IN GOD'S HAND Explanations of Spirituality in Meher Baba's Own Hand

Ву

Meher Baba

Avatar Meher Baba Trust eBook June 2011

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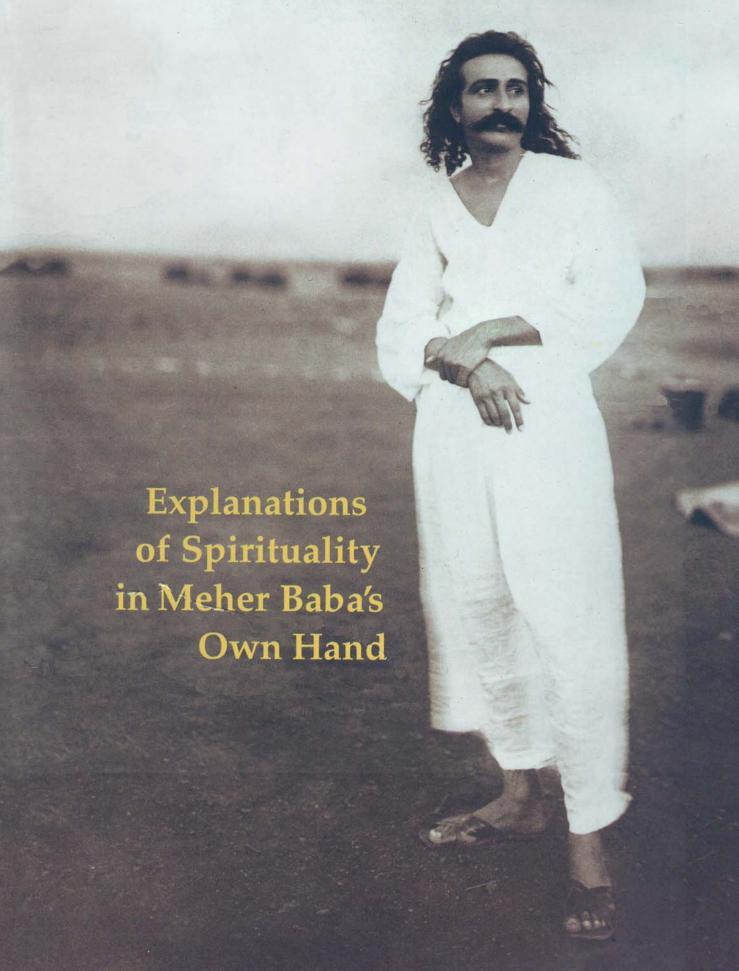
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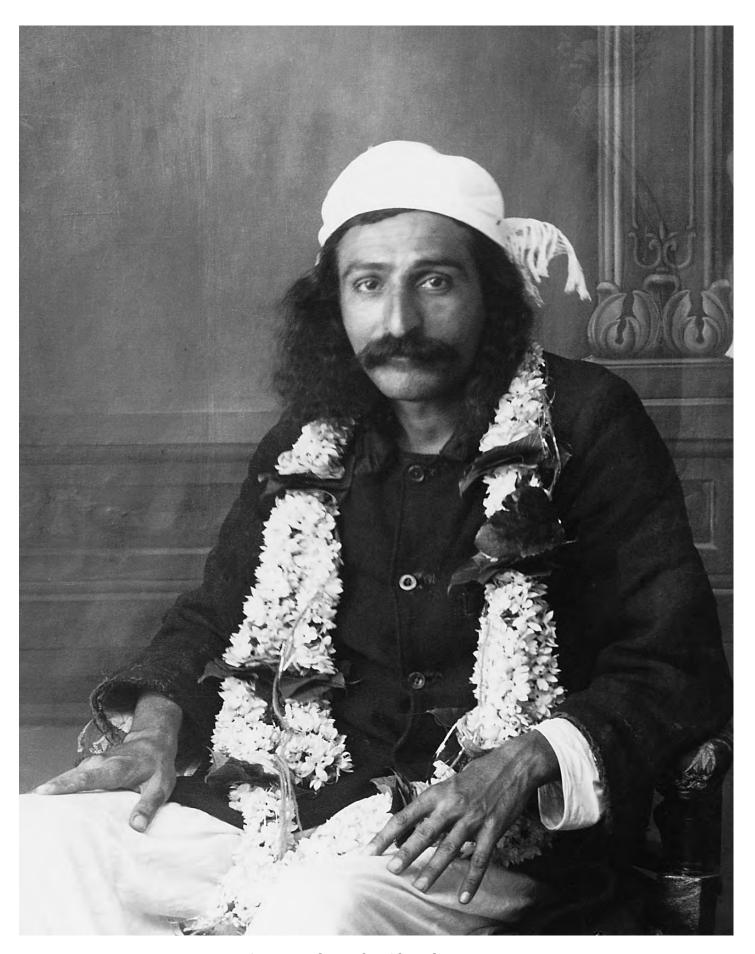
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IN GOD'S HAND

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Avatar Meher Baba, Ahmednagar, 1926

IN GOD'S HAND

Meher Baba



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Half-title page: Avatar Meher Baba's signature "M.S.Irani", for His birth name Merwan Sheriar Irani

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INTRODUCTION

The manuscript that this book brings to publication represents a unique and remarkable event. The 39 handwritten pages which comprise its main text are an exposition on ultimate Reality in the handwriting of the very personification of that Reality — the Avatar of the age, Meher Baba.

