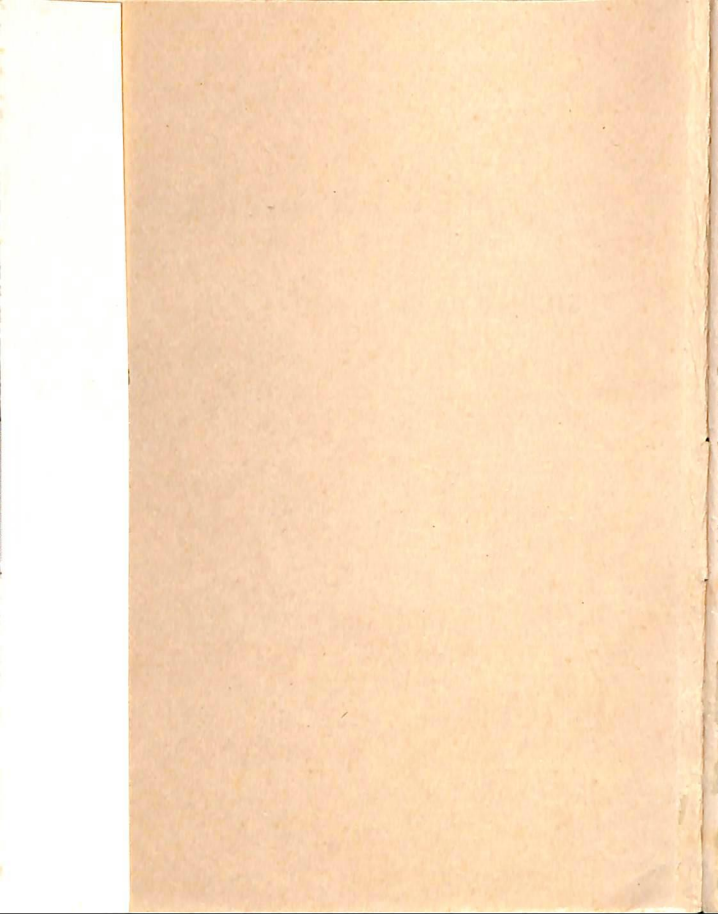
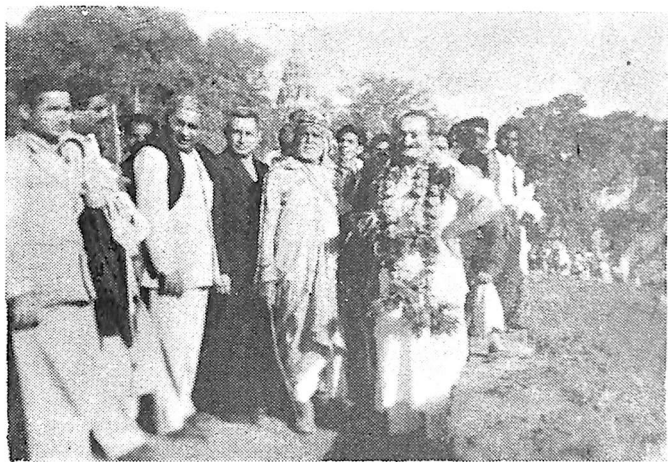


THE SILENT SAVIOUR OF HUMANITY

AVATAR MEHER BABA





Shri Gadge Maharaj receiving BABA
at Pandharpur in 1954.

*The greatest law of
God is love, which holds
the key to all problems.*



BABA washing the laper at Pandharpur in 1954

*That is real service
where there is no
thought of self at all.*

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MEHER BABA
THE
SILENT SAVIOUR OF HUMANITY



SIXTY-SEVEN SELECTED SAYINGS
OF
AVATAR MEHER BABA

Sixty-seven Selected Sayings

Compiled |& Published

By

Avatar Meher Baba Poona Centre

To Commemorate The 67th Birth-Day of

Avatar Meher Baba

25th February 1961

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Introduction

To see God as God one has to become God. To see man as man it is only possible for another man, not for an animal, however intelligent it may be. Thus when Meher Baba declares that He is the **Ancient One—The Highest of the High or God in Human Form**—it should be understood as a statement of fact based on conscious experience of His being God, witnessed, recognised and declared as such by the Perfect Masters Sai Baba, Babajan, Upasani Maharaj and others who have become one with God and at whose shrines millions worship today. A man or woman has no hesitation in declaring that he or she is a man or woman because he or she consciously experiences his or her individuality as such.

