



A NEWSLETTER FROM MEHERABAD

## Baba's Jewel Returns to Him

GOHER R. IRANI, known to the Baba world as Dr. Goher, passed away at her longtime home in Meherazad at 12:41 p.m., 30th June 2004. Blessed with Meher Baba's contact from her early childhood, Goher joined Him permanently as one of His resident women mandali in 1947, serving Him, among other capacities, as His personal physician. Her name means "jewel," but no word can do justice to the example of humility, love, and selfless service that her life was to all who knew her.

Goher was born in Quetta (then part British India but today in northwest Pakistan) on 3rd August 1916. Her parents, Rustom Jehangir Irani (known as "Rusi Pop") and Khorshed Banoo, were of Iranian extraction, and like several of their Zoroastrian relations in Karachi, Ahmednagar, Bombay, and Poona, came into Baba's close contact in the early 1920s. As did all the children, Goher and her sister Katie knew Baba from their early childhood, and from the beginning she had no other desire in life than to be with Him.

Though Rusi Pop owned a successful bakery and department store in Quetta, during His visit there in 1924 Baba asked him to leave. He did not, and soon thereafter a severe earthquake ruined him financially. At this juncture the family moved to Ahmednagar; and thus they avoided the cataclysmic earthquake that struck Quetta in 1931, killing tens of thousands.

Though her parents did not wish her to continue her education beyond matriculation, Baba Himself wanted Goher to become a doctor, and He paid for her medical schooling in Bombay. When she had earned her degree, she stayed with Baba for a time in Raipur, but felt that she needed experience as an intern before she could function as a doctor competently. So she left and pursued her internship; but when it was completed, the months passed by one after another, and still Baba's invitation to return to be with Him did not come! She felt as though she had let the opportunity slip through her fingers and it would never come again.

But as Baba had told her in a telegram He sent to her several years before, "Your life is meant to live

with Me and serve Me." In June 1947 Baba called her to live with Him at Satara and then at Meherazad. She remained with Him until the very end.

When Baba severed connections with His Old Life followers and disciples and set out on the New Life on 16th October 1949 with 20 companions, Goher was one of the four women in that group. After the conclusion of the New Life in 1952, she accompanied Baba on His tour of the West and was



Goher, sitting in Meherazad Gardens, smiling radiantly.

on the scene at the time of His first automobile accident on 24th May in Prague, Oklahoma, helping to minister to His wounds and those of His beloved Mehera.

From 1952 through 1969, during which years Goher continuously resided with Baba wherever He was as one of His close women mandali, her life story is inseparable from that of His health, which underwent a long, slow decline.

Baba had, for the most part, maintained a good constitution until the New Life. But thereafter, and especially in the aftermath of his second automobile accident in Satara on 2nd December 1956, His health was shattered. The list of serious medical problems that afflicted Him in the later years includes: diabetes; kidney failure; severe muscle spasms that contorted His limbs; herpes zoster with post-herpetic neuralgia on the right side of His face; chronic heartburn (from fasting in the early years); degeneration of right hip joint (after the Satara accident); and degeneration of cervical spine (resulting from the first accident in Prague).

While a group of doctors took part in His treatment for these maladies at various times, it was Goher, as the doctor in residence in Meherazad and Guruprasad, who bore the brunt. Profoundly loving by nature, acutely sensitive to the sufferings of others, and utterly devoted to Baba, all of His physical sufferings she took to heart. Even to pierce Baba's skin in the course of giving Him an injection was excruciating for her. But the sufferings which Baba endured were ultimately part and parcel of the crucifixion which as Christ He bears for humanity, and as such, they are beyond cure. Thus Goher was caught on the

### Trust Running Deficit, Development Plan Reaching Critical Point

The need for construction funds to complete Meher Pilgrim Retreat and other Development Plan projects is exceeding the level of contributions, which have fallen off during the course of 2004. All of the reserve funds carried over from the previous years have now been spent, and the Trust is running a deficit. In response to this situation, the Chairman is slowing down the pace of development, where possible, and thus deferring costs. For the up-coming year 2005, \$331,000 will be needed to cover the deficit, assure the completion of Meher Pilgrim Retreat in time for the projected 2006 opening, fund the infrastructure for the Retreat, and provide furnishings for Manzil-e-Meher (the new archives building).