Words that proceed from the source of truth carry an impact that words of the intellect never can: revelations of the Avatar are unlike the inspired pronouncements of philosophers and poets. What is the meaning of "Avatar"? As Meher Baba explained, "Avatar" means the descent of God into human form. When God becomes man as Avatar, Christ, Rasool, He truly becomes man in the fullest sense of the word, taking upon Himself all the limitations of the human mind and body while at the same time experiencing the Knowledge, Power, and Bliss of God. The Avatar is one with God and simultaneously one with everyone. In this way He spans the gap between the Real and the illusory, helping to raise the level of consciousness of His entire creation. He is the Soul of souls; yet it is His all-embracing love and the simplicity, humility, and humor of the divine life He leads that makes His Advent, time and again, so adorable to humanity and draws the countless millions to follow Him in the centuries after He has passed away. An Urdu poet Kamar has said of the Eternal Beloved's charm and magnetism: "Tayraa husna hai tayri saadgi, tayri saadgi tayraa husna hai," which translates: "Your beauty is Your simplicity, and Your simplicity is Your beauty."

So these 39 pages in the Avatar's hand do more than record words and ideas. They register a process in which God, who is beyond understanding, brings forth an image of the unfathomable Truth for the limited human mind. We can never grasp the true significance of the Author of creation writing as human author, or the universal work that He accomplishes in doing so. But what we *can* see in these pencilled lines is a trace of that process. Much of the beauty of this manuscript lies in its handwritten expression, which brings a sense of closeness to Him as a man, and through this,

to His immediate, direct experience of what He is writing about. Man amidst human limitations, Meher Baba writes as the One who *knows*.

In reading this facsimile, we are carried back in time (as it were) into the presence of Meher Baba Himself in the mid-1920s, still in the full fire of His youth, impatient with the cramping conventions of language and style and grammar, expostulating in swift, bold strokes of the pencil on the theme of one God in Ignorance and Knowledge, Darkness and Light. Sometimes He crosses out a sentence or misspells a word, sometimes He goes back to insert phrases between lines; at one juncture He even appears to have jotted down a note, possibly for future reference, and then to have scored it out again. Writing predominantly in English, He interjects a Gujarati word or expression when no English word suits and then suddenly switches to Gujarati for several pages; He quotes a Hindi quatrain of Kabir but writes it not in the Hindi script (the Devanagiri) but in the Gujarati script. Sometimes He inserts diagrams and expresses relations through equations and formulas, as if summoning the modern language of logic and mathematics to the exposition of an ancient spiritual theorem — that "God = the 'Is,' and the illusion of creation = the 'is not.'" In the heat and intensity of these handwritten pages, we can almost imagine the Infinite Intelligence fashioning a verbal likeness of Itself in the crucible of time, space, and the workings of a human mind.

In this way the manuscript gives a new picture of Him, who is both limited and limitless, bound and free. The eager energy, naturalness, and concentrated focus of the writing are the outflow of the divine personality as a writer, where words — now streaming freely, now pausing in reflection, now checking and circling back upon themselves — give voice to a Truth that ultimately defies description. Thus the writing process, like other activities, is brought into the compass of the Avatar's work. For nothing that is human is strange to God. As Meher Baba has said, true spirituality, based on the Everything, embraces every aspect of the Nothing.

The vision of Reality that *In God's Hand* sets forth is, in essence, the same as that which underlies the *Discourses*, *God Speaks*, and other books and messages which Meher Baba composed and that were published in later years. Those subsequent works were addressed to a wider, broad-based following that included Westerners as well as Easterners, neophytes to spirituality along with advanced seekers. Accordingly, in formulating these later explanations, Meher Baba adjusted His terminology and took pains to bring out the consistencies underlying seeming paradoxes. *In God's Hand*, by contrast, appears to have been written without regard to the constraints of audience. For this reason it sometimes seems to be obscure and esoteric. Yet when one comes to grasp the language that Meher Baba is using, the theme which He is developing emerges with great power and clarity.

The subject of this book is nothing less than the ultimate question of metaphysics: what is? And what is the relation between the Real and the apparent — God

and the creation? Meher Baba's explanation hinges on the difference and interrelations between four states of God — as Natural Light (or Self), as Natural Darkness (Spirit), as unnatural darkness (mind), and as unnatural light (body). These four states are encompassed in the game of consciousness, which lies latent in sound sleep, dreams in both ordinary human dreaming and in the divine dream of the planes, and comes to full wakefulness in ordinary human awareness as well as in the Divine Awakening of God-Realization. What God in the states of ignorance (unnatural darkness and unnatural light) must bring to pass is the complete cessation of all activities of the mind. Though yogis try to accomplish this through various techniques of concentration, Meher Baba explains that this method runs up against almost insurmountable difficulties. However, the God-Realized Perfect Master ("Salik Guru") can silence the mind in an instant. When the mind is thus eternally silenced, the Infinite Ego of God experiences the Sound-Sleep-in-Awake state; the link between consciousness and the mind (unnatural darkness) is broken; the Spirit sees the Self; and the Goal of existence — to experience God-Realization — is attained.