Avatar, Christ, Buddha or Rasool are names of a state of consciousness which is at once the state of 'Godhood' or "*Aham Brahmasmi*" state or "*Sarvagna*" state or the state of **Perfection**. Attainment of this state of consciousness is the goal of every being on the earth. And when man or woman attains that state following any prescribed path of any religion it is called the **Ascent** of the human soul.

Avatar means the **Descent** of **Divinity** on the earth in human form. And this is an occurrence precipitated by man and willed by God at the turn of every age between 700 to 1400 years.

"When virtue subsides and vice prevails I come down to re-establish *Dharma*, to protect the virtuous and to destroy the

wicked."—Gita. Now, it is for man to think whether after this declaration was made by Lord Krishna in the Gita, had ever such a manifestation of Divinity occurred on the earth and if so when and where? History tells us the conditions of life of human society preceding the advent of the Buddha, in India, advent of Jesus the Christ in Judea, and Mohammed the Prophet in Arabia, were similar to the one preceding the advent of Krishna and Rama and Zoroaster before Him. A look around the world and survey of the conditions of life prevailing in the human society today will naturally convince every man or woman that we live in a critical period of human history, when we are confronted with a great question—'How to save ourselves from ourselves?' How to save man from man?

The mighty powers man has acquired to protect himself and his interest threaten his very existence on the earth. From every heart emanates the call for peace. Leaders of every known nation in the world labour day and night for peace amongst man. But peace evades them all !

Peace can come only from the Grace of God and that God in human form is on the earth silently saving humanity from total destruction. Who He is, how He does this work is the contents of this booklet, Avatar Meher Baba Poona Centre offers it with love to all those who honestly seek for peace and lasting happiness for man on the earth.

A. M. B. P. C.

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Godhood is the birthright of every man.

*

It is possible through love for man to become God. And when God becomes man, it is due to His Love for his beings.

*

Kabir says :

“ Tirath ka phal ek hai,
Santo ka phal char;
Sadguru ka phal anek hai,
Kahe Kabir bichar.”

(“ Pilgrimage to holy places bears
one fruit.

Company and guidance of ‘ Sants ’

(Saints) bear four fruits.

Oh Kabir ! the grace of a 'Sadguru'
(Perfect Master) bears infinite
number of fruits."

VEDAS say :

" Out of thousands of men, one becomes a ' Sant ' (Saint); out of thousands of ' Sants ' one becomes a ' *Brahmi-Bhoot* ' (God-realised)! Out of many such God-realised ones, one becomes a ' *Sadguru* ' (Perfect Master)."

I SAY :

During the Avataric period the five Perfect Masters make GOD incarnate as MAN.

*

Consciously or unconsciously,
directly or indirectly, each and every

creature, each and every human being—in one form or the other—strives to assert individuality. But when eventually man consciously experiences that he is Infinite, Eternal and Indivisible, then he is fully conscious of his individuality as God, and as such experiences Infinite Knowledge, Infinite Power and Infinite Bliss. Thus Man becomes God, and is recognised as a Perfect Master, Sadguru, or Qutub. To worship this Man is to worship God.

(Shri Shankara, Guru Nanak, Kabir, Meera, Dnyaneshwar, Ramdas, Namdev, Tukaram, and Ramakrishna are widely known, remembered with reverence and worshipped as God.... And in recent times, Babajan of Poona,

Sai Baba of Shirdi, Upasani Maharaj of Sakori, Narayan Maharaj of Kedgaon and Tajuddin Baba of Nagpur are very popularly known and widely worshiped....*Compiler.*)

*

When God manifests on earth in the form of man and reveals His Divinity to mankind, He is recognised as the Avatar—the Messiah—the Prophet. Thus God becomes Man.