It is heartening to observe that the number of persons from the Baba community contributing to the Development Plan has increased steadily over the last five years — from about 100 to over 400. The current deficit is due to a recent dropping off in larger contributions. Gifts range from \$5 to over \$10,000. While large contributions are most needed at this critical point, small contributions given with love are just as important.

Many donations have been accompanied by touching notes. Recently a contribution came from a Baba lover serving in the National Guard on duty in Iraq; another gift came in celebration of a new born; and other donations honor the memory of Baba lovers who have passed away.

horns of a terrible dilemma, bound by duty and her own heart's love to a responsibility that no human being could possibly discharge.

As she herself once commented, "From the time I came to stay with Meher Baba as His doctor, I can only say that my life was helplessness in the face of His suffering."

When Baba dropped His physical form in 1969, Goher was devastated, and for some time felt disgusted with the medical science that had so failed to save her Beloved. But gradually, at the promptings of Mani and Eruch, she took up her practice again, this time opening a free dispensary at Meherazad that ministered to the village and agricultural population in the vicinity of Pimpalgaon. Thus came to birth the Meher Free Dispensary, the subject of another article in this newsletter issue. Meanwhile, Goher helped to start up a dispensary at Meherabad that subsequently blossomed into the Meher Health Centre; and she was one of the progenitors of the Meher Hospital. She functioned as Chief Medical Officer for all the medical services at Meherazad and Meherabad.

For pilgrims from around the world, Goher was one of the familiar and much-loved faces at Meherazad, usually quiet, but with a deep and powerful presence. Many pilgrims commented that she had the softest hands they had ever felt. She is one of the irreplaceable ones, a jewel of His advent, and an example to the future humanity in the ways of love and selfless service in the real sense.

# Pilgrim Life in the 2004 Monsoon Season

**SILENCE DAY.** Almost immediately after Goher's passing, Meher Baba's Silence Day observation took place as usual on 10th July. A major event in the Baba calendar, Silence Day brought to Meherabad over 1200 pilgrims, most of them arriving the day before and leaving after Dhuni on the 12th. Announcements were read out on the eve of the commemoration: there would be no morning or evening Arti, but the Jhopdi would be open from 11 a.m. until sundown, and an evening Baba film would be shown in the Music and Arts Centre. All day long Baba's rainbow flag flew next to the Jhopdi, while pilgrims from throughout India and around the world took what was for many of them their once-a-year opportunity to pay their respects and sit quietly for a while inside this space where the Avatar of the age inaugurated His great Silence 79 years ago.

The Dhuni two days later provided a boisterous contrast, with drums and singing, clapping and noise around the sacred fire at sunset: a fiery finale to the celebration.

**YOUNG ADULTS SAHAVAS.** Three weeks later



Collage of Young Adult Sahavas happenings.

the air was vibrant once again with singing and the babble of many voices. This time the venue was Hostel C in Outer Meherabad, and the occasion was the 4th annual Meherabad Young Adults Sahavas, which brought together 85 young adults from all over India and the West. For a week (from 2nd to 9th of August) these 19-to-30-year-olds joined to focus on Baba through various activities—Arti at the Tomb-Shrine, visits to Meherazad and the mandali, a talk by Don Stevens, a concert and stories with Baba's nephews Rustom and Sohrab, discussion groups, a *God Speaks* session, workshops (on T-shirt painting, music making, dance, tile painting, frame making, etc.), a trip to the Imampur mosque, singing, service projects (tree planting and the cleaning of Mandali Hall), and of course, assorted spontaneities—such as conversations running late into the night...