This is the theme, ancient but contemporary, regarding which the Avatar pencilled these notes on inexpensive notebook paper, sometime in the opening years of His Advent. Though many clarifications and further illuminations followed in later decades, in the end, all that the mind really needs to understand is contained here. Truly, these 39 pages speak volumes.

Concerning the actual manuscript and its history, little is known with certainty. The title page identifies it as having been written "in Baba's own hand, probably in 1925." The handwriting of this title page is that of Ramjoo Abdulla, one of Meher Baba's close disciples from the 1920s. After commencing His long silence on July 10th, 1925, for a year and a half Meher Baba communicated primarily through writing with chalk on slates. It was during this period that, with His own hand, He wrote "The Book," which Baba later referred to as His most important and comprehensive exposition on spirituality. On January 1st, 1927, however, He gave up writing altogether (except for signing His name, which He resumed after an interlude of three years); and for the last 42 years of His life He expressed Himself either by means of an alphabet board or through hand gestures. These 39 handwritten pages, therefore, capture the concrete image of one of His human activities that was rarely in evidence after 1927.

The manuscript was kept for a number of years by Mani S. Irani, Meher Baba's sister, among her personal papers. We have no sure information as to how, from where, or through whom it came into her hands, although it is possible that Ramjoo himself, when he gave his diaries to Meher Baba in Meherazad in the 1960s, delivered these handwritten pages at the same time, and that Baba then entrusted them to Mani. In any event, it has recently been discovered that certain portions of this text have been incorporated, sometimes verbatim and sometimes in paraphrase, into a

much larger manuscript on "Infinite Intelligence" that is not in Meher Baba's hand-writing but that presumably dates from the same period in His life and was based on His explanations. This larger manuscript itself bears an interesting relationship to Bhau Kalchuri's *The Nothing and the Everything*, which develops upon points which Baba dictated to Bhau in 1967-68 during a period of intense seclusion. At that time Baba told the mandali that what He had given to Bhau constituted 10 percent of what He had Himself written in "The Book" forty years earlier. In 1998, when the manuscript on "Infinite Intelligence" from the 1920s came to light, Bhau went through it and immediately felt that it contained a full explanation of the points given by Baba to him. It appears, then, that some of the same contents on the subject of Infinite Intelligence were given by Baba in the 1920s and again in the late 1960s, that is, in the opening and final years of His Advent.

Many lovers of Meher Baba and students of His work naturally will want to see for themselves the Avatar's own handiwork in the 39-page manuscript. To make this experience available to a wide public, the Avatar Meher Baba P.P.C. Trust under the chairmanship of Bhau Kalchuri has prepared this facsimile edition for publication. Every effort has been made to reproduce the original manuscript as far as practicable, in page size, color of the pencil graphite, color of the notebook sheets, and other particulars. The original 39 pages, now fragile and yellowing with age, are being housed in the Trust's archive collection.

No doubt this unique book will elicit diverse responses. Among those readers drawn into its spell, some will be intrigued by the philosophy and metaphysics, others by the sheer visual impact of the God-Man's own handwriting, still others by the feeling of His intimate presence that the manuscript conveys. These are all imprints of His humanity that lead us closer to a glimpse of the true humility and sheer loveliness of the human face of God.

Of this One who is the Beloved of all mankind, the celebrated Urdu poet Seemab — one of Meher Baba's own favorite poets — has written:

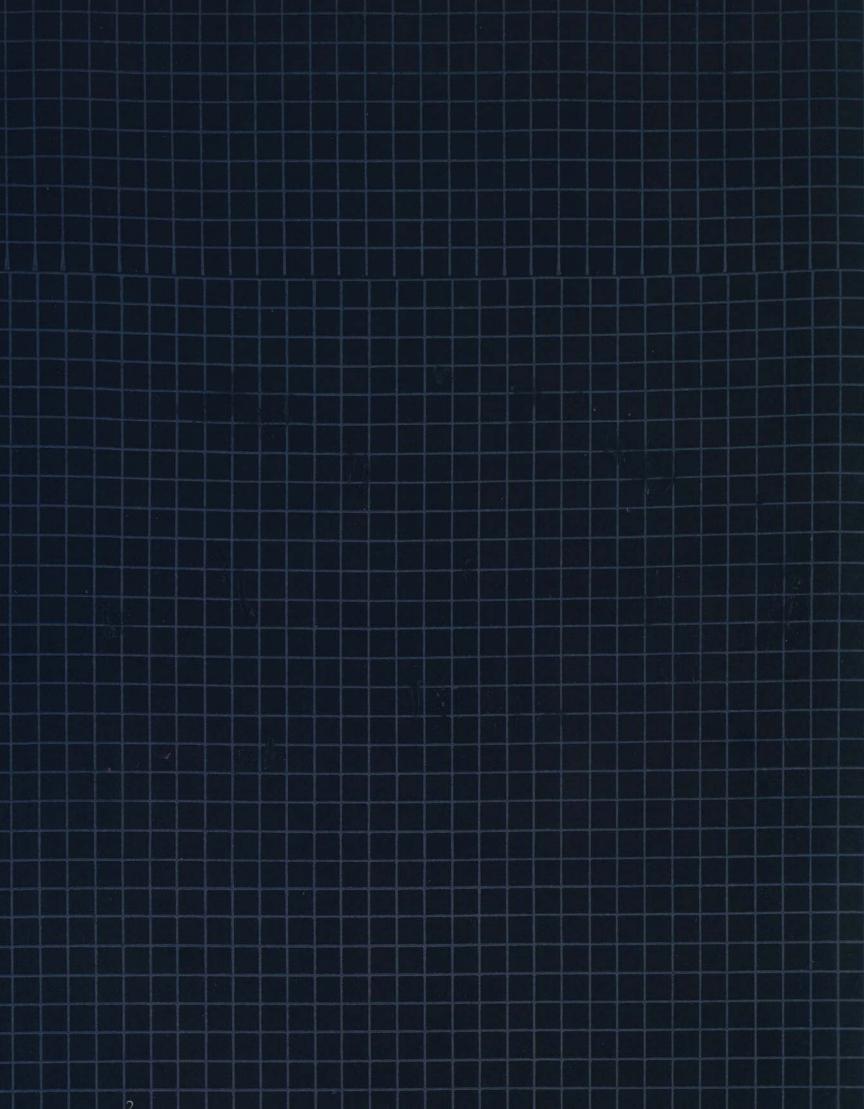
Manzil milee, muraad milee, muduaa milaa, sab kuch mujhay milaa, jo tayraa nakshay paa milaa.

A free rendering of these beautiful lines reads:

I reached the destination, won all that my heart longed for, and attained the object of my desire; verily, I achieved all there was to be achieved, when I found Your footprint!

— the editors

Explanations of Spiritualize in Babos oine hand Probably written in 1925.



Real 9 = Light returned Lit. False 9 (1'e, mino writing, egoism) = Darleness The snamme of netwal Light = barkness natural The enterna of unratural Bartoness = unnatural Light U'i e. The universe, maya, all That the unnatural darkeners l'e false 9 l'e. agroom, sees, hears, smells, eats and experiences throughout Because we have seen where there is Light there must be warkness. As that darkness proves the existence of light So darkner because darkner is Light is. Thus Because hatural sarkness is natural Light Because reture derkness is unnatural

So if there were no unnotwal darkness there would be no unnotwal light (e if there was no mond working As long as mend is working Cumatural darkness:) so long there is universe (unnatural light) & its enperiences. Once the mind stops Lie unnatural darkness disaffears) The experiences of the timerse (unnatural light) also Slop. So in the ordinary awake state the mind working the uneveloce it to experiences exist. But in the Sound sleep the mind not working,

& to experiences vanish. There only nothingness vie. natural darkness. prevails. There only Light 2 iseredra barkness remain. Thus the nothingness of Sound Keep is Salural Sarkness. we in the very begginning Said God in the Sound Sleep (natural various I in the dream & awake State (runalural Darkness) is le El So now God's two SIGO! -God'in the natural Darkness. I god in the lumatural Santingo

natural Leght umatural light (': e. The whole universe Ve. The whole maya. where only self is only nothingnes is Their natural darkness (i'e. nothinginess) umatural darkness (cie mind working, The false 9, egoism) is froduced.

From unnatural darkness unnatural light (1'2' universe is produced') is produced. Thus from Prothingoness enteres out natural darkness v.e. nothing ness unnalmal darkness: & fram it comes out. unnalural leght runierse, maya So the whole of maya comes out from nothingness! So what can that be but s nothing which comes out So the whole of maya is notheripario

So when the mind is working all this is, & when the nind is Kopper all is nothing Es now unnatural tight darkness means mind & unnatural light means the body & the universe. As long as mind is working there is this body & the uneverse; Once the mind is Stoffsed, , no body & no universe. Thus in the dream & arrape.