“And so Infinite God, age after age, throughout all cycles, wills through His Infinite Mercy to effect His presence amidst mankind by stooping down to human level in the human form, but His physical presence amidst mankind

not being apprehended, He is looked upon as an ordinary man of the world. When He asserts, however, His Divinity on earth by proclaiming Himself the Avatar of the age, He is worshipped by some who accept Him as God; and glorified by a few who know him as God on earth. But it invariably falls to the lot of the rest of humanity to condemn Him, while He is physically in their midst."

(The life stories of the most recognized and much worshipped manifestations of God as Avatar (Messiah or Prophet), Zoroaster, Ram, Krishna, Buddha, Jesus and Mohammed are an

ever living testimony to show man how the erring and arrogant humanity treated God Man in the past...*Compiler.*)

*

The Avatar is always one and the same, because God is always One and the Same, the Eternal, Indivisible, Infinite One, who manifests Himself in the form of man as the Avatar, as the Messiah, as the Prophet, as the Ancient One—the Highest of the High. This Eternally One and the Same Avatar repeats His manifestation from time to time, in different cycles, adopting different human forms and different names, in different places, to reveal Truth in different garbs and different languages, in order to raise humanity

from the pit of ignorance and help free it from the bondage of delusions.

Age after age, when the wick of Righteousness burns low, the Avatar comes yet once again to rekindle the torch of Love and Truth. Age after age, amidst the clamour of disruptions, wars, fear and chaos, rings the Avatar's call :

COME ALL UNTO ME

Although, because of the veil of illusion, this Call of the Ancient One may appear as a voice in the wilderness, its echo and re-echo, nevertheless pervades through time and space, to rouse at first a few, and eventually millions, from their deep slumber of

ignorance. And in the midst of illusion, as the Voice behind all voices, it awakens humanity, to bear witness to the Manifestation of God amidst mankind.

The time is come. I repeat the Call, and bid all come unto me.

✱

Avatar's appearance always coincides with the spiritual birth of man so the period immediately preceding this manifestation is always one in which humanity suffers from the pangs of the approaching birth. Man seems more than ever enslaved by desire, more than ever driven by greed, held by fear, swept by anger. The strong dominate the weak; the rich oppress

the poor. Immorality increases, crime flourishes, religion is ridiculed. Class and national hatreds are aroused and fostered. Humanity grows desperate. There seems to be no possibility of stemming the tide of destruction.

At this moment the Avatar appears. Being the total manifestation of God in human form, *He is like a gauge against which man can measure what he is and what he may become.*

I am the Ancient One come to redeem the Modern world.

I am the One so many seek and so few find. No amount of intellect can fathom Me. No amount of austerity

can attain Me. Only when one loves Me and loses one's self in Me, am I found.

This love must be so honest that not only others should not know it, but you yourself should not be aware of it.

One of the Divine aspects is Infinite Goodness, and so, do good but without expecting any appreciation for the same from any quarter.

I have come not to teach but to awaken.

Understand therefore that I lay down no precepts.

Throughout eternity I have laid down principles and precepts, but mankind has ignored them. Man's

inability to love God's words makes the Avatar's teaching a mockery. Instead of practising the compassion He taught, man has waged crusades in His name. Instead of living the humility, purity and truth of His words, man has given way to hatred, greed and violence.

Because man has been deaf to the principles and precepts laid down by God in the past, in this present Avataric Form, I observe Silence. You have asked for and been given enough words it is now time to live them.

without necessarily discarding the inherent details of

My Message to all is 'Love God'

The greatest Law of God is Love, which holds the key to all problems.

The lasting emancipation of man depends upon his love for God and upon God's love for one and all.

Where there is Love, there is Oneness.

It is love that will bring about the much-desired universal leveling of human beings all over the world, without necessarily disturbing the inherent diversities of details about mankind.

When one truly loves God one longs for union with Him, and this supreme longing is based on the desire of giving up one's whole being to the Beloved.

*

When one truly loves humanity, one longs to give one's all for its happiness.

*

When one truly loves one's country, there is the longing to sacrifice one's very life without seeking reward and without the least thought of having loved and served.

*

When one truly loves one's friends, there is the longing to help them

without making them feel under the least obligation.

When truly loving one's enemies, one longs to make them friends.

TTrue love for one's parents or family, makes one long to give them every comfort at the cost of one's own.