## GOLDEN JUBILEE CELEBRATION OF 1954 MEHERABAD "FINAL DECLARATION" MEETING.

A series of special events later this year were occasioned by the fact that it was the fiftieth anniversary of a dramatic turning in Baba's life, in September of 1954. In the previous February Baba had declared His Avatarhood publically for the first time. A two-year phase of mass darshans reached its culmination in the darshan in Wadia Park, Ahmednagar, on 12th September; at the

end of the month, at Meherabad, Baba gave out "The Final Declaration," one of His truly momentous messages. A week later He gave up the alphabet board, communicating for the rest of His physical lifetime by hand gestures. Clearly September–October 1954 was a hinge point of the advent; and all this provided the focus for this year's jubilee.

On 12th September 2004 the Wadia Park darshan was commemorated by a gathering of pilgrims, local Baba lovers, and visitors from the general public in an Ahmednagar meeting hall immediately adjacent to what used to be the park and what is now being converted into a municipal sports stadium. In 1954 more than 100,000 people came for what proved to be Meher Baba's last major darshan open to the general public; the film "Meher Baba's Call" shows scenes from this darshan as well as from the gathering at Meherabad three weeks later. This year's program featured singing by members of the Ahmednagar Centre—the sponsor of the event—as well as a talk by Bhauji.

On 29th–30th September, gatherings in Mandali Hall in Lower Meherabad, the Tin Shed on the Hill, the Music and Arts Centre in Outer Meherabad, and Mandali Hall, Meherazad were devoted to remembering the great gathering of half a century ago when Baba gave out His bombshell of a message, causing great consternation among those who attended. Though this year Bhau's health made it impossible for him to attend, his full account of the 1954 gathering was read out in the first morning session. That afternoon Bill Le Page, Sam Kerawalla, Pratap Ahir, and Naju Kotwal shared reminiscences (though Naju did not attend the 1954 meeting, her father, Savak Kotwal, one of Baba's mandali, did). The next morning at Meherazad, Meherwan Jessawala narrated the story of the original gathering in detail, bringing home to everyone how powerful and indeed traumatizing the experience had been. The afternoon's program in the theater concluded with a film specially created for the occasion.

An unforgettable element in the original 1954 gathering had been the torrential overnight rainfall, which wreaked havoc for the program organizers and thoroughly drenched the participants as they came in for the opening day. This year, too, just before the jubilee celebration began, the monsoon blew in fresh squalls, and Meherabad was a muddy mess! No one complained, however, since it seemed like nature's way of participating in the commemoration.

It also marked the end of a three-year drought.

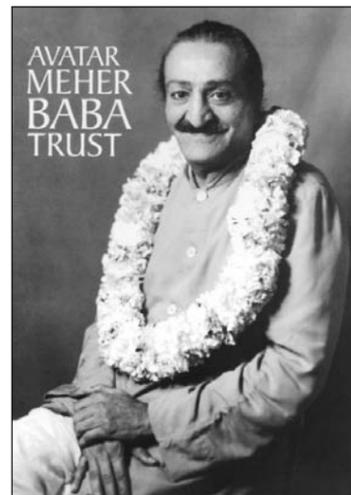
## Good Rains Relieve Drought

An acute drought three years running was broken at last by the 2004 monsoon, which brought heavy rains particularly in September and October. Meherazad, which last year had only seven and a half inches of rain, this year received more than 37, while Meherabad got 26. The outer reaches of

Meherabad became seas of mud and the dirt roads became quagmires, rendering vehicular travel difficult at best. After a dry week, fresh torrents greeted arriving participants of the late-September jubilee, recalling the elephant rains that inaugurated the Final Declaration gathering in 1954.

