atma to attain Paramatma state with full  
Consciousness.

So Atma all the time being in and with ~~itself~~ does not realize  
the infinite peace, bliss, power, and knowledge of  
~~itself~~ because it is not conscious of itself being ~~itself~~  
but is conscious of its <sup>own</sup> Missionary, shed one in the forms  
of gross, subtle & mental



This is given to the world, which finds it too difficult to  
meditate, due to the nature of the mind. There is <sup>general</sup> ~~general~~ <sup>confusion</sup> ~~confusion~~  
the world over, by all who meditate that thoughts interrupt - disturb  
the Meditator: which makes it impracticable.

This process ~~is~~ <sup>is</sup> thought out by R. — and offered to the  
world, with <sup>the</sup> ~~the~~ <sup>purpose</sup> ~~purpose~~ to all who desire to seek to enter the Path.  
This is the Stepping Stone to the Path of Spirituality. It will  
very effectively <sup>prevent</sup> ~~prevent~~ <sup>the</sup> ~~the~~ <sup>state</sup> ~~state~~ <sup>of</sup> ~~of~~ <sup>affairs</sup> ~~affairs~~, since it will keep the  
Mind occupied, ready <sup>to</sup> ~~to~~ <sup>think</sup> ~~think~~ <sup>over</sup> ~~over~~ it.

In these fortunate beings who can concentrate their minds  
fixedly on one thought or object — the more thought I am of, the  
I am not <sup>no</sup> ~~no~~ <sup>no</sup> ~~no~~ <sup>no</sup> ~~no~~ — a the more form of a God <sup>is</sup> ~~is~~  
is sufficient.

"Meditation" gradually develops into "Concentration"  
and where we are dealing with "Meditation" only.

If this is practiced, R. says, regularly, will not only help meditation  
but will also enlighten one on the Path —

It is his experience, to be understood intellectually, before <sup>reaching</sup> ~~reaching~~ <sup>any</sup> ~~any~~ <sup>stage</sup> ~~stage~~ <sup>of</sup> ~~of~~ <sup>the</sup> ~~the <sup>path</sup> ~~path~~.  
If one practices it till life time, one gets <sup>the</sup> ~~the~~ <sup>best</sup> ~~best <sup>of</sup> ~~of~~ <sup>the</sup> ~~the <sup>body</sup> ~~body~~.~~~~~~



No 11/4

21/11



Why the Sun does not shine ?

Law makers would be law-breakers -

I can change the atmosphere & do or undo anything. Bring the Sun out in the twinkling of an eye. But think about the Law I created. (It's an illusion)

Where I am personally concerned; (as in this case of bringing out the Sun) no Yogis, not even great Masters could do it (bring it out) tho. Yogis & Masters have great powers of even raising the dead.

I have a law of my own in managing the affairs of the Universe -

But when I speak that that law will be kept aside, i.e. then the Sp. part will be Universal. So the law which I have created for the Universe will be set aside. But again the Law established itself. Then the spiritual power gradually diminishes and material increases - just like sea shore. Material inert, chain, all reach the climax I manifest. When I manifest Sph. is at its highest (Sep. board taken up & down at both ends to explain) (why so long a time?) But when you become one with Me there is no time - nothing. How fortunate the couple is to love me in person. The human being has love for each other - men for women & c. personal - so here you can have personal love, but it is desire - no lust - hence highest. But love here for the Master there is greatest paup & suffering. The separate is felt more. Here headache, heart ache is more acute, just like a moth going towards the candle to die the lover goes mad for the beloved. Hopes loved the Master that he wd not live for 5 yrs. without him. He wd kiss his hair. One must have such burning longing close as wd to find peace. Not in his absence. I want rest but nature does not allow it. See how often is no sun - then is rain. Why? That may mean the illusory attraction wh. prevents



everywhere that Maya uses its force against spirituality - now when I am not awake  
it means that the sp. forces are not at all. Maya gets stronger. and if I resist Maya  
that working would be disturbed.  
The law which governs Maya will be broken.

and - tomorrow something will happen that will give me rest. - will play jolly  
good fellow."