Thought of self is always absent in real love; a single thought of self would be an adulteration.

Selfishness is the root cause of all troubles. It is all the more dangerous because, under the subtle influence of

selfishness, the worst evils are apt to assume false colours of chivalry, sacrifice, nobility, service and even love.

In spite of sometimes turning into a beast with cruelty, anger and the lust of aggrandisement and subjugation, man can and often does cheat himself into believing that he yet remains a man, a patriot and so on.

Divine Love makes us be true to ourselves and to others and makes us live truly and honestly. Thus, it is the solution to all our difficulties and problems; it frees us from every kind of binding; purifies our hearts and glorifies our being.

I belong to no religion. Every religion belongs to Me. My own personal religion is of My being the Ancient Infinite One and the religion I teach to all is love for God. This love can be practiced by any one, high, low, rich, poor, and every one of each caste and creed can love God. The one God who resides equally in us all is approachable by every one through love. So I give My blessings that at least some of you may love God as He is to be loved.

All messages, writings, and lectures mean nothing. For the common man, the most practical way of loving God is to help others lovingly. God is

in every one, so if you try to love others, help others, make others happy, you are then loving God. So even attending to your everyday life-duties, you can still love God.

*
That is real service where there is no thought of self at all.

*
When you serve your fellow-beings with selflessness, you serve God, but this term "Selflessness" is so very loosely used that, in its very use, its purpose is lost. Selfless service means that it has to be so very natural that even the thought that you are serving should be absent.

What God's aspect of Honesty means is that you serve others in order to make them happy at the cost of your own happiness. Honesty demands that no show and no fuss is made of your service, and you treat others as you treat your own dear ones.

*

I would feel especially happy if you pupils one day become Masters of the Art of Divine Love and be torch-bearers of Truth that is Baba.

*

If, when we grow up we become like children, child-like, not childish, then we can love GOD, because to love GOD we have to be desireless, except with the one desire, the one

longing, to be united with GOD. So when we grow up and become child-like, not childish, we can then honestly love GOD. We find GOD everywhere. Nothing can shake, alter or stop that perpetual happiness, but we must first be honest seekers of Truth. Great Masters have taught us to think and act in all humility. Nanakji who was GOD Personified, acted as Nanak Das.

*

Life is a Mighty Joke. He who knows this can hardly be understood by others. He who does not know it finds himself in a state of delusion. He may ponder over this problem day and night but will find himself incapas

ble of knowing it. Why ? People take life seriously, and GOD lightly; whereas we must take GOD seriously, and life lightly. Then we know that we always were the same and will ever remain the same ... the Originator of this Joke. This knowledge is not achieved by reasoning, but it is the Knowledge of Experience.

*

We have to be honest in our thoughts and deeds. GOD wants us to be absolutely honest. It is better not to believe in God than to pose as one who loves GOD. Only when we become honest, can we find GOD even whilst attending to our duties, because then we feel detached. So I give you

my Love and Blessings for the attainment of this honesty.

*

Everyone is an atheist till he finds GOD by actual experience. It is better to be an atheist and be honest in words and deeds, than to pose as a lover of GOD and lead a dishonest life. GOD is independent. He needs no worship. He only needs that we be honest.

*

In Reality *Sukh* (pleasure) and *Dukh* (misery) do not exist. To get rid of the persistant ignorance that causes us to feel that they do exist, and to know the true value of Reality, we have to experience GOD; and

GOD, who is the Breath and Life of our lives, can only be experienced through honest Love.

We have to love Him silently and honestly even in our everyday life. Whilst eating, drinking, talking and doing all our duties, we can still love GOD continuously, without letting anyone know. When GOD is found, you can have no idea what Infinite Bliss and Peace is gained. I give you all my Love so that some day you can love GOD as He ought to be loved.

You don't know God and the path. If people act dishonestly with us, if people create difficulties for us, if

people deceive us, and yet we remain honest, we are very fortunate; because these deceivers or our so-called enemies are our friends. They wash away our sins and weaknesses and make our path clear towards God. They do not deceive us; they help us and deceive themselves.