# New Digital Video About the Trust

INTERSPERSING LOVELY STILL PHOTOS with film footage of Avatar Meher Baba, His Samadhi, Meherabad, Meher Nazar, and Meherazad, a new digital video is being released about the Avatar Meher Baba Trust, relating, in brief, the story of the Trust's creation, its present activities, and plans for future development. Entitled simply "Avatar Meher Baba Trust," the film was made



Cover of new digital video about the Trust

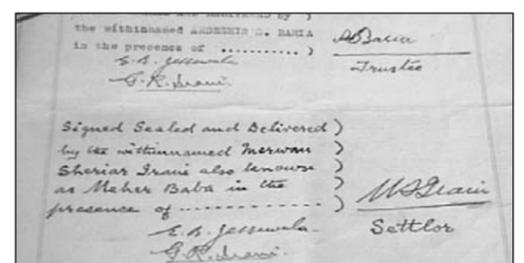
available in January 2005. Unique to this Avatic Advent is the fact that Meher Baba created a Trust for the benefit of all humanity.

Like any other man, He left behind Him for His loved ones a physical legacy under the Trust's custody. However, unlike other men, He also left behind a spiritual legacy at His Tomb-Shrine at Meherabad to inspire countless generations to love God and find Him as one's true Self.

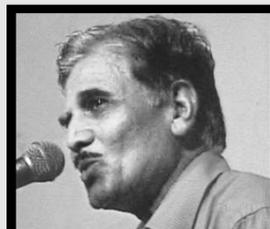
Running to 13 minutes, the video provides an excellent short introduction to an organization that the Avatar Himself created and charged with certain objectives as set forth in the Trust Deed. The video's opening minutes show footage from the "Three Incredible Weeks" darshan of September 1954, while the narration relates some of what Meher Baba, as the Father of creation, said about His "universal religion of love" and the future of Meherabad. The film provides some shots of the original Trust Deed, signed by Baba on 6th April 1959 (and never before shown publicly), reviews some of its key provisions, and reveals how Meher Baba painstakingly worked out every detail. Following the directives that Baba set forth there, in 1998 the Trust formulated a Development Plan; the film explains the significance of the Plan, reviews its goals, and describes what has been accomplished until now.

The video incorporates shots of Bhau Kalchuri, the Trust's current Chairman, and Eruch Jessawala, who share insights on the Trust's significance.

The video is produced and distributed by Meher Prasad in DVD format. It can be obtained by persons from anywhere in the world for \$3.00 (US) to cover postage and handling. Please send your orders to Meher Prasad, P. O. Box 1686, Myrtle Beach, SC 29582-1686.



The Original Trust Deed that Baba signed.



Pratap Ahir and Sam Kerawalla were two of the speakers at the Golden Jubilee Celebration.



# Meher Free Dispensary

When you travel from the Pilgrim Centre at Meherabad to Meherazad, the bus lets you off in a circular parking area bordered on the west by a building with a long veranda. This is the Meher Free Dispensary, another fruit of the love-service of Dr. Goher. Three days a week this veranda is crowded with over a hundred people, mostly poor, mostly from the sixty-some villages in the surrounding area, who come to the Dispensary for free, basic medical care that (for many) would not otherwise be available to them.

Throughout His advent, Meher Baba consistently maintained strong links with doctors and medical practice. A remarkable proportion of His long-term resident mandali were doctors of one sort or another; the list includes, in addition to Goher herself, Ghani, Padri, Chhagan, Nilu, Donkin, Murli, — and even, for a time, Baidul! While Baba often availed Himself of their services personally as the divine Patient, at many points He arranged for the creation of medical facilities for the public. The first of these, the Meher Charitable Hospital and Dispensary, was inaugurated by Baba on 21st March 1925 and functioned out of what is today the Dharamshala at Lower Meherabad.

**ORIGINS.** The Meher Free Dispensary came to birth shortly after Baba dropped His body in 1969. Since Goher, like the other mandali, was feeling at a loss — what to do with herself now? — Mani and Eruch urged her to open a free clinic for the villagers from nearby Pimpalgaon. She did so, working out of Kaka Baria's old room ("Room no. 1") on the men's side, procuring medicines and medical

supplies out of the meager Meherazad household living allowance, making cotton swabs out of dabs of cotton and used matchsticks, wasting nothing, operating on a shoestring budget.