## The Mirror - Example

### A Simile with the Samskaras

Taking a mirror, Shree explained - (with reference to the Creation of the Gross & the Subtle worlds & bodies & the Samskaras etc)

Suppose - this Mirror = Samskaras

So now, when the moment the Chaitanya is created in the Unconscious mind (in sound sleep) to know Self, Samskaras begin i.e. the Mirror placed, aside begins to move (towards the direction of the eyes) - See Figure.



The very first Movement takes it (mirror) to the Stone form, where only a corner of the Mirror falls within the boundary of our vision. The next Movement to 2 - to the Vegetable form brings a greater area of the Mirror to the vision, the next to 3 (Animal) still greater and then the final Move towards the human form (4) brings the entire (area of the) Mirror before the vision and one sees his own reflection therein & believes that reflection (Shadow of Self) to be the Real Self (I); which is not true.

Instead of Seeing (him) Self, inside & towards his own body, he sees towards the <sup>reflection in the</sup> Mirror. So what should he do now - to see Self? He must <sup>only</sup> remove the Mirror. - Not only remove, but destroy it. That is - he must destroy the Samskaras. If he doesn't destroy these, they stand as they are and present themselves ~~once~~ again & again whenever he takes birth - i.e. the Mirror is there - even when he has left bodies after bodies & taken another. Therefore - do so all remove this Mirror (of Samskaras) & See your own Real Self.



Nothing - Everything - Sea - Bubble - Wind - Fire - Energy -  
Mirage - Water - Mirror - 4 states (of God)

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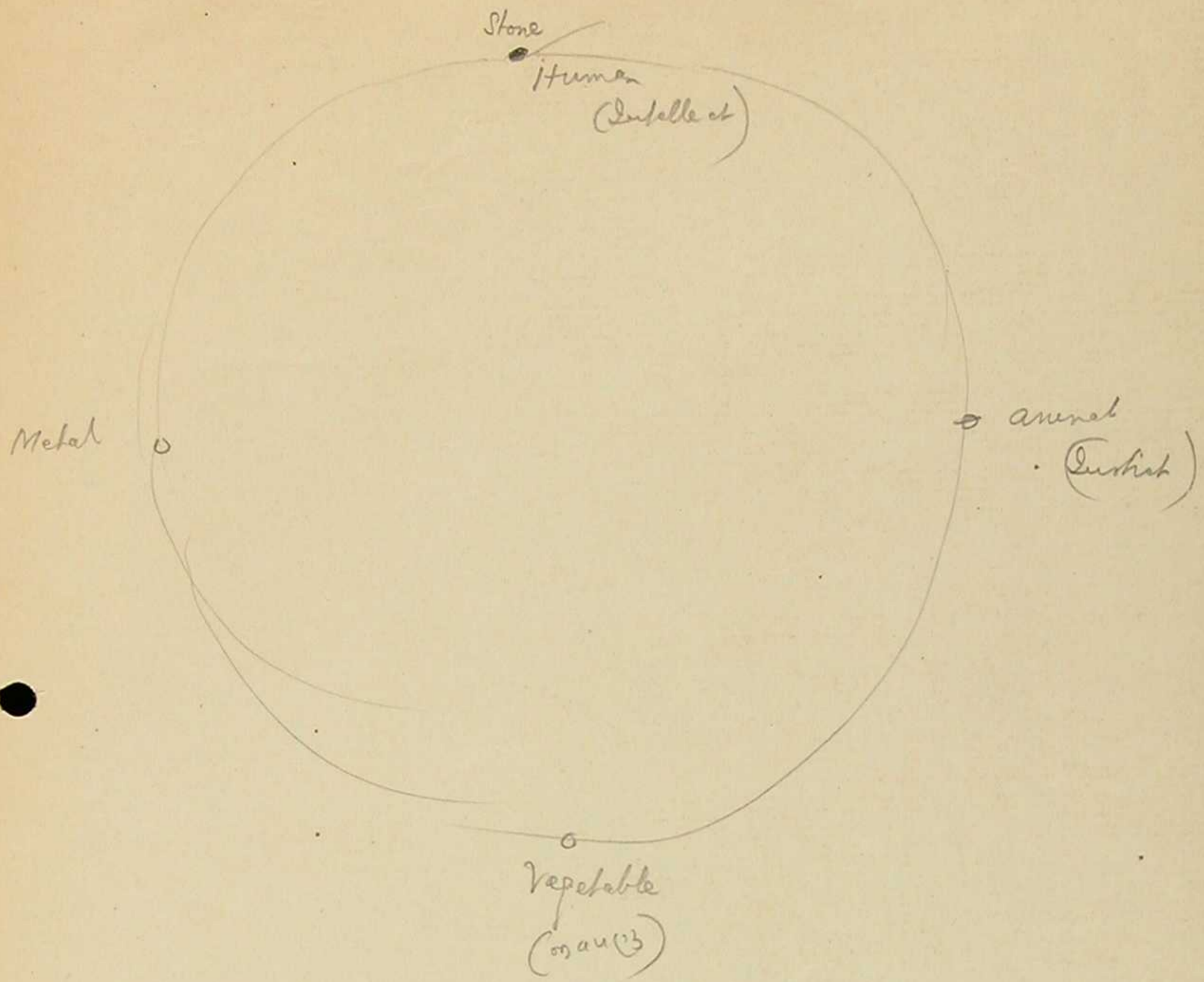
What is the "Chaitanya" & how is it created?