State there is mund , body, Universe ele. But in the Sound sleep state no mind no body no universe Thus mend, body, uneverse all notting, all false all mon min mind Hopped is habital sarkness) mind working is unnatural sarkness (with unnatural light)

Thus mind stopped is Light God Self mind working to fake J, 0, E1, Thus in energy one of your real self) & return darkness (i'e. The anthru of light we spirit) & unnatural darkness (clemens) E unnalutal light (i's. brdg. now reduced day of

now The natural light. Through the natural darkness eseperiences (12 : Sels) unnatural darkness, through the unnatural darkness experiences (i'e sees) unnatural light. Self through the spirit experiences mund a through the numb experiences the broas & The universe. Thus Jeff experiences as long as there is mend & body & does not emperience when there is no mind & baden. Thus sell

is aloof a 2 yet in everything. The Same light is in natural sarkness, unnatural sankners aumnatural light i.e. The Same god self is in Sperit, mind & the body (2 universe) I self (aloof from everything Mongantional)

Spirit (which is everywhere being natural or nothing wass

i'e' or 36 meaning everywhere. I mind (which is limited, in Every I body (which is more limited Edish &12

So Kabur Jaro रिते याम द्रिक्ष ध्रेय डील (broks) 28 ain werern one (mind) 223 din 31 di 36 Mariai (Speris) 223 SIN My aux orner (self. now hatural darkness sees natural light every second. and unnatural darkness Sees unnatural light every second. Information (i.e. the spirit sees the self

In The Sound Sleep The halural Darkness (Spinh) Sees holwrol Light (Jelf) tin the awake slate The same natural darkness (1.4. Spent) becomes The unnatural darkness (C'e mis) Soto Say in The awake state the spent & mind are Ented & the body & Venuelles exist; But in The Sound Sleep state the body body & The

Unwerse do not exist (because) the mind is merged in the sperit. So In the Sound sleep state the mind is merged in The Sport (no realization) But if in the awake slate The mend be merget in the spirit then the universe & the body. exist & but mind does not exist 4 we have seen before that when the mind exists The s body & the universe exist. That the when the unwerse and to

body exist the mend exists. But here (when in the owake state the mind is merged in the sperit) the universe a The body exist lent The mind does not except the: the ruend & Sperit unlinked ethis is realization That is the unnatural light must remain & The unatural dasknow Thus the mind (false), egois m) becomes the spiret

ethe spirit seeing Self everyseeond the mend (egois m false 9) which has now become the sperch sees the Self & Sons I have seen god, I have realized self. There the round U.e. The habe 9 egoism who , not the sperit cie merged in the sperit) sees the body & the world. & when the Spirit (merzed in the spirit,)

Sees the self. Thus the mend when becomes The Spirit Cie nothingness, natural darkings which is burnersal it being the muses are dry of teneresal Light) is Universal (satpurust) & when mind is limit (ordinary being) And this the limited mend, that is the limited egoion rus beenso the unlimited i.e. Universal (9) egoism & Says "9 am

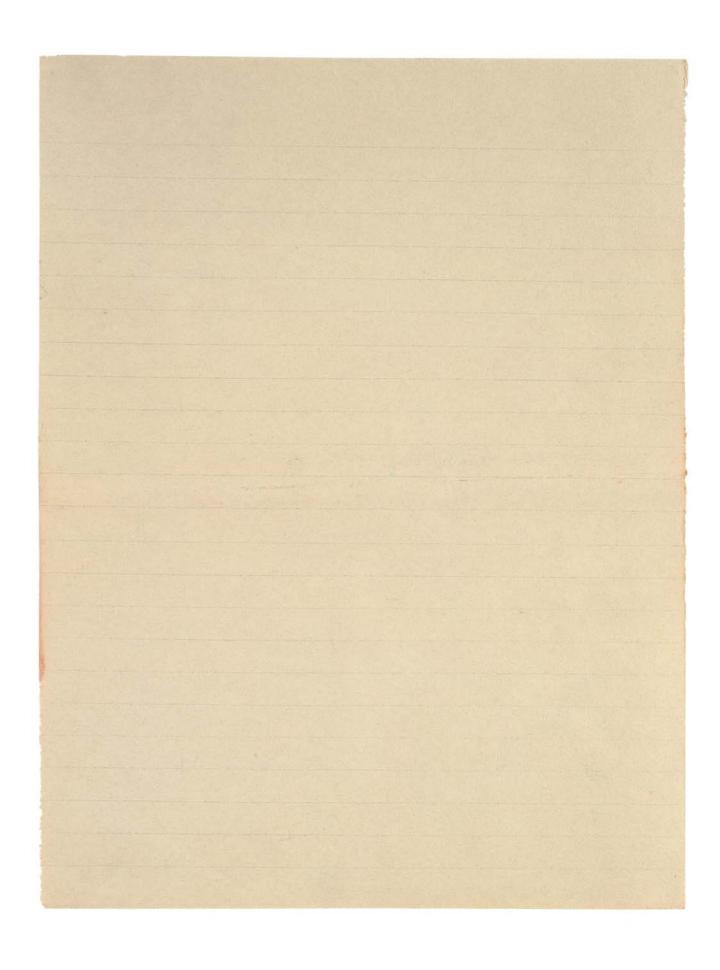
energenhere" fanos 23 rg wampy g Thus the false I when working is limited + The false 9 when Stopped is Universal That is the mend when warking Jeels I am this body only & when stopped peels 9 an unlimited. So it all comes that the spent when working

is mind a the mind when working is beady a The universe. It have therefore unlimited projet) The real In (natural Light anoth) The false Junifornited sarpine fonds The false I timeted (unnatural sar unatural light = Miverse

The unlimited egois m (falses) sees the unlimited self & the limited egois in The (alu 9) sees the body & The tenuerse. must esuch & The false. I have limited, must become The false 9 unlimited, 8 The So it Sealists (sees) Son the awake stale the limited false

must become The unlimited also I it The mend Copped (as in the Sound Sleep State) in the awake statei'e , The exper & Sound Sleep the awake glate.