In those days the dispensary was staffed in large part by the mandali themselves. At first Eruch and Mani helped to dress wounds. Pendu handled the case papers. But it soon became apparent that the existing arrangement would not do. The dispensary room was hardly more than a closet; and the patients had to congregate in the veranda outside, mingling with the pilgrims. Goher worried that the pilgrims — many of them from abroad and without the needed immunities — would catch their diseases.

In the early 1970s Ben Hayman, a longtime devotee of Baba's and a doctor of osteopathy, passed away, leaving to Mani a bequest. These funds she applied toward the running of the Dispensary, which was constituted as an independent charitable trust. Meanwhile, Arnavaz made another gift, in honor of her husband Nariman, which financed the construction of the current Dispensary building. This was opened in 1978 and has served as the base of operations since then.

**THE DISPENSARY TODAY.** At present the Meher Free Dispensary is open three days a week. It averages close to 100 patients a day, ranging from 70–80 (on days of rain or religious festivals) to over 130. As of this writing, the projected number of patient-visits for the year 2004 comes to 15,000–16,000. The rate of increase in patient-visits in recent years has been 20% annually.

The most common ailments that bring the villagers to the Dispensary are gastro-intestinal (parasites, gastritis, colitis), musculo-skeletal (from strained joints to spinal degeneration), respiratory (colds, bronchitis, pneumonia, occasionally tuberculosis), psychological (from depression to schizophrenia), neurological (seizures), diabetes, and disorders from poor nutrition.

At present the Dispensary enjoys the services of three doctors, one specializing in allopathy (the medicine of Western science) and two in ayurved (the traditional medicine of India). The clinic offers homeopathic treatment as well. Further staff includes a pharmacist, a nurse, volunteers from among the full- and part-time residents and pilgrims, and salaried workers from the nearby village. An ancillary service is the Dispensary laboratory, which performs 1500–2000 tests a year, most of them blood or urine tests.

Each patient who comes to the Meher Free Dispensary is carefully examined by a doctor, whose prescription for treatment may include medications, injections, dressings, laboratory tests, and patient education. These services the Dispensary provides free of charge. In the case of very poor patients where outside investigations or hospitalizations are required, the Dispensary works with other facilities to get concessional rates; and when possible it helps financially.

**THE NEW DISPENSARY.** If you climb Seclusion Hill behind Meherazad and make your way out to the western promontory, beside the crumbled remains of the rock formation that once served the mandali as a fireplace

for cooking meals when Baba was in seclusion in His cabins there, and if you turn and look out to the north, with Ahmednagar behind you to the distant left and the large hill complex associated with the Perfect Master Goraknath to the right, immediately below you, not far from the foot of Seclusion Hill, you'll see a stone building, in the shape of a right angle, with the open side facing you. This is the new Meherazad staff quarters, partly for Dispensary workers, still under construction. The Dispensary building itself is about a kilometer further on, to the left and away, past a large water tower in the near foreground. These buildings can be reached from Meherazad by primitive, deep-rutted dirt tracks that wind past the fields and farmer's dwellings of rural Maharashtra for about two kilometers. Both buildings enjoy magnificent views of the Hill.

The new Dispensary building is considerably larger than the old, 7350 square feet as compared with about 1500. Conceived of nearly a decade ago, it has been incorporated into the new Meherazad Master Plan that will be described in greater depth in the next issue of this newsletter. As the Dispensary grows, and as the older, historic Meherazad gears up to accommodate the in-flow of greater numbers of pilgrims, facilities for medical services and pilgrim accommodations need to be further separated to help maintain the original atmosphere of Baba's house.