*

No hard and fast rule can be laid down for the attainment of Reality. Every human being is a law unto himself on the path. There is no such thing as 'failure' on the journey towards Truth or God. It is merely a question of time. Speedy success or progress depends on past preparedness or the personal contact of a Perfect Master.

*

Give up your desires, and your false self is lost. Gain pure Love, and your real self is gained.

Attachment to the *one* and detachment from the many is the key to Freedom and Salvation.

Backbiters are friends as they take over to themselves our bad *sanskars*.

Never hesitate to show the recesses of your heart to one whom you consider your spiritual Master.

Wine is prepared by the crushing and further crushing of grapes, when it

acquires the capacity for intoxication, which usually takes away one's command of understanding. Close and repeated feeling of love for God also brings intoxication, but this takes you toward true understanding. Thus understanding is not gained through reason or intellect. As long as you remain separated from God and try to understand Him, He cannot be understood. There is no separation between you and God. Lover and Beloved are One. You yourself are the Way. You are God.



With the dawn of the realization of the Unity of all life, hatred and dissension will come to an end. There will be unfaltering love and unfailing under-

standing and men shall be united in an inviolable brotherhood, based on the realized Oneness of God.

Man or woman, rich or poor, great or small, each is under the spell of some sort of suffering. The relief from every kind of suffering is within ourselves if we try, under all circumstances and in every walk of life, to think honestly, to act honestly and to live honestly.

When we put our wholehearted faith in God, that relief will be found. We are already in possession of infinite power and happiness; but it is our way

of life which prevents us from enjoying these eternal treasures of God.



It is not what the world thinks of us that matters, but what God knows about us that matters. Unless we are stripped of all egoistic tendencies and desires, and unless our soul attains its original naked state, we cannot embrace God the Beloved, who is Eternally Naked in His Infinity.



God as God alone is not consciously man, and man as man alone is not consciously God. The God-man is consciously both God and man; Lord in the state of helping all souls towards reality; Servant, as continuously bearing the burden

of all. *To serve Him who serves all is serving the universe.*

✻

Selfless service and love are twin divine qualities. Only the One who loves can serve.

✻

Serve your Beloved God-man and you are serving your own Self in every other self. The service He expects is for your own spiritual benefit, but this service must be a spontaneous, willing, whole-hearted, unconditional and not expecting any reward.

✻

God loves most those who suffer most.

Uninvited suffering is a blessing in disguise.

Both pain and pleasure ultimately end in nothing.

Lepers must give up despondency and despair and look upon their afflictions as a God-given opportunity to get nearer to Him.

Compared with the few suffering from physical leprosy many in the world today are suffering from leprosy of the mind.

*

Sex is decidedly one of the most important problems with which the human mind is confronted as long as it does not step outside the domain of duality. In order to solve the problem of

sex the mind must first understand how both the alternatives of indulgence and repression are equally the creation of imagination working under the deluding influence of craving. Craving is implicitly present in the repression of sex as well as its gratification; both presuppose the vitiation of consciousness by the operation of lust or the desire for sensations. The gateway to the spiritual Path of internal and spontaneous renunciation of craving remains closed for those who have not the good fortune to be awakened by a Master. Internal and spontaneous renunciation of craving is made possible through awakening. When the mind is free from craving the mind can no more be

moved by the false promises of indulgence or mechanical repression.

However it should be borne in mind that the life of freedom is nearer to the life of restraint than to the life of indulgence (though in quality it is essentially different from both). Hence for the aspirant a life of strict celibacy is preferable to the married life, if restraint come to him easily without any undue sense of self-repression. For ordinary persons married life is undoubtedly advisable unless they have a special aptitude for celibacy. The path of perfection is open to the aspirant whether in celibacy or in marriage.

The spiritual value of married life is directly relative to the nature of the preponderating factors which determine its daily happenings. If it is based upon shallow considerations it can deteriorate into a partnership in selfishness as against the rest of the world; but if it is inspired by lofty idealism it can be raised to a fellowship which not only requires and calls forth increasingly greater sacrifices for each other but actually becomes a medium through which the two souls can offer their united love and service to the whole family of humanity. When married life is thus brought into direct line with the Divine Plan for the evolution of the individual it becomes a

pure blessing to the children which are the fruit of that marriage, for they get the advantage of imbibing spiritual atmosphere from the very beginning of their earthly career. Children give to the parents an opportunity for expressing and developing a real and spontaneous love in which sacrifice becomes easy and delightful and the part played by children in the life of the parents is of tremendous importance for the spiritual advancement of parents themselves.