Suppose - the thought of realizing Self (in the sound sleep state)  
(=) creates the Wind. This Wind clashes with <sup>21/3/21</sup> ?  
and creates energy (= Force) i.e. Chaitanya. It is this Force  
(Energy - to realize Self) that Zoroaster asked to worship & pray.  
and the Zoroastrians worship the fire created by burning the sandal-  
wood & coconut etc etc. What a difference?

God = Everything = Water = Real = Sea = Light  
= Nothing = Mirage = <sup>Unreal</sup> (False) = Bubble = Darkness

Now, if we say God is everything -  
there is nothing - but God (= everything) - it naturally follows that  
that "Nothing" is





Nothingness - Every



Unconscious  
Sound Sleep  
God

creator

Stone

Subtle

Form

Vegetable

Natural

Animal

Case / case

Human

Planes - riffs

(1) Fig

God

Causens



Although European historians paint  
him in a different colour, there was no  
warrior so brave, so sincere, so clever  
so gentle, & so pure. He was a perfect  
Bhakta & true disciple of his  
spiritual master. It's the same thing  
that is now present in this form, to perform

great part in the great spiritual  
outburst that is to occur in the  
near future. I was present in the time  
of Jesus too, but that's another  
tale. It's all secret but a part  
of it I have thus revealed.

he  
swore  
that  
this  
is quite  
true.

Read out to the mandali at about 5.30 in the evening on the  
day of July 1925 at Shan's place - written out by Baba



Asked by Aspin whether men of those times were present now here or not

Answers written out on slate :- (First he nodded his head and then asked for the slate and wrote out this) :- Although hundreds were with him,

About 24 of ~~the~~ played a very important <sup>part</sup> at that time. Shivaji has now realized <sup>the</sup> and through him at the appointed time in the near future these companions will also realize about ten played a powerful part in the Shivaji game. Also Afzal K. who received a wound at his hand will be like Shivaji. Also one foregone at that time played a part. Let it go its all mystery but the knowers will know.