The construction of the two buildings will probably be completed by July 2005. As soon thereafter as is practical, the Dispensary will shift to its new home.

# Serving as Baba's Doctor—Two Anecdotes

SERVING AS THE AVATAR'S DOCTOR is no easy thing. For that Patient was a Doctor in His own right; and those who served Him inevitably received His treatments! Two stories relating to Babas's own resident physician through the 1950s and 60s illustrate this.

Though from the very beginning Goher longed only to stay with her Beloved, her admission into Baba's ashram was delayed for years as she completed her medical training. But when at last she arrived as a qualified doctor, Baba did not give her human patients to take care of. Instead, He put her in charge of the hens and ducks!

As Mani said, "The important thing is not the doctoring or writing of this or that. The important thing is obeying Baba, allowing Him to work on you. It was the way He would start on your ego. And no matter how small an order is, it is never trivial. It is never too small. He wants you to give all of yourself to it as earnestly and as seriously as if it were a very big, important thing. It is not for you to judge the size or the importance of what He tells you. That is for Him. You have to give yourself fully to Him with whatever it is that He asks of you. So here was Goher, the doctor, who I think was even dreaming of ducks and hens!"

Goher took the job with utmost seriousness, Mani went on, pouring over tomes on the subject, "measuring out the calcium and charcoal, which had to be mixed into their feed, on the kind of scales goldsmiths use for their gold and diamonds."

In those days everything that was ordered from the bazaar had to go through Baba first. He had told Goher to let him know when she needed any supplies for the pets in her care. One day she forgot to put her order in, and found to her horror that the supply of bran had run out. For Goher this was a tragedy, a catastrophe, for she had inadvertently disobeyed Baba's order!

In a panic Goher rushed over to the men's side — "Where is Baba, where is Baba?" Baba was sitting in Kaka Baria's room, conversing with a newcomer. As it happened, a philosopher had come that day and was asking questions, to which Baba would graciously dictate answers on the alphabet board. At the moment, Baba was giving an explanation about the seventh plane.

Just then, Goher came to the door. Not noticing the visitor, she immediately blurted out from the doorway, "Baba, the bran for the ducks is finished!"

Baba looked up at her and smiled, and turned back to the man. "Look what I have to do," He gestured. "From the seventh plane to ducks' bran!"

The women all had a good laugh when Goher told them the story later.



Mani, Goher and Kitty sharing memories of life with Baba.

love, Baba had the visitor sit on the bed beside Him. "I am happy to see you," He said. "How are you?"

It turned out that Dr. Grant had not been sleeping sufficiently or eating well; his face looked peaked and wan. Reversing their roles, the patient became doctor, as Baba began to instruct him on how he should take better care of himself. That topic duly attended to, Baba then gave a short discourse, culminating with the announcement, "I'm going to break My Silence in nine months."

The appointment ended, and Grant started to leave. Desperate at losing the opportunity for some real medical advice when Baba's health was so badly deteriorated, Goher rushed down the hall, calling out, "Doctor, wait!"

He turned back to her and smiled. "It's all right, doctor," he said. "There is nothing the matter with the patient. Anyone can see that!"

Just then Baba clapped urgently. While Goher rushed to see what Baba wanted, Dr. Grant headed towards his car, parked under the portico.

Baba told Goher, "Go! Run and tell Dr. Grant that I am going to break My Silence in nine months. Hurry, before he drives off!"

Casting dignity to the winds, Goher picked up her sari folds and ran as fast as she could. "Stop. Stop! STOP!!!"

Halting and leaning out the window, Dr. Grant found a panting and disheveled Goher. "Doctor," Goher gasped, "Baba is going to break His Silence in nine months."

Dr. Grant patted Goher comfortingly on the shoulder. "Yes, yes," he said. "I know. He told me. Take it easy doctor, take it easy."

Defeated and abashed, Goher walked slowly back to Baba's room. The glow Baba had radiated during the visit was all gone now, and He seemed weak and limp and tired. Looking up, He gestured, "I'm not feeling well at all, what are you going to do about it?"

