

The Seven Realities
of
Meher Baba's
Teaching





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Mehar Baba's teaching gives no importance to creed, dogma, caste systems, and the performance of religious ceremonies and rites, but to the Understanding of the following seven Realities:



Existence

Love

Sacrifice

Renunciation

Knowledge

Control

Surrender



1. *The only REAL EXISTENCE
is that of the One and only
God, who is the Self in every
finite self.*



2. *The only REAL LOVE is the Love for this Infinity (God), which arouses an intense longing to see, know, and become one with its Truth (God).*



3. *The only REAL SACRIFICE is that in which, in pursuance of this Love, all things, body, mind, position, welfare; and even life itself, are sacrificed.*



4. *The only REAL RENUNCIATION is that which abandons, even in the midst of worldly duties, all selfish thoughts and desires.*



5. *The only REAL KNOWLEDGE is the Knowledge that God is the inner dweller in good people and so-called bad, in saint and so-called sinner. This Knowledge requires you to help all*



equally as circumstances demand, without expectation of reward, and when compelled to take part in a dispute, to act without the slightest trace of enmity or hatred; to try to



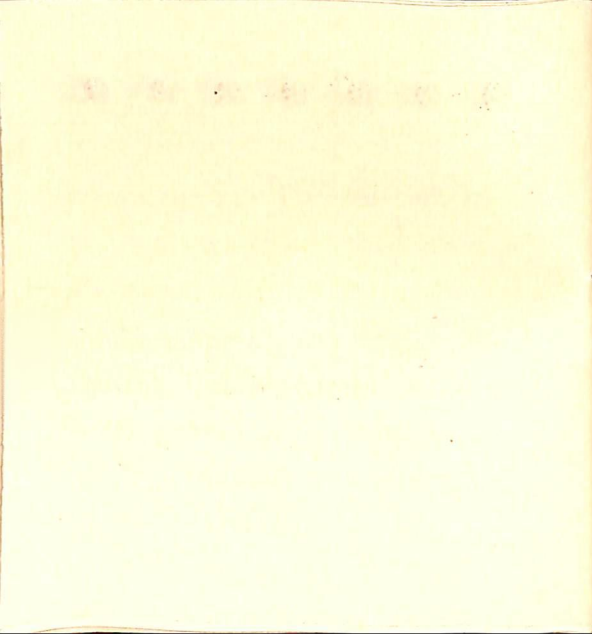
make others happy, with brotherly or sisterly feeling for each one; to harm no one in thought, word, or deed, not even those who harm you.



6. The only REAL CONTROL
is the discipline of the senses
from indulgence in low desires,
which alone ensures absolute
purity of character.



7. *The only REAL SURRENDER is that in which the poise is undisturbed by any adverse circumstance, and the individual, amidst every kind of hardship, is resigned with perfect calm to the will of God.*





FOR OTHER PUBLICATIONS CONCERN-
ING THE LIFE AND TEACHING OF

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