So me have thus far understood egoism (sales) that mind working v. e. limited, sees the body & the mind and mind unlimited (i'e unlimited egois m(false 9)) sees the self. Limited mend working pars I am (this brodes) femile, and mend unlembet says I am infemb. & mind working is bemilted & mend slopped is unlimited & so the mide to realize the infinite self much slop in the amake state. now between the working mend & The stopped much i'e believe false limited I and false unlimited I i'e.



believen the mend & The sport, there when the mend has to become unworking centenited mend it has to undergo the process of carcentration. By gradual Concentration the limited mind gradual bereaks of its limit and as the limit is gradually broken The planes are gradually experienced by it. The more the mind is concentrated the more it advances in The planes. And when concentration reaches it highest state the nind is entirely stopped, i.e. all its limits have been broken i'e. it has now become unlimited, & the nind dopped " e unlimited is rulying God every number. So the mand new realizes

self. The yogis have defberens malters of making the mind stop but is all comes to Concentration. So les the process of Concentration. is the goal gained. But the concentra tion must reach such a dage as & make the mind stop. This is a very difficult process and it lake a very very long limes. Because the new if it succeeds in concentrating a little, to it is memfested The 18th plane, which so interests it that it gets concentrated on that only. E if it (less the grace of the Surmor its sixs (x) concentrales more. the 2 nd plane is manifested & here the chances of its concentrating further

become less. And also in each plane Such either somes, or Surroundings or peners are so man feoled to the mind that it becomes attached there, does not went to concentrale more. Only na rare case (by the throughout telp of a perfect realised solet gura) is a mund made to cross all the stags of concentration i.e. its essperiencing all this plenes & finally made to Hop and realize self. In realizades self, no planes, no emperiories no manfestion level the one infinite visiai i e self. now if a perfect realized Salit

by his one slops a limited mind, the limited mind becomes unlimited the same moment realizes self. (nervikelpa Somadhi) I when that mind i'e' unconceans? (for the limited mend) the limited mind is made to cross all the 7 planes 2 ismanefestalemis (in a second) a made to slop a thus the limited mind's to it limited state it passes through (experiences) these plans & their hungestations & knows it has realized. As for the down of place of the

26,

So in the case of a realized mend the following is the case: when it becomes sperit l'e stops it sealing the self a when it returns to its working limet it sees The boardy & the world inten it likes or the planes & their manifestations when it letes. But when it Stops it neither sees the body & The universe no the planes & the universe! And in ordering case (not realized the mind) the mind sees the body of the universe only lear can not see the 7 planes

Enteres on Ersen Realigation Lith & Enter on (mind) body i sin हाकिया की किया किंद्र हो मान किया भागती रे. इ. इरे किट्रिक राजीर रुक्त हिल्ला त्राया मनन server ing & Divino Subject home sone to (3) al (4) al slack sym 3. 50 slack dig 3

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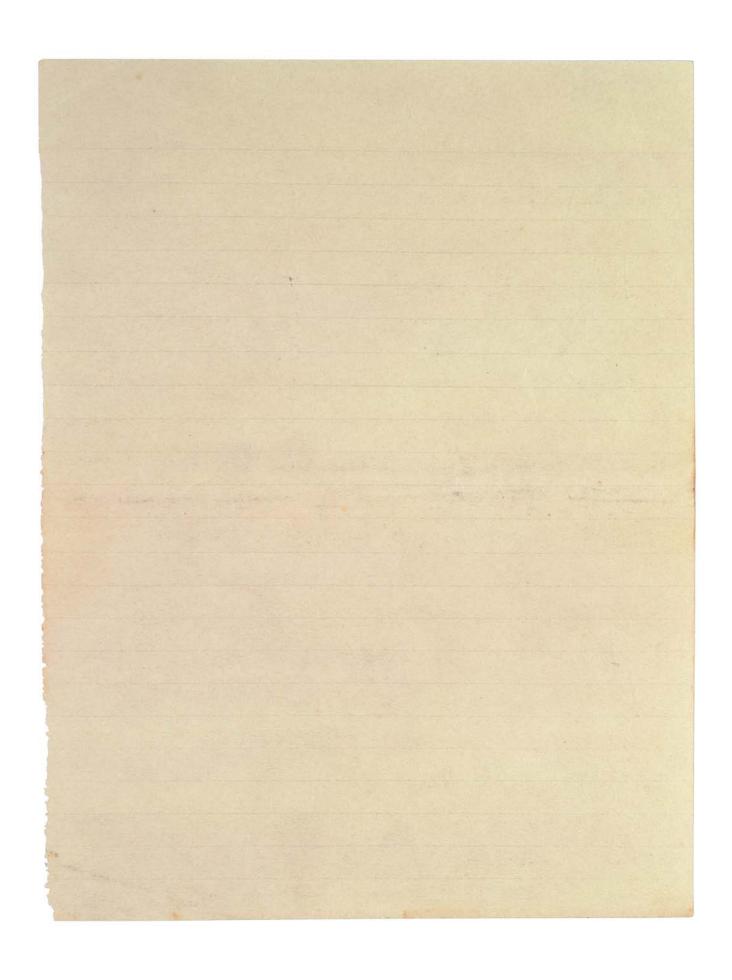
and one to the sound street and series had