Such is the fate of those blessed to be His intimate ones.

## How to Contribute

The Avatar Meher Baba P.P.C. Trust depends entirely on the donations which Baba Himself gives through the hands of His lovers. If you would like to contribute, here is how.

Anyone from anywhere in the world can send a donation directly to the AMBPPC Trust, Post Bag No. 31, King's Road, Ahmednagar 414 001, Maharashtra State, India. The check should be accompanied by a letter earmarking its use. In general we recommend that donations be made to "Corpus," since such funds can be applied to any purpose, including the on-going general expenses of the Trust. Residents of India are particularly encouraged to donate to "Corpus" and not to the Development Plan.

In America or England your contributions are eligible for tax deductions if you direct them through organizations that participate in grant-giving programmes with the Trust. In the UK, please send your tax-deductible contribution to Avatar Meher Baba Association c/o of Sue Chapman, 3 Whin Hill, Craster NE663TP, UK tel 01 665 57 69 57, e-mail suchapman@hotmail.com. In the United States, persons who wish to make tax-deductible contributions or wish to name the Trust as a beneficiary in their will, 410K, IRA, or Insurance policy should contact Emory and Susan Ayers P.O. Box 398 Mystic CT 06355 (tel. 860-535-0370, e-mail TrustPlan@ambppct.org); they will send you a list of eight Meher Baba tax-exempt organizations that have a grant in place to support the Trust Development Plan and other relevant information.

Further information can be found in the Trust's web site at [www.ambppct.org](http://www.ambppct.org).

SERVING AS MEHER BABA'S PHYSICIAN, time and again Goher felt overcome by the sense of her own helplessness. Sometimes Baba Himself would aggravate this. "I'm not at all well," He would say, "and what are you doing about it?"

On one such occasion, during their stay in Guruprasad in the summer of 1968, Goher prevailed upon Baba (over His objections) to allow a medical examination by Dr. Grant, the head of Ruby Hall Hospital in Poona.

On the day of Dr. Grant's visit, Goher dressed in her best sari and donned her best medical manner. Dr. Grant arrived and was led by Eruch into Baba's room. Radiating

## WHAT IS THE AVATAR MEHER BABA TRUST?

CREATED IN 1959 under Meher Baba's direction and bearing His signature on its Deed, the Avatar Meher Baba Trust had at its founding two purposes: to provide means of subsistence to certain named disciples of Meher Baba's, and to fulfill certain charitable objects. Today, the first of these functions is discharged under "Avatar Meher Baba Trust, Firstly," and the second under "Avatar Meher Baba Perpetual Public Charitable Trust."

The Trust Deed calls for maintenance of Avatar Meher Baba's Tomb and the creation of pilgrim facilities; for educational, medical, veterinary, and other charitable services; for estate development and procurement of sources of water; for the

promulgation of Avatar Meher Baba's love-message through melas, lectures, publication, and the arts; and for spiritual training. The Trust's current Development Plan focuses on the creation of new facilities for pilgrim accommodation at Meherabad and other goals.

Inquiries and contributions can be sent to: The Chairman, Avatar Meher Baba Trust, King's Road, Post Bag 31, Ahmednagar 414 001, M.S., India.

Subscriptions to this newsletter can be sent to that address or to: Avatar Meher Baba Foundation, PO Box 398, Mystic, CT 06355-0398, USA (tel. 860-535-0370, e-mail TrustPlan@ambppct.org). To subscribe to Tavern Talk (the Trust's

electronic newsletter), send an e-mail to Listserv@ambppct.org and include in the text of your message the words: "subscribe tavern-talk." Further information about the Trust can be found on its web site at <http://www.ambppct.org> and <http://www.avatarmeherbabatrust.org>. Subscriptions to *In His Service* or *Tavern Talk* can be submitted through the web site in its "Events and News" section.

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