Civilian 2 yrs from this date ✓

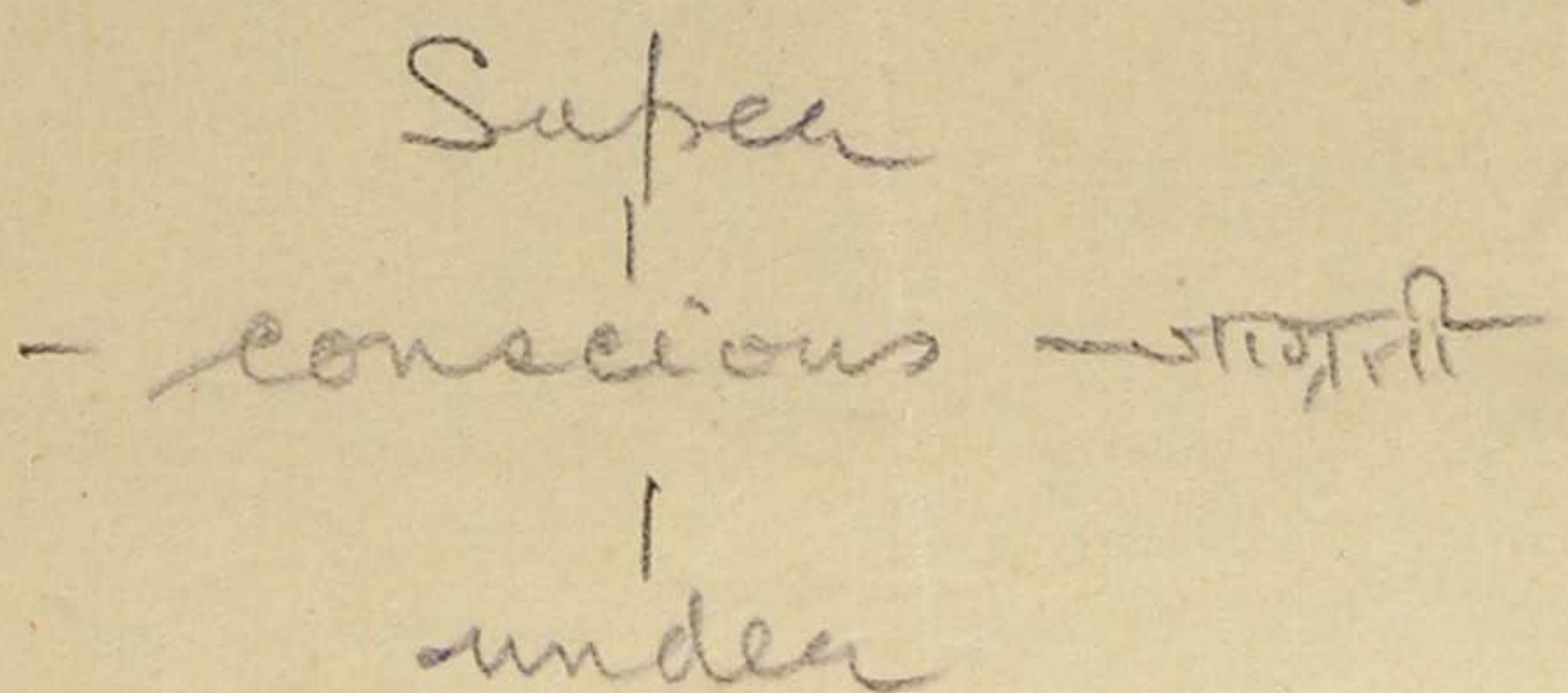


When a man is given chloroform or faints or is in the mystic stage, then too he is dead like, though life is in him. But this stage is underconscienceness. And realization is pure super — " , ✓

Because this underconscienceness comes from the physical source, i.e. something externally is given to stop the mind & so the mind is stopped but - the low plane like sound sleep. But

the conscious state is brought about internally i.e. through the help of another mind.

So conscious state we always are in. The underconscious state ~~is~~ is created by the external chloroform & the superconscious state through the internal chloroform.



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