(Read Meher Baba's discourses on 'the Problem of Sex and the Sanctification of married life' to gain more knowledge.)

In the Beyond-State of God, sex does not exist. There, Only the One, Indivisible Existence prevails. It is in the realm of the illusory phenomenon called the Universe, that sex asserts itself.

I am the God of all Gods. Trust Me, I know everything. Don't worry.

Real *Happiness* lies in making others happy. The *real desire* is that which leads you to become perfect in order to make others become perfect. The *real aim* is that which aims to make others become God by first attaining Godhood yourself.

Seek not to possess anything but to surrender everything. Serve others with the understanding that in them you are serving me.

Be resigned completely to my Will and my Will will be yours.

Let nothing shake your faith in me and all your bindings will be shaken off.

*

Be angry with none but your weakness.

Hate none but your lustful self.

Be greedy to own more and more wealth of tolerance and justice.

Let your temptation be to tempt me with your love in order to receive my Grace.

Wage war against your desires and Godhood will be your victory.

*

Real living is dying for God. Live less for yourself and more for others, one must die to one's own self to be able to live in all other selves. One who dies for God lives for ever.

*

Love others as you would love your self and all that is yours. Fortunate are they whose love is tested by misfortunes. Love demands that the lover sacrifice for the Beloved.

Desire nothing except desirelessness. Hope for nothing except to rise above all hopes. Want nothing and you will have everything.

*

Drown all sound in My silence, if you would hearken My Word of words.

*

The breaking of my Silence—the signal for my public Manifestation—is not far off. I bring the greatest treasure which it is possible for man to receive—a treasure which includes all other treasures, which will endure for ever and which increases when shared with others. Be ready to receive it.

I veil myself from man by his own curtain of ignorance, and manifest My Glory, to a few. My present Avataric Form is the last Incarnation in this cycle of time, hence My Manifestation will be the greatest. When I break My Silence, the impact of My Love will

be universal and all life in creation will know, feel and receive of it. It will help every individual to break himself free from his own bondage in his own way. I am the Divine Beloved who loves you more than you can ever love yourself. The breaking of My Silence will help you to help yourself in knowing your real Self.

All this world confusion and chaos was inevitable and no one is to blame. What had to happen has happened; and what has to happen will happen. There was and is no way out except through my coming in your midst. I had to come and I have come. I am the ANCIENT ONE.

*

My Silence must break. There is no escape for it.

I shall not lay down my body until I have given the WORD to the world.

Of my own I shall not break my silence; Universal Crisis will make me do so. When the Crisis reaches its absolute culmination, it will make me utter the WORD at the moment.

Circumstances are converging and fast gathering momentum towards precipitating the right moment, which will come completely unawares—at any time, any hour, any day. That moment is not far away.

As I am the PIVOT of the Universe, the full pressure of the universal upheaval will bear on me, and correspondingly my suffering will be so in-

finitely overwhelming that WORD will escape from out of the Silence.

Remain completely resigned to my WILL, and do not let any circumstance or situation shake loose your grip from my '*daaman*'. I shall not come out of my Seclusion until I break my Silence. The Divine Moment for my giving the WORD is not far off.

Hold fast to My *daaman*.

My Miracle

“ I want to draw your attention to the fact that many miracles experienced by my devotees and admirers, both in the West and in the East, have been attributed to me. But on the basis of my Divine Honesty I tell you that in this Incarnation till now I have not consciously performed even a single miracle. Whenever a miracle is attributed to me, it is always news to me. What I want to emphasize is that by attributing such miracles to me, people make me very cheap and lower my status of the Highest of the High. But, I do say this: that the moment I break my silence and utter that Original Word, the first and the

last miracle of "Baba" in this life will be performed. It will be the miracle as I never have performed. When I perform that miracle, I won't raise the dead; but I will make those who live for the world dead to the world and live in God. I won't give sight to the blind, but make people blind to illusion and make them see God as Reality.