213 and arrest reprine to me the mark had arens constitte salu min un lig planes etris (20 man) Einne dream = gui) and co the भग निर्दे कार्र है आजरते हास्यमं औह हारित ताम्ये Lize hinds Corot. = S.S. muds advancament a became
Suffing - Cavalicing
This must haffen in ordinary awake

As you know dreams forme to us. (when we awake) that we were asleep & the dreams in the amake Kale are remembered (i.e. seen) So the realized mind when the becoming limited mind remembers i.e. Sees the planes & their memfestations: when me are awatas whenever we wish to remember our dream we have thenk over it a the dream is there. So for a realized mind in it limited state it has to think of the planes & their they are exact & melial before its eros. unlimited to, the limited) to its

finde State passes through This dream (the 7 planes 2 ismansfestations) & this dream date is termed the Devine dream state or the zeru Enut-au! And now we will enflain in Short the sleep dream & awake Hate by which this will be clear! Because the minds ordenery state, It passers through the planes (through Concentration) & is entraordinary Ropped State all conespond to s the sleep, dream & awake

29 sivere awakening c'e. Sound sleep in The awake state Real & Divine dream, 13241, i.e. The 7 planes & Their manifestations 3) orderery sound sleep False & ordereig dream False Dordney awake timmerse



when mend from the awaltening state no, enters the sleep state no 3 he has to pass through the dream Hale no 2 which is in the middle slate. In this dream slate (The middle of 183) some of the 1 (awake) & some of the 3 (sleep) is experienced; and of the pulling of the amake glate is more cite, when the mend is in The cervate state, without rest is enlargled much in world affairs) and of sleep (i.e. mend to slop reas a forget worldly affairs) less; it remains in dream more according; & So the dream is bemembered, but of The pulling of the awake date is less & of sleep more it remains less in the dream state accordingly the one does not remember the dream, & Some sometimes does not even Know that it has been in the dream State & sethough before ageturing the Sound Steep state it must pass through the

And if the pulling of the awake state (no!)
is continual it remains in the dream
State only and does not reach the state
of sound sleep, but returns to the awake.
state without going to the sound sleep state
at all ** Remark: - yogis err 3 m in the }
** Planes & not reaching the spirit to }
** Realize self (i.e. sound sleep &

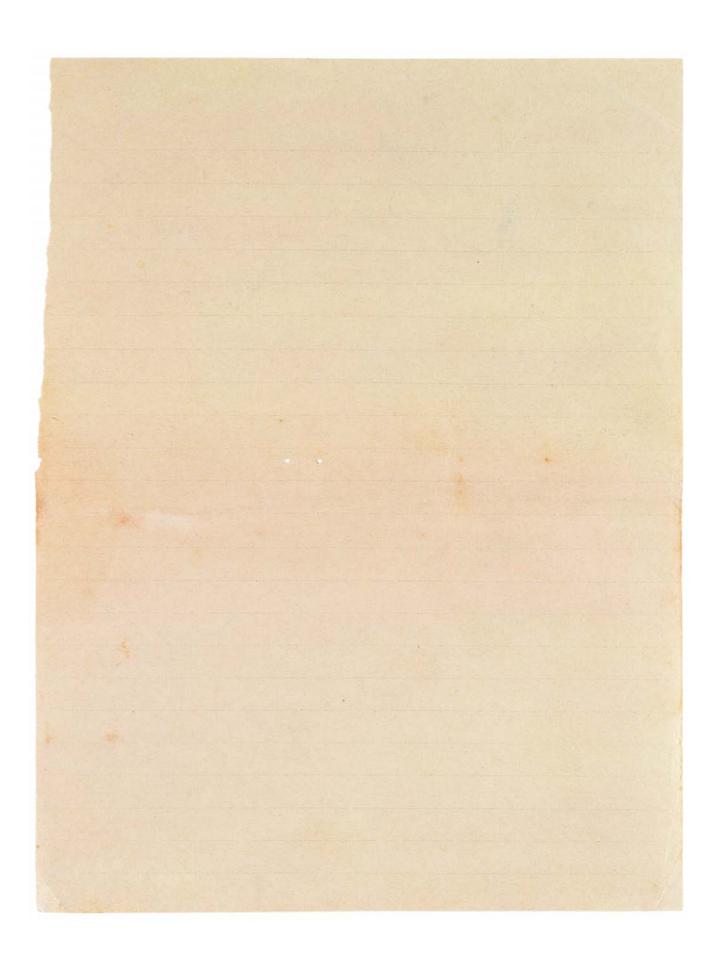
On entering The Sound sleep state and whilst remaining there it experiences nothing and whilst returning from the sound sleep state to has again to pass in the dream state; and returning whilst in the dream. state if the publish of sound sleep is more.

(And this state of generally soes happen it having just returned from) sound sleep.

it remains in the dream state longer I so remembers it; and if the pulling of Heep is less (mes com This happens in the case of those who remain lorger in the dream state a less in the sound sleys slate whilst) and that of the awaltening. more it remains not long in the dream state, This all alens the ordinary nume how about the Sains mind, It passes yourards from the sound sleep state to the real awakening Condrat downs to the false arrotening & This upmard e downtward ele is only illustration for the understanding & a has to pass. a dream Sale. This dream state is

the middle point of two kinds of Sound Sleep 1.e. nos, 385 (both being dates of sound sleep); but no 3 means (95) Lound sleep in the awake state. So this crossing point believe The De ve my 4 is the state of experiencing divine dream & is called the 3241 Summery :- If the orderery mend in the arratice state, disattaches Iself (i'e wins book from i've forgets) from the body & the world (i'e, for that lime guis up enjoying & experiencing the world through the body) and concentrates On the sowine it is said to have. started from the ordinery sound sleep (203) whe sevene sound sleep (no 5). I And from its going from 3 605 ice;

(i'e from its advancement in The Concentration) it has to poss through the service dream State ('. i. 7 planes) tel it reaches the awakening found sleep (no 5), where no dreams. On Sound Sleep = 43121



I would an Gard Realization evil 2? dum on enra no (mind), tille (bodio) क्राक द्वा (world) ने क्रांत हा? ट्वे कर्ज moral signi in since in Est had 2534 32 may 318181 321 2026 21 2/ 200 Earl Uster now Trich orgal simme Subject his note of or or or of one of Denne Sulgect now 3010 ct (no 3 41 5 of Start 316113. 1.9 Start 8143 Planes Evenu &. My 212/2 200 golu or ६९ स्ट्रेट तम कार्य पर पहा मन, श्राम तथा gama ong and anch sound sleep men Sound Sleep an ang ann yand sigur. Zu or on one nois were concentrate 32811 Enn har blanes Evrist Car noid 2160mi dream = gui) ero Etti. ha slop az 3 onzia 2160mi ingi,31461 ome 2122 ero gouris up no di ago ent Thends' carcenhation = Snend sleep 203 Minds advancement = Drawning 204 Mends' Stoffping = amentening 205 (This must happen in ordinary award state) ¿a no su het sira titsit (magnation= impression , croso an six31x moraca his दारी रही एक दारीर मार्ग दुन्या. करेत संस्तार के ए का कार्य के कार्य है कार की मुन्दान (magination) (& surrey, ing me & & Brownes) की राम पा नारीर द्या देशा अद्यक्त. Dich Evala era god Spa imaginetia 3 creation & Concentration in no र्वास्त्रायम स्टार रामीयमा सेटले हुन्याना grass stand rish 32 Eg and own Concentration of final stage small Aux xix312 27 25 2122,1804 "012" 21129

हि (varios) राज वाक्ष क्रमाना कारावी: पूर्व कराष्ट्री मान राउन काराया रोस्डार वीक्रीना उद्भार के के संस्डार कही जारते मना शिक् वार्ष . 31 रिष्ठ में स्टार के ना मन स्वाह है के से स्ट्रार क्षा मा मन शिक्ष के मना के शिक्ष पढ़ें राज स्वाह से स्ट्रारण करा होंगा राज राया पर शाराष्ट्र सामानी

2016 en 20 10 rust 21 60 mid 4 31 91 001 20 30 mu Eur, Wo nothingness of (GEIMON) denni and Arungo Concions of des. 431810 adus his situsia conceans any wa who concious and Conthauthor on your side units and or do निया द्या दे के रे प्राप्त किया में आहे। हे आं यो में के Cheins GENSUZ Woner 4318 à abai of use James of the youthough 20 cone como o i seg astran. (3116) Voter unemecano do dus 43121 Eville os) in sigly one com Emin est ongen, enth de conseas esta limited or or 2 3 3 of 820 upr unlimited 43 23 novar an à 6626. 200 anto south hind limb from man house 32 unlimited trated. We su conceau

क्षेत्रकी भूताश क्षेत्रकी. The infinite ego, which is Icde leg Seile with infemile self- 5 Ser self omest be carcions, on becoming conceins the infinite ego became the femle ego and so looks new Concerns it rie infende agoism Concerns at the same time it turned this by list through the passing unter seven places of became unlimitted byoisin as before, but En the leginning it was enfinite eg but restancions so all The hiss, was to be undergone to bring correctors ness

